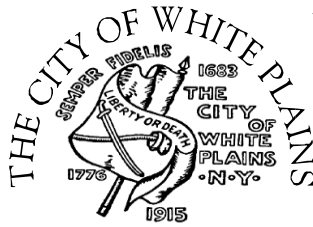


THOMAS M. ROACH
MAYOR



WAYNE D. BASS
COMMISSIONER

FRAN CROUGHAN
DEPUTY COMMISSIONER

DEPARTMENT OF RECREATION AND PARKS
85 GEDNEY WAY
WHITE PLAINS, NEW YORK 10605

(914) 422-1336 Phone
(914) 422-1250 Fax

For Immediate Release:

Contact: Wayne Bass, Commissioner, Recreation and Parks Dept.
Tel: 914.422.1345
Wbass@whiteplainsny.gov

KAYAK CLASSES AND RENTALS RETURN TO WHITE PLAINS' LIBERTY PARK

White Plains, NY, May 29, 2018 – Mountain Valley Guides, the premier kayak outfitter in the Hudson Valley, will return to White Plains for the 3rd year, offering opportunities to rent kayaks and learn how to kayak on the beautiful and scenic Silver Lake at Liberty Park. Kayak rentals and learn to kayak classed will be offered on weekends, 11:00 a.m. – 6:00 p.m., starting June 2 through Labor Day. Kayaking is open to people of all abilities and no experience is required. Mountain Valley Guides will get you paddling in minutes!

Classes being offered include: Intro to Kayaking and Kids Only Kayaking. In addition, kayak rentals will be available at the park a cost of \$20.00 for 90 minutes. Advanced registration for classes and rentals is required. For registration and additional information visit www.MountainValleyGuides.com or contact Mountain Valley Guides at (845) 661-1923.

For those who are interested in launching their own kayak in the lake, a permit is required. Permits are available through the City of White Plains Recreation and Parks Department, located at 85 Gedney Way in White Plains (Hours: Mon-Fri - 8:30 a.m.–5:15 p.m.; Sat – 9:00-12:00 p.m.). Kayak Permit Fees: \$10.00 for single-day launch; \$50.00 for the season. Those with valid permits may kayak on Silver Lake through October 14th.

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