



Jump In and Swim is designed to help children and adults learn basic swimming skills and water safety practices. Learning these skills helps to build confidence and self-esteem. Swimmers will grow stronger in body, mind and spirit.

Participating Agencies include; White Plains Recreation and Parks, White Plains City School District, White Plains YMCA, YWCA of White Plains and the White Plains Youth Bureau.

Pre- registration may be required. Contact the sponsoring agency for requirements.

Get your cap and goggles and snorkel your way through FREE learn to swim activities!

WHITE PLAINS RECREATION AND PARKS

85 Gedney Way • (914) 422-1336 • www.CityofWhitePlains.com

Saturday, March 25, 11:30am at White Plains High School, 550 North St.:

Jump In and Swim Kick Off Event - Hear the amazing story of Olympic Swimmer Roy Burch

Saturday, March 25, 12:30pm at White Plains High School, 550 North St.:

WP Recreation Olympics Showcase

YWCA WHITE PLAINS & CENTRAL WESTCHESTER

515 North Street • (914) 949-6227 • www.YWCAWPCW.org

Monday, April 3, 8:30pm to 9:15pm

Adult beginner learn-to-swim class

Wednesday, April 5, 3:00pm to 3:40pm

Preschool 1 Class (3 to 5 years)

Thursday, April 6, 10:00am to 10:30am

Parent and Child Class (6 months to 2 years)

Friday, April 7, 7:45pm to 8:30pm

Intermediate Adult Swim Class

Saturday, April 8, 3:00pm to 4:30pm

Free Open Swim (All Ages)

WHITE PLAINS YMCA

250 Mamaroneck Avenue • (914) 949-8030 • WHITEPLAINS.YMCA-CNW.org

April 10 - April 14, 9:00am to 6:00pm

Splashweek - Free Instruction

Friday, April 14, 2:30pm to 4:30pm

Swim Jamboree - activities and games for families

