Dear Fellow Resident:

Each year our residents anticipate the arrival of our City Guide booklets. They are chock full of information and become a resource for the season. Our 2018 Spring/Summer City Guide is no exception. I invite you to take some time to look over the many programs and events that we have planned – and to take advantage of as many of them as possible.

With the return of warmer temperatures and longer days, make time to enjoy the City’s twenty multi-purpose parks, sign up for our programs – there are opportunities for all ages and abilities, and attend the special events planned for the coming months.

So, set a reminder on your phone and mark your calendar! Here are just some of our not-to-miss events:

- Sunday, May 20 - Answer to Cancer, White Plains Hospital 5K Road Race. Downtown White Plains 8:00am, Rain or shine.
- Tuesday, July 3 – Annual City of White Plains Plains Independence Day Celebration featuring Army West Point’s Benny Havins Band. Rain or shine. White Plains High School. 6:00 PM.

The City of White Plains truly offers something for everyone to enjoy – cultural programming, community recreation, outstanding facilities, summer camp programs, parks, exercise and sports. The tremendous support that we receive from our residents and business community is what enables us to offer so much. Thank you. I look forward to seeing you around town.

Best regards,

Thomas M. Roach
Mayor
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## The City of White Plains
- Sanitation Recycling Schedule for 2018 will be included in the Water Quality & Environmental Booklet. This publication will be mailed to all residents by June.

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**Recreation & Parks Office Hours:**
Mon - Fri 8:30am - 5:15pm; Sat 9am - noon
Information: 422-1336
Cancellations: 422-1302

**Recreation Office Closed on the Following Days**
March 30, 31, May 26, 28, July 4, July 28, August 11
www.cityofwhiteplains.com
The mission of the City of White Plains Recreation and Parks Department is to enhance the quality of life by providing recreational opportunities through safe, well-organized and affordable programs and facilities; and to maintain a comprehensive network of parks, trails and open spaces that promotes the mental, physical and social well being of our residents.

**Refund Policy**
Refunds are issued only for the following reasons:
A full refund will be issued for any program cancelled by Recreation & Parks. A refund request because of illness or accident must be submitted in writing and accompanied by a doctor’s note. Refunds will be prorated based on the date received, with a 10% service charge.

**Cancellation Policy**
In case of inclement weather, cancellations will be announced on the Recreation & Parks Hotline at 422-1302, and on radio station WHUD FM (100.7). All efforts will be made to reschedule classes canceled due to weather conditions or scheduling conflicts. However, there is no refund or pro-rated fee due to missed classes.

**White Plains Recreation & Parks Alerts**
Receive important information regarding recreation activities, weather related cancellations and game postponements by registering for RecAlerts. RecAlerts are reliable and free. There is no spam, no hidden cost; you receive messages as part of your cell phone text messaging plan (standard text messaging rates apply). To register use your cell phone, text “RecAlert” to 888777.
Online Registration for All Spring & Summer Programs!

**ONLINE REGISTRATION**

Registration for programs offered by the City of White Plains Recreation and Parks Department can now be done online via the CommunityPass online registration system!

To login, register and pay online, follow the instructions below:

**STEP 1**
Go to https://register.capturepoint.com/WhitePlainsCityof

**STEP 2**
From the City of White Plains CommunityPass login homepage click on the “Create an Account” tab. On the next page complete the “Account Creation” fields and click on Create at the bottom of the page. The next page will display a Privacy Policy, which you will need to Accept and then click on Finish. **FIND OUT INFORMATION ABOUT EXISTING ACCOUNTS**

**STEP 3**
On the City of White Plains CommunityPass homepage click on the “Register Now” tab to begin selecting programs.

**STEP 4**
Select those family members that you are registering and click “Continue.” If the family member that you want to register is not on the list, call our office for assistance (914) 422-1336. Family members are those individuals residing in your household.

**STEP 5**
On the “Profile Verification” page, enter the requested information for each individual you are registering. When finished, click on the “Continue” button.

**STEP 6**
On the next page, select the appropriate program(s) for each family member. When finished, click “Continue.”

Day Camp Registration, Pool Passes, Tennis Passes, scholarship requests and Special Needs Children who are in need of accommodations must register in person.

**STEP 7**
Please follow the remaining steps to complete and pay for your registration. CommunityPass will calculate your final cost on the Confirmation page. Payment can be made with Visa, MasterCard or American Express.

If you wish to pay by cash or check in the office you will still have to complete the profile first, (which can be done in the Recreation office) before you can pay for the class. Assistance is available.

All this information can be found on our website www.cityofwhiteplains.com. If you have any problems with our online registration website please call the office at (914) 422-1336 so we can help you fix the problem or walk you through the steps to solve the issue.

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**ALL REGISTRATION FEES ARE PAYABLE AT THE TIME OF REGISTRATION.** Class sizes are limited, so register early! Payment can be made by cash, check or credit card (MasterCard, Visa, or American Express). Please make checks payable to “The City of White Plains”. Financial assistance may be available to qualified applicants. Federal Income Tax Form 1040 tax year 2017 or proof of SSI or SSD

No Scholarships available for nonresidents.

Mail-In, Walk-In or visit https://register.capturepoint.com/WhitePlainsCityof

Nonresidents may register for most programs in our office. **Limited enrollment**

Registration for programs will be held at the Recreation Administration Office at 85 Gedney Way, Monday through Friday, 8:30am-5:15pm and Saturdays, 9am-noon. A $20 fee will be charged for all returned checks.

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**REGISTRACION EN LÍNEA**

¡La inscripción para los programas ofrecidos por el Departamento de Parques y Recreación de la Ciudad de White Plains ahora se puede hacer en Línea a través del sistema de registro en línea de CommunityPass!

Para iniciar una sesión, registrarse y pagar en línea, siga las instrucciones a continuación:

**PASO 1**
Vaya a https://register.capturepoint.com/WhitePlainsCityof

**PASO 2**
Desde la página de inicio de sesión de CommunityPass de la Ciudad de White Plains, haga clic en la pestaña “Create an Account” (“Crear una cuenta”). En la siguiente página “Account Creation” (“Creación de Cuenta”) complete los datos y haga clic en “Create” (“Crear”) en la parte inferior de la página. La página siguiente mostrará una Política de Privacidad (Privacy Policy), que deberá aceptar y luego hacer clic en “Finish” (Finalizar). Averiguar Informacion Acerca De Cuentas Existentes

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**Where to go, What to do, Way of Life!**

City of White Plains Recreation & Parks

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2018 Spring and Summer Programs
COMO INSCRIBIRSE
Todos los costos de inscripción deben pagarse al momento de la inscripción. El tamaño de las clases es limitado, registrense temprano! Pago puede ser hecho en efectivo, cheque, o crédito (MasterCard, Visa, o American Express). Si desea pagar en efectivo o cheque en la oficina, usted todavía deberá completar primero el perfil (también se puede hacer en la oficina de Recreación) antes de poder pagar la clase. Hay ayuda disponible.

Los Pases y Registaciones para los Programas requiere una Prueba de Residencia.

Pruebas Aceptables de Residencia: Adulto: Picture ID o Driver’s license photo ID and utility bills, lease or cancelled checks. Youth: School ID card, library card, driver’s permit or license. Youth without photo ID must be accompanied by a parent. A resident is a person who lives in the City of White Plains. Owning property in White Plains does not necessarily qualify a person as a resident.

Nota: El Departamento de Parques y Recreo se reserva el derecho de cancelar un programa o ajustar la tarifa antes de la fecha en que comienza el programa.

Cómo Pagar
El pago puede hacerse con Visa, MasterCard o American Express. Si desea pagar en efectivo o cheque en la oficina, usted todavía deberá completar primero el perfil (también se puede hacer en la oficina de Recreación) antes de poder pagar la clase. Hay ayuda disponible.

www.cityofwhiteplains.com
Si tiene algún inconveniente con nuestro sitio web de Registro en Línea, llame a la oficina al (914) 422-1336 para que podamos ayudarlo a solucionar el problema o guíe a seguir los pasos para resolverlo.

Registration for all programs begins four (4) business days following the mailing of the Guide.

Recreation Passes and Program Registration require Proof of Residency.

Acceptable Proofs of Residency: Adult: Picture ID or Driver’s license photo ID and utility bills, lease or cancelled checks. Youth: School ID card, library card, driver’s permit or license. Youth without photo ID must be accompanied by a parent. A resident is a person who lives in the City of White Plains. Owning property in White Plains does not necessarily qualify a person as a resident.

Notice: The Department of Recreation & Parks reserves the right to cancel a program or adjust fees prior to actual starting date.
Avoid a Car-Seat Mistake

Research shows that four out of five safety seats are used incorrectly, with an average of three mistakes per seat, find out whether you’re making any of these mistakes. By attending the car seat check, a trained White Plains Police Officer will work with you to teach you the best way to install and correctly use your child safety seat. Officers will make certain your seat is: safe, no recalls, and no imperfections, age appropriate and installed properly. This event is sponsored by The White Plains Police Department and Safe Kids Westchester.

Age Group: Open to All
Day/Time: Saturday April 28, 10am-2pm
Location: Public Safety Headquarters 77 South Lexington Ave
Registration: On Site
Fee: FREE

Arts & Crafts “Sticky Fingers”

Children have a great time during arts and craft activities using a wide variety of art mediums. A smock or oversized t-shirt is necessary.

Age Group: 3-5 Years
Day/Time: Monday, 6 sessions, begins April 16
Course: 111010-C1 12:45-1:30pm
3 Years w/ Caregiver
Course: 111010-C2 1:45-2:30pm
4 & 5 Years, children only
Location: Gillie Recreation Room
Registration: On going
Fee: $75

Holistic Kids

This program encourages preschoolers to build healthy habits that can help them stay strong, active, self-confident and happy for life. The Holistic Kids program goes beyond nutrition to teach children to take care of their mind, body and spirit. Through stories, songs, crafts and games children learn how to take care of themselves. They also gain an appreciation for the environment and for the relationships that contribute to their well-being. In this program children are taught 6 habits: eating healthy foods, exercising, sleeping, playing, being mindful, and loving themselves and others. Children also learn where their food comes from and they participate in creating and maintaining an edible garden.

Age Group: 3-5 Years
Day/Time: Friday, 4:30 - 5:30pm, 6 Sessions
Course: 111010-H1 Begins April 20
Location: Gillie Recreation Room
Registration: On going
Fee: $75

Let’s Have a Ball at the Playground

Children will have a great time interacting with other children and playing a variety of games. Parents must remain with their children during activities. This program is weather permitting. No registration required. Must sign-in at playground to participate in activity.

Age Group: 2-5 years with caregiver
Day/Time: Tuesday and Wednesday, 9:30-10:30am
Location: Gillie Park Playground (Tuesday)
July 3, 10, 17 & 24
Turner Park Playground (Wednesday)
July 11, 18, 25 & Aug. 1
Fee: FREE

Little Playmates

Children enjoy a variety of activities that promote socialization, eye-hand coordination, language, and speech development. Activities include storytelling, singalongs, arts & crafts, movement and play. Caregiver must participate in all activities with their child.

Age Group: 18 months to 2 years with caregiver
Day/Time: Wednesday or Thursday 9:30-10:30am, 6 Sessions
Course: 111010-L1 Wednesday, Begins April 18
111010-L2 Thursday, Begins April 19
Location: Gillie Recreation Room
Registration: Ongoing
Fee: $75

Smart Start Sports

This program creates a solid foundation for sports activities by promoting safe and meaningful sports for children. Caregivers work together with their children to develop proper throwing, kicking, batting, shooting, and catching skills that are needed for organized sports participation. Caregivers must attend and participate in this program.

Age Group: 2-4 Years with Caregiver
Day/Time: Saturday, 6 sessions, begins April 14.
Course: 114201-SS 9-9:45am
SX 10–10:45am
Location: Mamaroneck Ave School Gym
Registration: Ongoing
Fee: $75
Soccer Pre Kickers
Children will be introduced to the game and the various skills needed to play. They will participate in drills, fun games, and mini scrimmages. All athletes MUST wear shin guards to every session, each will receive a t-shirt at the beginning, and an award at the end. Our Registration is ongoing, but due to limited spaces our Registration Deadline is April 7.

Age Group Pre K
Day/Time Begins Saturday, April 14, 6 Sessions
Course 120510-P1 9am
         P2 12:15pm
Location George Washington School
Registration Ongoing (Space Limited) Deadline April 7
Fee: $80

Soccer Squirts - Parent & Me
With a parent/caregiver by their side, children will have fun learning the fundamental skills of soccer through structured activities, fun based games, and scrimmages.

Age Group 2 to 3 Years with caregiver
Day/Time Tuesday, 9:30am-10:15am
SPRING - 8 sessions, begins April 17
SUMMER- 6 sessions, begins June 26
Location Delfino Park - Spring
         Gillie Park - Summer
Registration Recreation Office or www.ussportsinstitute.com
Fee $129 - Spring
       $114 - Summer Check payable to USA Sport Group

Soccer Squirts
Participants will learn the fundamental skills of soccer, including dribbling, passing, shooting, stealing, and more. Players will be taught through structured activities, fun games and scrimmages.

Age Group 3 to 5 Years
Day/Time Tuesday, 10:30 – 11:15am, 8 Sessions
Begins April 17
Location Delfino Park
Registration Recreation Office or www.ussportsinstitute.com
Fee $129 Check payable to USA Sport Group

T-Ball Squirts
This program is an introduction to the sports of baseball and softball. Through structured activities, fun games, and scrimmages children, will learn hitting, throwing, catching, base running, fielding, and other skills.

Age Group 3-5 Years
Day/Time Tuesday
SPRING - 8 sessions, begins April 17
SP1- 3:30-4:15pm
SP2- 4:30-5:15pm
SP3- 5:30-6:15pm
SUMMER- 6 sessions, begins June 26
SU1- 11:30-12:15am
Location Delfino Rink - Spring
         Gillie Park - Summer
Registration Recreation Office or www.ussportsinstitute.com
Fee $129 - Spring
       $114 - Summer Check payable to USA Sport Group

T-Ball Squirts - Parent & Me
With a parent/caregiver by their side, children will have fun learning the fundamental skills of t-ball through structured activities, fun based games, and scrimmages.

Age Group 2-3 Years
Day/Time Tuesday, 8 sessions, 9:30-10:15am
Begins April 17
Location Delfino Park- Spring
Registration Recreation Office or www.ussportsinstitute.com
Fee $129 - Check payable to USA Sport Group

Multi-Sports Squirts
Children will have the opportunity to try a variety of different sports including Lacrosse, Soccer, T-Ball, and Track & Field. All sports are taught in a safe and structured learning environment designed to ensure learning and most importantly fun, fun, fun!

Age Group 3-5 Years
Day/Time Tuesday, 2:30–3:15pm, 8 Sessions,
Begins April 17
Location Delfino Park
Registration Recreation Office or www.ussportsinstitute.com
Fee $129 - Check payable to USA Sport Group
### Youth Programs

#### Acting on Fly!
We use improv games and formats to create scenes without scripts. Our class is light-hearted and often funny while teaching quick-thinking acting skills. If you enjoyed making things up on the spot, you'll probably like this class.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Grades 3-5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day/Time</td>
<td>Friday 5-6pm. Begins April 6, 6 sessions</td>
</tr>
<tr>
<td>Course</td>
<td>123010P1</td>
</tr>
<tr>
<td>Location</td>
<td>WP Performing Arts Center</td>
</tr>
<tr>
<td>Fee:</td>
<td>$90 Payable to WP Performing Arts Center</td>
</tr>
</tbody>
</table>

#### Creative Drama: Acting Through Stories!
A creative, fun introduction to theatre using familiar stories as source material. Students go beyond the story and create new adventures using drama to tie together acting and early literacy skills.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Grades K-2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day/Time</td>
<td>Friday 4-5pm. Begins April 6, 6 sessions</td>
</tr>
<tr>
<td>Location</td>
<td>WP Performing Arts Center</td>
</tr>
<tr>
<td>Fee:</td>
<td>$90 Payable to WP Performing Arts Center</td>
</tr>
</tbody>
</table>

#### Cheerleading
Learn the techniques and team spirit necessary to be a top cheerleader. Basic stunts are also introduced in this class. This cheerleading experience will develop your dance skills, work on team building and create an environment for new friendships!!

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Grades 1-5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day/Time</td>
<td>Monday, 6:30–7:30pm, 6 Sessions</td>
</tr>
<tr>
<td>Course</td>
<td>124410-T1 Begins April 16</td>
</tr>
<tr>
<td>Location</td>
<td>Ridgeway School Gym</td>
</tr>
<tr>
<td>Registration</td>
<td>Ongoing</td>
</tr>
<tr>
<td>Fee:</td>
<td>$70</td>
</tr>
</tbody>
</table>

#### Chess
Learn the language of chess through instruction and play. Find why this ancient game still capture the mind and imagination the young and old.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Grades 3 - Adult</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day/Time</td>
<td>Thursday, 6 – 7pm, Beginners 6 Sessions, Begins July 5</td>
</tr>
<tr>
<td>Course</td>
<td>153010-C1 Beginners</td>
</tr>
<tr>
<td>Location</td>
<td>Galleria Mall</td>
</tr>
<tr>
<td>Registration</td>
<td>Ongoing</td>
</tr>
<tr>
<td>Fee:</td>
<td>$30</td>
</tr>
</tbody>
</table>

#### GOLF TGA Enrichment Spring Break Camp
This program is designed to empower students with the tools to be successful on the course and in life. TGA provides all equipment.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Grade K-6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day/Time</td>
<td>Tuesday–Thursday, 9:30am-12:30pm</td>
</tr>
<tr>
<td>Course</td>
<td>123010P1</td>
</tr>
<tr>
<td>Location</td>
<td>Mamaroneck Avenue School Gym</td>
</tr>
<tr>
<td>Registration</td>
<td>Recreation Office or <a href="http://www.playtga.com/southernwestchester">www.playtga.com/southernwestchester</a></td>
</tr>
<tr>
<td>Fee:</td>
<td>$200 Check payable to TGA of Southern Westchester</td>
</tr>
</tbody>
</table>

#### My Art Treasure
Children will be able to have fun while exploring their artistic abilities. They will enjoy and experience different art mediums (painting, drawing, tie dying, clay sculpting and more), build on previous knowledge and learn new art skills. Children should wear a smock or oversized shirt.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Grades 1–4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day/Time</td>
<td>Wednesday, 4:30–5:30 pm, 8 Sessions</td>
</tr>
<tr>
<td>Course</td>
<td>123010-AS Begins April 18</td>
</tr>
<tr>
<td>Location</td>
<td>Community Center 65 Mitchell Place</td>
</tr>
<tr>
<td>Registration</td>
<td>Ongoing</td>
</tr>
<tr>
<td>Fee:</td>
<td>$90 (supplies included)</td>
</tr>
</tbody>
</table>

#### Nature Walk
Learn all about the natural wonders in our own local park. This 1 hour, 1/2 mile hike will follow the parks trail and will be led by a naturalist from the Westmoreland Sanctuary.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Families</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day/Time</td>
<td>Saturday, May 19, 11am-12pm</td>
</tr>
<tr>
<td>Course</td>
<td>123010-AS Begins April 18</td>
</tr>
<tr>
<td>Location</td>
<td>Community Center 65 Mitchell Place</td>
</tr>
<tr>
<td>Registration</td>
<td>Ongoing</td>
</tr>
<tr>
<td>Fee:</td>
<td>$90 (supplies included)</td>
</tr>
</tbody>
</table>

#### StoryWalk™
An exciting initiative that combines a children’s story with a nature walk through our newest park. Children follow each page of the story as they walk the path. StoryWalk™ helps build children’s interest in reading while encouraging healthy outdoor activity for both adults and children. The stories will change every 6-8 weeks.

<table>
<thead>
<tr>
<th>Where</th>
<th>Bryant - Mamaroneck Park, municipal parking available at the Mamaroneck Ave. Lot, 540 Mamaroneck Ave. (behind Dunkin Donuts)</th>
</tr>
</thead>
<tbody>
<tr>
<td>When</td>
<td>April 16–November 3, during normal park hours</td>
</tr>
<tr>
<td>Cost:</td>
<td>Free</td>
</tr>
</tbody>
</table>

Note: The path in the park is natural and thus could prove to be challenging for some. Please exercise caution whilst walking on the path.
Swim Free Family Fun
A FREE family oriented activity. All children under 13 must be accompanied by an adult. No swim diapers allowed. Each participant 5 years & older MUST have a current White Plains Recreation ID card to participate. No registration required.

Age Group: Pre-K to Adult  
Day/Time: Friday, 7–9pm, Begins April 13  
Location: White Plains High School Pool  
Fee: Current Recreation and Parks ID required

Swim Instruction-Beginners (Levels 1 & 2)
Children will be tested on the first day of class and divided accordingly. Children must wear goggles.

Level 1: Introduction to Water Skills- Students learn to feel comfortable in the water and safely enjoy it;

Level 2: Fundamental Aquatic Skills - Students learn basic swimming skills to help them become more independent swimmers.

Age Group: Grades K-8  
Day/Time: Tuesday, Begins April 10, 6 Sessions  
Course: 120110-T1 6:45–7:30pm

Day/Time: Saturday, Begins April 14, 6 Sessions  
Course: 120110-S1 12–12:45pm  
120110-S2 3:3–4:15pm  
No Session 5/12 & 5/26  
Location: White Plains High School Pool  
Registration: Ongoing  
Fee: $75

Swim Instruction-Beginners (Level 3)
Children must be comfortable and able to submerge entire body under water. Children must wear goggles.

Level 3: Stroke Development - Designed to improve skills learned in level 2. Front crawl, back stroke and basic breast stroke-arms will be introduced.

Age Group: Grades K-8  
Day/Time: Tuesday, Begins April 10, 6 Sessions  
Course: 120110-T2 7:45–8:30pm

Day/Time: Saturday, Begins April 14, 6 Sessions  
Course: 120110-S2 1–1:45pm  
No Session 5/12 & 5/26  
Location: White Plains High School Pool  
Registration: Ongoing  
Fee: $75

Swim Instruction-Intermediate to Advanced Swimmer (Level 4 & 5) NEW DAY
Children will be tested on the first day of class and divided accordingly. Participants must be able to swim at least 50 yards in deep water using freestyle, back stroke and breast stroke. Children must wear goggles.

Level 4: Stroke Improvement: Children will gain confidence, improve their stroke and gain additional aquatic skills. Breast stroke-kicking and basic butterfly stroke will be introduced.

Level 5: Stroke Refinement: Children will work on coordinating and refining stroke efficiency, breathing techniques and building endurance.

Age Group: Grades K-8  
Day/Time: Monday, Begins April 9, 6 Sessions  
Course: 120110-M1 6:45–7:30pm

Day/Time: Saturday, Begins April 14, 6 Sessions  
Course: 120110-S3 2–2:45pm  
No Session 5/12 & 5/26  
Location: White Plains High School Pool  
Registration: Ongoing  
Fee: $75
Swim Conditioning & Skill Proficiency (Level 6)

**NEW DAY**
This class is designed to refine strokes so students can learn to swim with ease, efficiency, power and smoothness over greater distances. Students will practice flip turns, diving and block starts. Children must wear goggles. Only advanced swimmers will be allowed in this class. Children registering for this level may not register in a lower level class.

**Age Group**  Grades 3-8  
**Day/Time**  Monday, Begins April 9, 6 Sessions  
**Course**  120110-M2  7:45–8:30pm  
**Day/Time**  Saturday, Begins April 14, 6 Sessions  
**Course**  120110-S5  11-11:45am  
**No Session 5/12 & 5/26**  
**Location**  White Plains High School Pool  
**Registration**  Ongoing  
**Fee**  $75  

Swim Team Competitive Summer League
The summer swim team will compete in the Westchester County Association Summer league. Practices will be held at the White Plains YMCA beginning in May. Meets held at various sites throughout Westchester County during weekday mornings and afternoons from late June through early August. Participants must reside in the City of White Plains, or have an active membership with the White Plains YMCA.

**Age Group**  Ages 6-18 Years, Boys and Girls  
**Day/Time**  Tryouts: TBA - Mid April  
**Location**  White Plains YMCA, 250 Mamaroneck Ave  
**Registration**  Participants must try out and be selected to the team  
**Fee**  $200 upon selection to the team  

Splash “N” Swim
Children will learn basic water safety skills, orientation to aquatic environment and fundamentals of swimming.

**Age Group**  Grades K-6  
**Day/Time**  Saturday, July 7, 6 Sessions  
**Course**  120110-G1  11:30am-12:15pm Gardella Pool  
**K1**  11:30am-12:15pm Kittrell Pool  
**G2**  12:30-1:15pm Gardella Pool  
**K2**  12:30-1:15pm Kittrell Pool  
**Registration**  Ongoing, classes are limited to 15 participants  
**Fee**  $36  

Taiko Drumming
Learn the technique and skill of traditional Taiko Masala drumming. Students will get an introduction to this exciting, energetic and unique drumming experience. Drums will be provided.

**Age Group**  1-Adult  
**Day/Time**  Sunday, 10-11am, Begins March 18-May 6, 6 Sessions  
**Location**  Gillie Community Room, Gedney Way  
**Registration**  Ongoing  
**Fee**  $85 Resident, $100 Non Resident  
Checks payable to Nijinoki  

WP Youth Soccer Spring Break Camp
Kick your way into the soccer season. Experienced and enthusiastic Soccer coaches provide an intensive week long soccer immersion. Age and skill abilities are divided for the optimal experience.

**Age Group**  Grades Pre-K–8, boys and girls  
**Day/Time**  Monday – Friday, April 2-6  
9 am – 4:00 pm (full day)  
9 am – 12 noon (Half day)  
**Location**  Highlands Middle School Turf Field  
**Registration**  Recreation Office or www.wpys.org  
**Fee**  $280 (Full day); $185 (Half day)  
Checks payable to WPYS  

2018 Spring and Summer Programs
# Youth Sports Programs

## Yoga for Kids
Children explore the principles of yoga through the practice of asanas, hands on activities and games. This playful, supportive space, allows children to engage in lessons that will enhance their understanding of mindfulness, boost their self-confidence, and improve their ability to self-regulate, while improving their balance, strength, and flexibility. Yoga is fun, so let’s play.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Grades K-2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day/ Time</td>
<td>Monday, 4:30 - 5:30pm, 6 Sessions</td>
</tr>
<tr>
<td>Course</td>
<td>124510-Y1 Begins April 16</td>
</tr>
<tr>
<td>Location</td>
<td>Gillie Recreation Room</td>
</tr>
<tr>
<td>Registration</td>
<td>Ongoing</td>
</tr>
<tr>
<td>Fee</td>
<td>$75</td>
</tr>
</tbody>
</table>

## Zumba® Kids
Children will have a chance to be active and jam out to their favorite music. Classes feature kid-friendly routines based on original Zumba® choreography. Great exercise and lots of fun! For more information contact Lisa at zumbabylisa@optonline.net.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Grades K-3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day/ Time</td>
<td>Monday, 5:45 - 6:45pm, 6 Sessions</td>
</tr>
<tr>
<td>Begins April 9</td>
<td></td>
</tr>
<tr>
<td>Location</td>
<td>Gillie Recreation Room</td>
</tr>
<tr>
<td>Registration</td>
<td>Ongoing</td>
</tr>
<tr>
<td>Fee</td>
<td>$80 Checks payable to Lisa Bonelli</td>
</tr>
</tbody>
</table>

## TEENS ONLY No Parents Allowed
Programs promise to be exciting, fun, social and well supervised by recreation staff. Attend with your old friends and meet new friends at these events. **RESIDENTS ONLY, SCHOOL ID REQUIRED.**

## Color Wars Tournament- Delfino Park, Lake Street
Participants will be divided into teams, each of which will be assigned a color or own team shirt. The teams will compete against each other in volleyball, kickball, basketball, and relay races to earn team points. Come as a team with team shirts or we will place you on one. Concession opened. No rain date.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Grades 6 – 8</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day/Time</td>
<td>Friday, May 11, 7 - 9:30 pm</td>
</tr>
<tr>
<td>Location</td>
<td>Delfino Park, Lake Street</td>
</tr>
<tr>
<td>Fee</td>
<td>$8</td>
</tr>
</tbody>
</table>

## Outdoor Adventure Teen Night
Laser tagging, DJ and Outdoor Barbeque
Strategize with your teammates during a game of laser tag, enjoy an outdoor barbeque, and dance to music with a DJ

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Grades 6 – 8</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day/Time</td>
<td>Friday, June 1, 6 - 9pm</td>
</tr>
<tr>
<td>Location</td>
<td>Delfino Park</td>
</tr>
<tr>
<td>Fee</td>
<td>$15 (includes laser tag games, hamburger or hot dog or chicken nuggets with French fries &amp; soft drink &amp; DJ)</td>
</tr>
</tbody>
</table>

## Back to School Video Dance Party, Grades 6th, 7th and 8th
DJ rocks Delfino Park as we celebrate fall, friends, and back-to-school. Meet new people, dance, sing and enjoy an inflatable obstacle course.

| Day/Time  | Friday, September 14, 7 - 9:30 pm |
| Location  | Delfino Park, Ebersole Ice Rink |
| Fee       | $10 |

## The Great White Plains Campout
Learn everything about camping and even camp at Delfino Park during our inaugural community campout. We are encouraging families who have never camped or who are seasoned campers to spend the night outdoors under the stars in White Plains.

This one day event will include a campsite, activities, entertainment, demonstrations, as well as other exciting outdoor family fun.

Registration information and equipment rental information will be available after August 1 limited sites available.

**Save this Date**
Saturday, September 15, 2 pm. until Sunday, September 16, 11am.
Rain date, Saturday, September 22
$60 per family site (6 person maximum) limit one family per site.
Little BASKET-Ballers Instructional Program
Children will be introduced to the game and the various skills needed to play. They will participate in drills, fun games, and mini scrimmages.

NCAA Ballers
Age Group: 2nd Grade
Day/Time: Thursday, 6-7pm, 6 Sessions
Course: 120310-B2 Begins June 28
Location: Kittrell Park, Fisher Ave.
Registration: Ongoing (Space Limited) Deadline June 23
Fee: $75

NBA Ballers
Age Group: 3rd Grade
Day/Time: Thursday, 7:15-8:15pm, 6 Sessions
Course: 120310-B3 Begins June 28
Location: Kittrell Park, Fisher Ave.
Registration: Ongoing (Space Limited) Deadline June 23
Fee: $75

Basketball Co-Ed League Play
Rebound from a hectic school year by dribbling your way to a summer filled with basketball fun.
Age Group: Grades 4-10, 6 Sessions
Day/Time: Monday-Wednesday, 6-8:30pm
Course: 120310-01 Grades 4 & 5, Monday Begins July 9
02 Grades 6, 7 & 8 Tuesday Begins July 10
03 Grades 9 & 10, Wednesday Begins July 11
Location: Kittrell Park, Fisher Ave.
Registration: Ongoing (Space Limited) Deadline June 30
Fee: $25

Basketball Summer High School League
A team representative MUST attend an organizational meeting on Tuesday, May 22 at 6:30pm at Gardella Park Pavilion. Each team representative MUST present a copy of each player’s Valid School ID or Birth Certificate with a Valid Picture ID or State ID at this meeting. Players CANNOT Turn 19 before September 1, or have Any Collegiate Experience. For further information and details, please contact Gprice@whiteplainsny.gov.
Age Group: Grades 9-12, 18 years and under
Day/Time: Monday & Wednesday, 6:30, 7:30, 8:30pm
Course: 120310-05 Begins Monday, July 2
Location: Gardella Park, 175 Ferris Ave.
Additional FREE Parking at 295 Church St.
Church Street Elementary School
Registration: TEAM ONLY TEAM FEES DUE ON OR BEFORE TUESDAY, MAY 22, SPONSORSHIP ENCOURAGED
Fee: $250 Resident, $400 Non Resident, CASH, CREDIT CARD, AND/OR MONEY ORDER ONLY.

Flag Football League
The White Plains Flag Football League is a premier youth flag football league for both boys and girls. Powered by NFL Flag and USA Football, the WPFFL is primed to provide young players a fun exciting opportunity to engage in non-contact, continuous action while developing skills and learning lessons in teamwork. Players receive NFL Jerseys, Flag Belts, Monogramed Shorts & Socks, as well as membership with USA Football. All Games and practices will be played on Sunday afternoons in 2 hour blocks of time.
Age Group: Ages 5 yrs - 14 yrs old, Boys and Girls
Day/Time: Sundays, 11:00am-3pm, Begins April 22-June 24
No Session 5/27
Location: Delfino Park
Registration: on-going
Fee: $185 www.whiteplainsflag.com

Football Clinic - JF Football Program
Opportunity for youth to develop and improve their football skills in a safe and enjoyable non-contact atmosphere. Local Head Coaches will be joined by former NFL players and the coaching staff from various youth football organizations.
Age Group: Entering 3rd-8th grades
Day/Time: Saturday, June 16, 9-11am
Course: 126010
Location: Highlands Middle School/Parker Field
Registration: Call 422-1336
Fee: Free (space limited)
**Youth Sports Programs**

**GOLF Instruction-TGA**
TGA makes it convenient and fun for your child to learn and play golf! Curriculums ensure that lesson plans are age appropriate and easy to understand and retain. Students will experience a mix of golf instruction, rules and etiquette lessons, educational components, character development lessons and physical activity. Certified instructors will help your student athlete develop a strong foundation of skills and knowledge as well as a passion for the sport.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Grade K-6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day/Time</td>
<td>Monday, Begins April 16, 8 Sessions</td>
</tr>
<tr>
<td></td>
<td>Grades K-3, 4:45–5:45pm</td>
</tr>
<tr>
<td></td>
<td>Grades 4-6, 5:45–6:45pm</td>
</tr>
<tr>
<td>Location</td>
<td>NewYork-Presbyterian/ Westchester Division</td>
</tr>
<tr>
<td>Registration</td>
<td>Recreation Office or <a href="http://www.playtga.com/southernwestchester">www.playtga.com/southernwestchester</a></td>
</tr>
<tr>
<td>Fee</td>
<td>$200 Check payable to TGA of Southern Westchester</td>
</tr>
</tbody>
</table>

**White Plains Youth Hockey -Try outs**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>U8 - U18</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day/Time</td>
<td>Tuesday April 10, Wednesday April 11 &amp; Thursday April 12</td>
</tr>
<tr>
<td>Location</td>
<td>Ebersole Ice Rink - All levels</td>
</tr>
<tr>
<td>Times</td>
<td>TBA Call 422-1366</td>
</tr>
<tr>
<td>Fee</td>
<td>$85</td>
</tr>
</tbody>
</table>

**Lacrosse Association, White Plains**
This program, for Grades K-8, teaches beginners and young players basic skills necessary to play in competitive games. Applications are available at the Recreation office. Scholarships are available. For more information contact Scott Dooley at coaches@WPLAX.com.

**Soccer Starts Here!**
Come on out to the field and kick your way through the spring! We offer various soccer programs for children, where players will begin to learn the game and various skills, as well as team work. Athletes will develop their skills and learn how to compete in game situations. All athletes will receive a t-shirt and an award. For further information and details, please contact gprice@whiteplainsny.gov.

**Fall Recreation Soccer Registration Begins July 2nd**

**Volunteer Coaches are Needed,** for our Coed 2nd Grade, and Boys & Girls 3rd/4th Grade & 5th/6th Grade Divisions. For further information and details, please contact gprice@whiteplainsny.gov

**Little Kickers Instructional Program**
Children will be introduced to the game and the various skills needed to play. They will participate in drills, fun games, and mini scrimmages. All athletes will receive a t-shirt at the beginning, an award at the end, and they MUST wear shin guards to every session. Our Registration is ongoing, but due to limited spaces our Registration Deadline is April 7. For further information and details, please contact gprice@whiteplainsny.gov

**Soccer Pre Kickers**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Pre K</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day/Time</td>
<td>Begins Saturday, April 14, 6 Sessions</td>
</tr>
<tr>
<td>Course</td>
<td>120510-P1 9am</td>
</tr>
<tr>
<td></td>
<td>P2 12:15pm</td>
</tr>
<tr>
<td>Location</td>
<td>George Washington Elementary School</td>
</tr>
<tr>
<td>Registration</td>
<td>Ongoing (Space Limited) Registration Deadline April 7</td>
</tr>
<tr>
<td>Fee</td>
<td>$80</td>
</tr>
</tbody>
</table>

**Kinder Kickers**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Grade K</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day/Time</td>
<td>Begins Saturday, April 14, 6 Sessions</td>
</tr>
<tr>
<td>Course</td>
<td>120510-K1 10:05am</td>
</tr>
<tr>
<td></td>
<td>K2 1:20pm</td>
</tr>
<tr>
<td>Location</td>
<td>George Washington Elementary School</td>
</tr>
<tr>
<td>Registration</td>
<td>Ongoing (Space Limited) Registration Deadline April 7</td>
</tr>
<tr>
<td>Fee</td>
<td>$80</td>
</tr>
</tbody>
</table>

**First Kickers**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Grade 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day/Time</td>
<td>Begins Saturday, April 14, 6 Sessions</td>
</tr>
<tr>
<td>Course</td>
<td>120510-1A 11:10am</td>
</tr>
<tr>
<td></td>
<td>B 2:25pm</td>
</tr>
<tr>
<td>Location</td>
<td>George Washington Elementary School</td>
</tr>
<tr>
<td>Registration</td>
<td>Ongoing (Space Limited) Registration Deadline April 7</td>
</tr>
<tr>
<td>Fee</td>
<td>$80</td>
</tr>
</tbody>
</table>
Sunday Stars Instructional Program
Children will be introduced to the game and the various skills needed to play. They will be placed on teams and participate in drills and games. All players will receive a t-shirt and shin guards are mandatory.

Age Group: Grade K–6
Day/Time: Sunday, April 22, 6 Sessions
Course: 120510-08 10am Grade K–2
120510-09 11:30am Grade 3–6
Location: Ralph Ave Field
Registration: Ongoing (Space Limited) Registration Deadline April 15
Fee: $80

Tennis Summer Clinic
Instructional clinic where participants will sharpen and learn new skills.

Age Group: Grades 1-7
Day/Time: Monday, 5 - 6pm,
Course: 121210-06 July 9, 4 Sessions
Location: Gillie Park Tennis Courts
Registration: Ongoing
Fee: $100

Track & Cross Country
Learn the basics of track & cross country. This non-competitive recreational program will introduce participants to the skills necessary for a lifetime of enjoyment, strength training and health from running. For further information and details, please contact: Gprice@whiteplainsny.gov.

Age Group: Grades 4-8
Day/Time: Monday & Wednesday or Tuesday & Thursday 6:30-7:30pm, 10 Sessions
Course: 121110-MW Begins Monday, April 9
TT Begins Tuesday, April 10
Location: Highlands MS, Parker Stadium Track
Registration: Recreation Office or www.usportsinstitute.com
Fee: $129 Check payable to USA Sport Group

T-Ball – Senior Squirts
Players will focus on learning the rules and developing their skills in hitting, throwing, base running and fielding. Each session, players will apply what they have learned into a T-Ball scrimmage. Participants must provide their own glove.

Age Group: Grades K-2
Day/Time: Tuesday, 8 Sessions, 4:30–5:15 pm Begins April 17
Location: Delfino Park
Registration: Recreation Office or www.usportsinstitute.com
Fee: $129 Check payable to USA Sport Group

Tennis Quick Start
What makes tennis fun for children is being able to rally a ball back and forth over the net. In cooperation with the USTA, we offer Quick Start Tennis. This program is designed to instruct children at the beginner level in the skills needed to play and most of all enjoy the game. By utilizing smaller tennis courts, foam and oversized tennis balls, the child will learn the game. All equipment for this program is provided.

Age Group: Grades 1-6
Day/Time: Thursday & Friday, 5-6pm, 4 Sessions
Course: 121210-01 Grades 1-3, Thursday, May 17
03 Grades 4-6, Friday, May 18
Location: Gillie Park Tennis Courts
Registration: Ongoing
Fee: $100

Tennis Spring Instructions
This instructional program is designed for the beginner as well as the more advanced player. The goals include the following areas of fundamentals, proper grip of racquet, development of a forehand and back hand game, as well as learning the etiquette and rules of the game of tennis. Through development of basic tennis skills an individual can develop a lifelong interest in a healthy activity.

Age Group: Grades 4-9
Day/Time: Wednesday, Begins May 16, 4 Sessions
Course: 121210-04 Grades 4-6, 5-6pm
05 Grades 7-9, 6:15-7:15pm
Location: Gillie Tennis Courts
Registration: Ongoing
Fee: $100

Soccer White Plains Youth-Travel
Travel soccer teams for Boys and Girls, 8-19 years of age. Openings on current teams may be limited depending on space. For further information contact Alejandro Galeano @ alejo2384@hotmail.com or visit the website at www.wpys.org.

Tennis White Plains Youth-Travel
Travel soccer teams for Boys and Girls, 8-19 years of age. Openings on current teams may be limited depending on space. For further information contact Alejandro Galeano @ alejo2384@hotmail.com or visit the website at www.wpys.org.

Track & Cross Country
Learn the basics of track & cross country. This non-competitive recreational program will introduce participants to the skills necessary for a lifetime of enjoyment, strength training and health from running. For further information and details, please contact: Gprice@whiteplainsny.gov.

Age Group: Grades 4-8
Day/Time: Monday & Wednesday or Tuesday & Thursday 6:30-7:30pm, 10 Sessions
Course: 121110-MW Begins Monday, April 9
TT Begins Tuesday, April 10
Location: Highlands MS, Parker Stadium Track
Registration: Recreation Office or www.usportsinstitute.com
Fee: $129 Check payable to USA Sport Group

T-Ball – Senior Squirts
Players will focus on learning the rules and developing their skills in hitting, throwing, base running and fielding. Each session, players will apply what they have learned into a T-Ball scrimmage. Participants must provide their own glove.

Age Group: Grades K-2
Day/Time: Tuesday, 8 Sessions, 4:30–5:15 pm Begins April 17
Location: Delfino Park
Registration: Recreation Office or www.usportsinstitute.com
Fee: $129 Check payable to USA Sport Group

White Plains Tigers Football League
Football League teaches the foundation of football and teamwork. Our coaches are all former athletes who take great pride in teaching our players many life skills so that they may develop their talents, on and off the field. Registration closes August 15. Practices and home games are at WP High School.
For more information please visit wptigersyouthfootball.com

White Plains Bernies Football & Cheer

2018 Spring and Summer Programs
For Youth, Teens and Adults

White Plains Recreation & Parks provides a variety of fun, recreation & leisure programs for individuals with developmental disabilities. For further information speak with Matt Hanson, Recreation Supervisor II, 422-1363

How Do New Participants Join the Program?
Before registering for programs, all new prospective participants must complete an intake interview and provide required documentation. To make an appointment, call Matt Hanson, 422-1363.

Registration & Payment
Ongoing at the Recreation Office 85 Gedney Way for resident and non-resident individuals who reside at home with a parent/caregiver:
In addition to the program fee, there may be additional money required for some activities.

Recreation Buddies
We are committed to ensuring that all programs are available to resident youth to participate in regardless of their disability or other barriers that would preclude them from participation. It is our goal to enable all young people to realize their full potential through age appropriate recreation activity. If you feel your child could benefit from a Recreation Buddy to aid in their participation, call Matt Hanson, 422-1363.

For additional recreation opportunities White Plains Recreation Parks has partnered with Greenburgh Parks & Recreation. For more information on program offerings, please contact Noel Broccoli @ 693-8985, ext 128

Spring Programs

Art -n- Games
Enjoy creating fun art projects, games and other social activities.
Age Group 15 & Older
Day/Time Tuesday, 6 -- 8 pm
Course 151510-A1 Begins April 10, 12 sessions
Location Community Center, 65 Mitchell Place
Registration Ongoing at the Recreation Office
Fee Resident $55, Non-Resident $110

Move & Groove
Musical games, dance movements and fun activities that will get you in the groove.
Age Group 13–21 Years
Day/Time Monday, 5:30–6:30pm
Course 151510-M1 Begins April 16, 8 sessions No Session 5/28
Location Community Center, 65 Mitchell Place
Registration Ongoing at the Recreation Office.
Fee Resident $35, Non-Resident $70

“Out & About” Social Night
Spend an evening with your friends. Participants will have a variety of fun activities at the Center or go on a community outing. Group meets once a month.
Age Group 16 & Older
Day/Time Friday, 6–9pm
Course 151510-01 April 13, May 11, June 8
Course 151510-02 July 6, August 3
Location Community Center, 65 Mitchell Place
Registration Ongoing
 Fee Resident $30, Non-Resident $60 3 Sessions
Resident $20, Non-Resident $40 2 Sessions

Swim & Gym
Take a dip in the pool followed by fun activities and sports in the gym.
Age Group 16 & Older
Day/Time Thursday, 6-8pm
Course 151510-W1 Begins April 12, 8 sessions
Location White Plains High School, North Street
Registration Ongoing at the Recreation Office
Fee Resident $35, Non-Resident $70
**Summer Programs**

**Bingo Night**
Spend an evening with your friends. Enjoy a fun evening playing a variety of BINGO games. Prizes awarded.

- **Age Group**: 15 & Older
- **Day/Time**: Tuesday, 6 – 8 pm
- **Course**: 151510-B1 7/10 & 8/7
- **Location**: Community Center, 65 Mitchell Place
- **Registration**: Ongoing at the Recreation Office
- **Fee**: Resident $20, Non-Resident $40

**Dinner & Dancing Under the Stars**
Dinner followed by dance and fun with friends.

- **Age Group**: 15 & Older
- **Day/Time**: Wednesday, July 11, 6-9pm
- **Course**: 151510-K1
- **Location**: Community Center, 65 Mitchell Place
- **Registration**: Ongoing at the Recreation Office
- **Fee**: Resident $10, Non-Resident $20, Dinner cost extra

**Mini-Golf Picnics**
Take in the summer and spend an evening with your friends playing golf and enjoying a picnic supper. Supper included in fee.

- **Age Group**: 15 & Older
- **Day/Time**: Wednesday, 6–8pm, July 18 & August 15th
- **Course**: 151510-M6
- **Location**: Saxon Woods Park
- **Registration**: Ongoing at the Recreation Office
- **Fee**: Resident $20 Non-Resident $40

**Summer Movie Night**
Catch a summer block buster with friends. Dinner is on your own at the theater. Bring money for your movie admission.

- **Age Group**: 15 & Older
- **Day/Time**: Thursday, July 12 and August 9, 6–10pm
- **Course**: 151510-MN
- **Location**: Community Center, 65 Mitchell Place
- **Registration**: Ongoing at the Recreation Office
- **Fee**: Resident $20, Non-Resident $40

**Special Olympic Bowling Training & Competition**
Programs are designed for participants to learn the specified sports skills and to train for team competition. A current Special Olympics Registration & Medical Form is required to participate and is required with the program registration. * See SO Coordinator for forms.

- **Age Group**: 15 & Older
- **Day/Time**: Monday, April 16 6:30–8:30 pm
- **Course**: 151510-B3
- **Location**: Bowlmar, Tarrytown Road
- **Registration**: Ongoing
- **Fee**: Resident $35, Non-Resident $70, 8 Sessions
- **Bowling Fee**: Payable at Bowlmar, Additional Charge TBA
- **Competition**: Bowling Competition in October. Details will be announced
White Plains offers the best in Summer Day Camps. Campers can expect to be engaged on a daily basis in fun and constructive activities under the supervision of caring, trained counselors. Expect a day of exciting activities, including art, sports, dance, swimming, trips and special events and more! Registration is ongoing at the Recreation Office until camp groups are full. Immunization records are required at registration.

### Early Bird Registration
- Sign up by April 16th. Reserve your space now...pay 2017 rates and save money! A $25 service fee will be charged for all changes that involve a financial transaction reducing enrollment. A payment plan is available with an initial deposit. Full payment on deposit registrations are due by May 31st. Deposits are non-refundable.

### Camp Registration a la Carte
- Do you have vacation plans that make it difficult to commit to a two week session? You have the flexibility to register for one week at a time for Camp Panawok and Camp Quarropas.

**New! Swimming** - All campers will swim off site at Gardella and Kittrell Pools due to construction at White Plains High School. Please Note: Swim buses depart at camp locations immediately after arrival. Late campers will miss their swim sessions.

### Camp Panawok
- **Age Group**: Entering Kindergarten – 2nd Grade (Must be entering grades in fall)
- **Day/Time**: Monday - Friday, 8:30am-3:15pm
- **Location**: Ridgeway Elementary School
- **Fee**: 6 weeks $1,000, Per Week $200, *Free cold breakfast for Panawok & Early drop campers. Free lunch for all campers when onsite with all Camps.*

### Camp Quarropas
- **Age Group**: Entering Grades 3 - 5
- **Day/Time**: Monday - Friday 8:45am - 3:30pm
- **Location**: Highlands Middle School
- **Fee**: 6 weeks $1,000, Per Week $200, *Please note that some trips will require early arrival and late pick-up.*

### Teen Camp
- **Age Group**: Entering grades 6 - 8
- **Day/Time**: Monday - Friday, 8:45am - 3:30pm
- **Session I**: July 2 -13 (closed 7/4)
- **Session II**: July 16 -27
- **Session III**: July 30 - August 10
- **Location**: Highlands Middle School
- **Fee**: 6 weeks $1,225, 2 week session $450, *Please note that some trips will require early arrival and late pick-up.*

### Summer Inclusion Day Camp (Services for Children with Differing Abilities)
See Camp Panawok, Camp Quarropas or Teen Camp descriptions for dates and fees.

**Registration** - An IEP or 504 information and interview (parent with child) are required before registration can be considered. In order for us to provide the best possible support for your child, please be thorough and honest with us about your child’s ability. The interview and registration deadline is May 25th.

Limited services are available for children with differing abilities entering grades K – 8. Campers will be provided with either a 1:1 or 2:1 counselor who can provide guidance and support to help your child integrate into camp activities. Children must be toilet trained and function at a moderate to high level of ability. **Please note:** We are not equipped nor staffed to work with children who need a significant amount of support or who have difficulty controlling their behavior. Children who adversely affect other camper’s experience may not be ready for this inclusion camp structure. If your child has a disability please call Sia Tofano. 422-1423 prior to registering to determine whether this camp is suitable for your child.

### Camp Quarropas Early Drop Off
Parents, who have to get to work early, can now have the added convenience of dropping off their camper prior to the start of camp. Campers will meet in the gymnasium and participate in organized group activities. Spaces are limited, first-come, first-serve Monday - Friday, 7:45am, $30 per week, in addition to camp fee.

### Camp Quarropas & Camp Panawok Extended Day
Campers can extend their day with more fun! Supervised by camp staff, the program features additional coordinated activities and free time. Snack provided. Spaces are limited, first-come first-serve. Monday - Friday, until 5:30pm, $75 per week, in addition to camp fee.

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“Where to Go, What to Do, Way of Life!”
Basketball Camp MVP
Age Group: Boys and Girls Ages 6-16
Day: June 25 - Aug. 3 (separate one-week sessions)
Time: 9am – 3:45pm w/ early drop off and extended day options
Location: Eastview Middle School
Fee: $400 per week - Scholarships and multiple week discounts available www.mvpbasketballcamp.org

Cheerleading – Hip-Hop Dance Camp
Filled with excitement & learning of cheer motions and dance jumps, while incorporating Hip-Hop dance. Wear sneakers, dress in comfortable clothes; bring a snack, water & lunch.
Age Group: Grades 1-5
Day/Time: Monday–Friday, 9am–3pm
Course #: 124410-C1 August 13-17
Location: Ridgeway School Gym
Registration: Ongoing
Fee: $200

Creative Art Explorations
Children explore their artistic abilities & enjoy and experience new forms of art engaging in different art mediums; Batik Art, Tie dye, creating masks, canvas painting & clay sculptures. Wear a smock.
Age Group: Grades 1 - 5
Day/Time: Monday – Friday, 9 am – 12 pm
Course #: 123010-C1 August 13 - 17
123010-C2 August 20 - 24
Location: Battle Hill Recreation Room
Registration: Recreation Office
Fee: $120

Mad Science – Eureka: Invention Camp
Children will overcome a series of challenges using basic materials, simple machines, tips from famous inventors and most Important of all, their minds. With a little bit of ingenuity, children will create catapults and forts with batteries and light bulbs.
Age Group: Grades K-4
Day/Time: Monday – Friday, 9am – 3:30 pm, August 13 – 17
Location: Gillie Recreation Room
Registration: Recreation office or www.westchester.madscience.org
Fee: $350 per week. Check payable to Mad Science

Mad Science – Red Hot Robots
Explore several different types of robots….robots that follow lines and sounds, robotic arms like the ones you see in the big factories on TV. You will even play with robots that you control and build your own robot to take home!
Age Group: Grades K-4
Day/Time: Monday – Friday, 9am – 3:30 pm, August 20 – 24
Location: Gillie Recreation Room
Registration: Recreation office or www.westchester.madscience.org
Fee: $350 per week. Check payable to Mad Science
Play-Well Jedi Master Engineering W/LEGO Camp

The Force Awakens in this advanced engineering course for young Jedi! Discover key engineering concepts. Build LEGO X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, Settlements, Fortresses and other complex machines and structures from a galaxy far, far away.

Age Group: Grades 1 - 6
Day/Time: Monday – Friday, 9am – 12pm June 25 -29
Location: Gillie Recreation Room
Registration: Recreation office or www.play-well.org
Fee: $185 per week. Check payable to Play Well Teknologies

Play-Well Minecraft Master Engineering W/LEGO Camp

Bring Minecraft to life using LEGO parts. Build a motorized walking Creeper, a terrifying Ghast, and a motorized Minecart. Students will explore real-world concepts in physics, engineering and architecture while building their favorite Minecraft objects.

Age Group: Grades 1 - 6
Day/Time: Monday – Friday, 9am – 12pm August 27 –31
Location: Gillie Recreation Room
Registration: Recreation office or www.play-well.org
Fee: $185 per week. Check payable to Play Well Teknologies

Tennis Camp

A tennis camp full of energy, fitness, fun and world class instruction led by tennis pros of Tennis Innovators at the city’s newest Tennis complex. Children will learn fundamentals and advanced skills depending on their level of play.

Age Group: Grades 1 - 5
Day/Time: Monday-Thursday, August 13-16, 8:30-11am
Location: Delfino Park Tennis Complex
Fee: $150 Residents Only

TGA Enrichment Golf Camp

Junior Golf Camps offer an unforgettable experience for your child by combining expert instruction, course play and exciting activities that keep students engaged all day. Students of all ages and skill levels can learn the game of golf in a comfortable, non-intimidating environment. TGA camps provide ample individual attention and proper instruction for your child.

Age Group: Grades K-6
Day/Time: Monday – Friday, 9am–12pm
G1: June 25–29
G2: July 9-13
Location: NewYork-Presbyterian/Westchester Division
Rain site: Mamaroneck Ave. School Gym
Registration: Ongoing at www.playtga.com/southernwestchester
Fee: $299 per week, Check payable to TGA of Southern Westchester
$25 per week–Equipment rental fee or bring your own equipment

US Sports Institute Multi Sports Camp

Experience over 16 different sports including Soccer, Basketball, Lacrosse, Volleyball, Disc Golf, Cricket, Floor Hockey and many more. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all, fun! Campers will receive technical instruction, have the chance to experience the sport in a realistic game situation, and participate in the exciting USSI World Cup Competition. All participants will receive a t-shirt and certificate.

Age Group: Grades K-8
Day/Time: Monday–Friday, 9am–3pm, Extended Day 9-5pm
M1: June 25–29
M2: August 13–17
M3: August 20–24
M4: August 27–31
Location: Delfino Park, Rain site: Delfino Rink
Registration: Recreation Office or www.ussportsinstitute.com
Fee: $215, $239 for extended day Check payable to USA Sport Group

WP Youth Soccer Camp

Kick your way into the soccer season. Experienced and enthusiastic Soccer coaches provide an intensive week long soccer immersion. Age and skill abilities are divided for the optimal experience.

Age Group: Grades K–8 boys and girls
Day/Time: Monday–Friday,
9am–4pm (Full day)
9am–12pm (Half day)
S1–June 25-29
S2–August 13-17
Location: George Washington School
Registration: Recreation Office or www.wpys.org
Fee: $280 (Full day); $180 (Half day)
Check payable to WPYS
Basketball Summer Open Outdoor League

This competitive league is NCAA-certified and will feature top-notch players. Team tryouts will be held Monday, April 16, Wednesday, April 18, Tuesday, April 24 and Thursday, April 26, 6-9pm. Call to schedule a try out day before April 15th. All team representatives MUST attend organizational meeting to be held on Thursday, May 4, at 6:30pm at Gardella Park Pavilion, 175 Ferris Ave. For further information and details, please contact George Price at 914 422-1347 or Gprice@whiteplainsny.gov.

Age Group: Open
Day/Time: Sunday, Tuesday, & Thursday 6:30, 7:30, & 8:30pm
Course # 140310-01 Begins Tuesday, June 19
Location: Gardella Park, 175 Ferris Ave.
Additional FREE parking at Church St., Elementary School 295 Church St
Registration: BY TEAM ONLY. TEAM FEE DUE ON OR BEFORE TUESDAY, MAY 1, SPONSORSHIP ENCOURAGED
Fee: $750 per team, CASH, CREDIT CARD, AND/OR MONEY ORDER ONLY.

Bicycle Maintenance & Cycling as a Sport

FREE introductory bicycle maintenance class and cycling. This class will teach you how to perform basic task to care for your bike & introduce you to the sport of cycling. All Participants MUST bring their Bikes! Program supported by the Westchester Cycle Club. All participants must bring their bike. Program supported by the Westchester Cycle Club.

Age Group: 14 & Older
Day/Time: Wednesday April 25 @7pm
Course # 155810-01 meets 1 session
Location: Ebersole Ice Rink, Delfino Lake Street (Indoor Warming Room)
Registration: Call 422-1336
Fee: FREE

Bocce Ball

Come out with your friends and enjoy the fresh air and sunshine while having fun playing Bocce at our new court! Bocce ball set will be provided.

Day/Time: Monday, 6:30 - 8:30 pm
Tuesday & Thursday, 10am-1pm
Location: Turnure Park, Call 422-1336 for more information
Fee: FREE

Pickle Ball = Tennis + Platform Tennis

Enjoy a game that takes the best components of two popular racket sports: tennis and platform tennis. We have two courts dedicated to open play. Basic instruction in the game of pickle ball along with a limited supply of equipment will be available. Fun, exciting and challenging for all fitness levels.

Age Group: 18 and older
Day/Time: Daily 8am-10pm April-October
Location: Paddle Ball Courts Delfino Park Lake St.
Registration: Ongoing
Fee: Season Pass: Senior $80, Adult $110
Guest Coupon 5/$25

Spring/Summer Softball Leagues!

Please contact League Supervisor, Matt Hanson or mhanson@whiteplainsny.gov

Men’s Division

Age Group: Men 18 & Older
Day/Time: Weekday Nights, pending on division level, April - August
Location: Delfino Park
Registration: At Recreation Office (Space Limited) Deadline March 30
Fee: $1300
**Organizational Meeting: Tuesday March 20th, @ Gillie Recreation Room.

Co-Ed Division

Age Group: Men & Women 18 & Older
Day/Time: Weekday Nights, pending on division level, April - August
Location: Delfino Park / Gillie 2
Registration: At Recreation Office (Space Limited) Deadline March 30
Fee: $1400
**Organizational Meeting: Wednesday March 21st, @ Gillie Recreation Room.

50 + Silver League

Age Group: Men & Women 50 yrs and older
Day/Time: Thursday Mornings, Mid May – Mid July
Location: Delfino Park
Registration: Interest meeting to be held for individuals and teams on April 19, 11am @ Gillie Recreation Room.
Fee: Registration by teams only at Recreation office. $825 deadline May 4
Tennis Mixer
Meet new people; make new partners on this fun, competitive play evening.

Day/Time: Friday, June 8 and June 22, 6:30-8:30pm
Location: Gillie Park Tennis Courts
Registration: Recreation Office May 7th
Based on court availability
Fee: $15 per event

Tennis Spring
USA Tennis instruction program designed for all levels of tennis players. Learn the basics or improve your game.

Age Group: 18 & Older
Day/Time: Thursday, Wednesday 6-7:30pm
Course # 141210-01 Wednesday, May 16, 4 Sessions
Course # 141210-03 Thursday, May 17, 4 Sessions
Location: Gillie Park Tennis Courts
Registration: Ongoing, Class sizes limited.
Fee: $135 Resident

Tennis Summer Clinic
Instructional Program
Age Group: 18 & Older
Day/Time: Monday, 6 - 7:30pm
Course # 141210-06 July 9, 4 Sessions
Location: Gillie Park Tennis Courts
Registration: Ongoing, Class limited to 12 participants
Fee: $135 Resident

Fall Tennis Tournament: September 14, 15, 16 more information to follow

Tennis Serve it-Smash it- Win it- Love it
No matter how you play it, tennis is one of the most popular individual sports, yet provides the ability to get competitive if that’s your desire. It is a great form of exercise, recreation and offers an opportunity to participate in a lifetime sport.

Gillie Park located at 85 Gedney Way offers residents and non-residents the ability to play on 10 outstanding Har-Tru Courts with free parking. These fabulous courts are open from May until October.

We offer lessons for Youth and Adults, Season Passes, Open Play, Tournaments and an opportunity to make new friends and immerse yourself in this great game.

Registration for all Recreation programs is available in the Administration building in Gillie Park. For Questions & Additional information Call 422-1363 Rain delays and court closings call 422-1398

White Plains Recreation has partnered with Tennis Innovators to offer additional limited outside Har-Tru Courts at a new transformed facility, located in Delfino Park, 110 Lake Street.

Season Passes and Guest Coupons will be accepted at this facility from June 1 thru Labor Day. Call 428-2444 for Court hours and closings. Additionally this location offers 2 Seasonal Platform Tennis Courts.

Season Passes
Youth $80
Seniors $110
Adults: $135
NON-Residents $350

Guest Coupons (5 plays) $60

Summer Hours (May 27- Sept 4)
Monday-Friday 8am-9pm
Closed for maintenance 1-3pm
Saturday & Sunday 8am-6pm

Fall Hours (Sept 4- Oct 28)
Monday-Friday 9am-9pm
Closed for maintenance 1-3pm
Saturday & Sunday 8am-6pm

NEW POOL PASSES REQUIRED FOR ADMISSION
Poolside fun for you, your family and friends. One of the best kept secrets in White Plains is the refreshing, pristine pools of Gardella Park, Ferris Ave (access & parking from Church Street School) and Kittrell Pool located on Fisher Avenue.

Resident Pool Passes are required for Admission. Youth/ Seniors $15 and Adults $25 for Season Passes. Guest Passes are $6.00 per visit with a valid Adult Pool Pass Holder and can be purchased @ the Recreation Office during business hours. Pools will open Saturday, June 16, Sunday, June 17 and daily from June 22 until September 1 Additional information please call 422-1339

“Where to Go, What to Do, Way of Life!”
Adult Programs

CREATIVE ARTS

Fine Art Workshop
Explore and learn the fundamentals and techniques in creating art. Instruction will be provided on the following art forms; watercolor, colored pencil, pastels or collage. Students new to this class will choose an art form they would like to learn, and purchase supplies needed. A supply list is provided at the time of registration. Continuing intermediate/advanced students should bring their personal supplies.

Day/Time: Monday, 10am –Noon, 8 Sessions
Course # 163110-A1 Begins April 16, (No Session 5/28)
Course # 163110-A3 Begins July 9, 6 Sessions
Location: Community Center, 65 Mitchell Place
Registration: Recreation Office or Community Center
Fee: $33- 8 Session Resident, $60 Non-Resident

White Plains Chorale Singers
We love to sing! Unite with singers from the community in fun, with song. All are welcome. From beginner to experienced singers alike, we seek to provide an opportunity to gather to sing with an ensemble, to improve our vocal skills (no matter the starting point!), and to perform at local city venues. We sing a variety of exciting vocal music from yesterday to today.

Day/Time: Tuesday, 10:15–11:30am, 8 Sessions
Course # 163110-F1 Begins April 17
Location: Community Center, 65 Mitchell Place
Registration: Recreation Office or Community Center
Fee: $5 Resident, $60 Non-Resident

Knitting & Crochet for Everyone
All levels of skill welcomed –This instructional program offers the opportunity to learn this fun craft and socialize with friends. Beginners receive basic instruction to start knitting and crocheting. Beginners should bring one skein of yarn and knitting or crochet needles.

Day/Time: Thursday, 10am-Noon
Course # 163110-K1 Begins April 19, 8 Sessions
Course # 163110-K2 Begins July12, 6 Sessions
Location: Community Center, 65 Mitchell Place
Registration: Recreation Office or Community Center
Fee: $5 Resident, $60 Non-Resident

Memoir Writing Workshop
This class will help you communicate your experiences in writing creating a clear and compelling prose. There will be special reading at the end of the season.

Day/Time: Tuesday, 10:30 – 11:45am
Course # 163110-M1 Begins April 17, 10 sessions
Course # 163110-M2 Summer TBA
Location: Community Center, 65 Mitchell Place
Registration: Recreation Office or Community Center
Fee: $5 Resident, $60 Non-Resident

Textile Design - The Batik Experience
Using hot wax and vibrant colors, this ancient technique from Indonesia will help artists to design bold, modern patterns that can be made into scarves, tote bags, place mats and more. Over this 8 week class you will explore two different forms of batik. No experience necessary just a desire to be creative. Supplies are included.

Day/Time: Tuesday, 7 - 9pm, 8 session
Course # 163410 - TD Begins April 17
Location: Community Center, 65 Mitchell Place
Registration: Recreation Office or Community Center
Fee: $33 Resident, $60 Non-Resident

Unity in Harmony - Community Intergenerational Chorus
We welcome all who love to sing from ages 10-110, whether you are a professional or a shower singer. Enjoy exploring many different musical styles – world, contemporary, traditional, jazz, classical, folk, gospel and more! Most importantly, have a great time together. This is a bit different from a typical chorus – not quite as demanding or formal as some, yet you will reach a high level of musicality and artistry. Reading music is not required, but it helps.

Day/Time: Tuesday, 7 - 8:30pm, 8 Sessions
Course # 163110- CC Begins April 17
Location: Community Center, 65 Mitchell Place
Registration: Recreation Office or Community Center
Fee: $5 Resident, $60 Non-Resident

Zentangle - Yoga for your Brain!
Zentangle is an easy-to-learn and fun way to create beautiful images by drawing structure patterns. It mirrors the symbols, designs and patterns of numerous cultures [Mayan, Maori, Celtic, and American Indian, for example] from ancient through present times. Like “doodling” it refrains from planning and allows lines and shapes to unintentionally emerge. With simple pen and paper you will create amazing designs while enjoying the benefits of relaxation, inspiration, and peaceful mindfulness. Supplies are provided.

Day/Time: Tuesday, 10am –Noon, 8 Sessions
Course # 163110- A4 Begins April 17
Location: Community Center, 65 Mitchell Place
Registration: Recreation Office or Community Center
Fee: $33 Resident, $60 Non-Resident
Health & Fitness

Fitness Levels
Health & Fitness classes are defined by the physical skills required to participate in the activity. **REMINDER:** Consult your physician before participating in a fitness program. For comfort and ease of movement, dress warm up clothes and appropriate foot wear.

Level 1: movement done in a sitting position only
Level 2: movement done in a sitting position or standing position with support from a chair
Level 3: movements done in standing position without the chair support
Level 4: movements done with high level of agility, balance, coordination, able to get up and down from the floor

Chair Yoga Flow – Level 1  **Exercise Video**
Ground your mind and body with this 35-minute chair flow. Perfect for all levels and doshas, Chair yoga is a great way to relax from head to toe without the stress of getting out of your chair.
**Day/Time:** Tuesday, 10:15 - 11:15am, 13 Sessions
**Course:** 163410-YV  Begins June 26
**Location:** White Plains Community Center, 65 Mitchell Place
**Registration:** Recreation Office or Community Center
**Fee:** Free, Registration Required

Fat Burning Pilates – Bodies in Motion
Join a dynamic class that combines calorie burning cardio and fundamental Pilate moves. This combination of cardio moves and core exercises will strengthen your abdomen and maximize your fat burning potential. Bring your own mat.
**Day/Time:** Thursday, 6:30-7:30pm, 8 Sessions
**Course:** 145310-01  Begins April 19  (No Session 5/10)
**Location:** White Plains Community Center, 65 Mitchell Place
**Registration:** Recreation Office or Community Center
**Fee:** $90

Gentle Yoga – Level 2
In this instructor lead class you will find out how yoga practice has been shown to improve overall health, and prevent and reverse disease. Some of the benefits are: improved strength; improved flexibility; improved coordination; reduced stress and improved mental clarity; improved pain management. Through meditation and paying attention to your breath, you can help your body and mind to cope with the pain of an illness or condition you may suffer with.
**Day/Time:** Tuesday, 10:45 - 11:45am, 8 Sessions
**Course:** 163410-Y1  Begins April 17
**Location:** White Plains Community Center, 65 Mitchell Place
**Registration:** Recreation Office or Community Center
**Fee:** $33 Resident, $60 Non-Resident

Gentle MAT Yoga - Level 4
A gentle and individualized approach to yoga. This class will introduce slow and flowing movements to open and center the body and mind. Instructor will offer modifications to make poses more accessible for those who would like to practice in a supported way. It may include breath work and guided imagery. Bring your own mat.
**Day/Time:** Tuesday, 9:30 -10:30am, 8 sessions
**Course:** 163410-M1  Begins April 17
**Location:** White Plains Community Center, 65 Mitchell Place
**Registration:** Recreation Office or Community Center
**Fee:** $33 Resident, $60 Non-Resident

Gentle Tai Chi – Level 3  **Exercise Video**
Great for beginners! Enhance your overall body awareness and balance your energy.
**Day/Time:** Thursday, 11am - noon, 13 sessions
**Course:** 163410-TV  Begins June 21
**Location:** White Plains Community Center, 65 Mitchell Place
**Registration:** Recreation Office or Community Center
**Fee:** FREE, Registration required

“Where to Go, What to Do, Way of Life!”
Adult Programs

Health Education for Wellness - The Center Café
Learn from different professionals about various health topics. Lunch is available at the Center Café prior to the presentation.

Day/Time: Wednesday, Noon – 1pm
Lunch service is from 11:30 - Noon

April 4  Restorative Meditation & Yoga (1 session)
April 25  Importance of Eating a Healthy Breakfast
May 9   Hearing & Audiology Screenings
June 27  Music for the Mind - An Afternoon at the Opera “Pavarotti in Hyde Park” (video)
July 25  Reading Food Labels For Your Health
Aug 8   Older Adult Options for Independent Living
Sept 26  Get the Most Fiber in Your Diet

Location: White Plains Community Center, 65 Mitchell Place
Fee: Presentations are FREE, No registration required $3 suggested lunch contribution, 24 hour advance registration required, pay at door.

Impact Fitness – Levels 3 & 4
Say goodbye to winter and invigorate yourself with the BEST and smartest thing you can do for yourself - Exercise! Stay strong and fit while following along to sequenced movements, paced with popular music. Use smart bells (hand weights), resistance bands and body weight exercise to boost your stamina and muscle tone of the upper body, core, hips and thighs! Full body warm-up, conditioning, cool down and major muscle group stretching session.

Day/Time: Monday, 10:30–11:30am, 8 Sessions
Course: 163410-S1 Begins April 16 (No Session 5/28)
Location: White Plains Community Center, 65 Mitchell Place
Registration: Recreation Office or Community Center
Fee: $33 Resident, $60 Non-Resident

Day/Time: Saturday, 8 - 9 am, 8 Sessions
Course: 163410-S2 Begins April 7
Location: White Plains Community Center, 65 Mitchell Place
Registration: Recreation Office or Community Center
Fee: $33 Resident, $60 Non-Resident

International Folk Dance – Levels 3 & 4
Enjoy learning basic steps from different countries, Greece Israel, Russia, Poland and more! Reap the mental and physical benefits of dance while having fun. You will feel transported to another country

Day/Time: Tuesday, 1 - 2pm, 8 Sessions
Course: 163410-FD Begins April 17
Location: White Plains Community Center, 65 Mitchell Place
Registration: Recreation Office or Community Center
Fee: $33 Resident, $60 Non-Resident

Let’s Line Dance – Levels 3 & 4
Line dance helps with coordination, balance and teases the brain while giving you a great workout! Wear shoes with soles, sneakers not recommended.

Day/Time: Thursday, 10– 11am
Course: 163410-L1 Begins April 19, 8 Sessions
Course: 163410-L2 Begins July 12, 6 Sessions
Location: White Plains Community Center, 65 Mitchell Place
Registration: Recreation Office or Community Center
Fee: $5 Resident, $60 Non-Resident

Outdoor Gentle Yoga – Level 4
A gentle and individualized approach to yoga. This class will introduce slow and flowing movements to open and center the body and mind. Instructor will offer modifications to make poses more accessible for those who would like to practice in a supported way. It may include breath work and guided imagery. Bring your own mat.

Day/Time: Saturday, 9–10am, 6 Sessions
Course #: 144510–Y2 Begins May 19 No session May 26
Location: Liberty Park, Rain site Gillie Room, 85 Gedney Way
Registration: Recreation Office or Community Center
Fee: $78

Sit Down & Tone Up – Level 1 Exercise Video
Feel the benefits of strength training from the comfort of your chair.

Day/Time: Monday, 10 - 10:30am
Course: 163410-TU Begins April 2, ongoing
Check your receipt for no session dates
Location: White Plains Community Center, 65 Mitchell Place
Registration: Recreation Office or Community Center
Fee: FREE, Registration required

Sit & Get Fit – Level 1 Exercise Video
Get a great workout while sitting in your seat.

Day/Time: Friday 10–10:45am
Course: 163410-SV Begins April 6, ongoing
Check your receipt for no class dates
Location: White Plains Community Center, 65 Mitchell Place
Registration: Recreation Office or Community Center
Fee: FREE, Registration required

Tai Chi for Wellness – Levels 3 & 4
Relax, decompress, and feel calming effects that evoke the feeling of meditation in motion. Experience the wellness benefits as you gain greater aerobic capacity and muscle strength; increase your energy and stamina; enhance flexibility, balance, agility, and reduce inflammation. No prior experience is necessary.

Day/Time: Thursday, 11am - noon, 8 Sessions
Course: 163410-TU Begins April 19
Location: White Plains Community Center, 65 Mitchell Place
Registration: Recreation Office or Community Center
Fee: $33 Resident, $60 Non-Resident
White Plains Hospital Lecture Series
Once a month, learn from top-notch health professionals on how to stay healthy. Learn how to enhance your energy levels and improve your physical, cognitive, and emotional health to live life to the fullest.

Day/Time: Wednesday, 12:15 - 1:15 pm
Dates:
- April 11: Eye Health & Safety
- May 2: Coping with Arthritis
- June 13: Understanding & Responding to Dementia Related Behavior
- July & August: No Program
- September 12: Tips for Healthy Aging

Location: Community Center, 65 Mitchell Place
Fee: FREE, No registration required

Yoga Walk – Level 4
Life today can be overwhelming and challenging. Using this ancient technique, you can recharge, invigorate, and heal while enjoying new friends, the fresh outdoors, and nature around you.

With teacher guidance, you will synchronize yoga techniques using breath, meditation, and walking. Yoga Walking has the capacity of producing an overall wellness in your body, changing the rhythms of your body on a cellular level together, enhancing heart rhythm, visual focus, muscle balance, brain activity patterns, and moods.

Day/Time: Thursday, 5:30 – 6:30 pm, 8 Sessions
Course: 163410-YW Begins April 19
Location: Bryant-Mamaroneck Park
Registration: Recreation Office or Community Center
Fee: $78

ZUMBA Toning “Welcome to the Party” Level 4
In this instructor-led class, you will move to international music, world rhythms, and get an exciting, effective workout. Unique to this program, routines feature aerobic training with a combination of weights for toning and sculpting.

Day/Time: Friday, 10:30 – 11:30 am
Course: 163410-Z1 Begins April 13, 8 sessions
(No session 5/11, 6/8, 6/15)
Course: 163410-Z2 Begins July 6, 6 Sessions
Location: White Plains Community Center, 65 Mitchell Place
Registration: Recreation Office or Community Center
Fee: $33 - 8 Session Resident, $60 Non-Resident
$27 - 6 Session Resident, $50 Non-Resident

Kayak Lessons, Permits and Rentals
Kayak at Liberty Park - Silver Lake
Permits for launching your own kayak at Silver Lake from Liberty Park must be purchased from the Recreation Dept. Permits will be granted for the period of May 19 - October 14.

Fee: $10 for a single day, $50 for the season

Kayak Lessons and Rentals
Lesson and rentals are available on weekends from Memorial Day weekend, beginning May 26 through Labor Day weekend, September 2.

Age: Open to all
Day/Time: Weekends, 11am-4:40pm
Location: Liberty Park - Silver Lake
Registration: Contact Mountain Valley Guides to arrange rentals and lessons.
Contact Info: www.MountainValleyGuides.com or call (845) 661-1923
Email: info@mountainvalleyguides.com

Nature Walk
Learn all about the natural wonders in our own local park. This 1-hour, 1/2 mile hike will follow the parks trail and will be led by a naturalist from the Westmoreland Sanctuary.

Age: Families
Day/Time: Saturday, May 19, 11am-12pm
Location: Bryant - Mamaroneck Park
Registration: Ongoing at Recreation Office
Fee: Free, call 422-1336 for reservation

Nature
Kayak Lessons, Permits and Rentals
Kayak at Liberty Park - Silver Lake
Permits for launching your own kayak at Silver Lake from Liberty Park must be purchased from the Recreation Dept. Permits will be granted for the period of May 19 - October 14.

Fee: $10 for a single day, $50 for the season

Kayak Lessons and Rentals
Lesson and rentals are available on weekends from Memorial Day weekend, beginning May 26 through Labor Day weekend, September 2.

Age: Open to all
Day/Time: Weekends, 11am-4:40pm
Location: Liberty Park - Silver Lake
Registration: Contact Mountain Valley Guides to arrange rentals and lessons.
Contact Info: www.MountainValleyGuides.com or call (845) 661-1923
Email: info@mountainvalleyguides.com

Nature Walk
Learn all about the natural wonders in our own local park. This 1-hour, 1/2 mile hike will follow the parks trail and will be led by a naturalist from the Westmoreland Sanctuary.

Age: Families
Day/Time: Saturday, May 19, 11am-12pm
Location: Bryant - Mamaroneck Park
Registration: Ongoing at Recreation Office
Fee: Free, call 422-1336 for reservation

“Where to Go, What to Do, Way of Life!”
**Adult Programs**

**Trips & Excursions**

**DAY TRIP ACTIVITY CODE**

**REMEMBER:** Your safety and comfort are important to us. Trips require boarding buses, sometimes lengthy walking, climbing steps and standing. Some trips are not suitable for those with ambulatory limitations. If on-going assistance is required, it will be necessary for you to arrange for a companion or aide to attend the trip with you. Please note the activity level descriptions below to determine if a trip is appropriate for you. If you have any questions please contact our office to determine if the trip you are interested is suitable for you.

- **Level 1** Little or no walking; few or no stairs (i.e. Bus drops you off close to the event).
- **Level 2** Moderate walking, with places to rest.
- **Level 3** Substantial amount of walking with or without places to rest.
- **Level 4** Lots of walking, with standing for long periods of time.

**Theater Lovers Club – Level 4**

At the theater club meeting, we will vote on current Broadway shows and decide on which show we will be attending. Please bring cash or a check to pay for the trip at this meeting, in order to guarantee your spot. If you are interested in attending and traveling to Broadway JOIN US! Please call 422-1423 for more info.

- **Day/Time**: Thursdays 3/22 @ 1pm, 5/24 @ 6pm, 7/26 @ 1pm 9/27 @ 6pm
- **Location**: White Plains Community Center, 65 Mitchell Place
- **Fee**: Price varies (Coach Bus, show, dinner all inclusive)
- **Bus Pick Up**: Delfino Park Time TBD / Community Center Time TBD

**Yankee Games – Level 3**

Call the center if you are interested in attending a Yankee game. Your name will be added to our list. Dates and prices to be announced. Call for more information, 422-1331.

**Shopping at Arthur Ave/Lunch at Ann & Tony’s Restaurant – Level 3**

Visit Little Italy in the Bronx where you will find the best meats, pasta, bread & pastries. Afterwards, enjoy a delicious lunch at Ann & Tony’s, the fabulous restaurant that has been around for 80 years.

- **Date/Time**: Wednesday, April 18, 9:45 am - 4pm
- **Course**: 163310–AA Registration Deadline April 11
- **Fee**: $42 (all inclusive)
- **Bus Pick Up**: 9:45am Delfino Park / 10am Community Center

**Mohegan Sun/Uncasville CT – Level 3**

- **Date/Time**: Wednesday, May 9, 8:15am - 7:30pm
- **Course**: 163310 - MS Registration Deadline April 27
- **Fee**: $38 (Coach Bus, lunch voucher, money for betting all inclusive)
- **Bus Pick Up**: 8:15am Delfino Park / 8:30am Community Center

**Lunch Around/Sir John’s in White Plains - Level 1**

- **Date/Time**: Thursday, May 17, 11:45am - 2:15pm
- **Fee**: Lunch on your own Registration Deadline May 11
- **Bus Pick Up**: 11:45am Community Center. Community Center Bus will bring you back to center by 2:15pm.

**Botanical Gardens/Georgia O’Keeffe Exhibit & Mario’s/Arthur Ave. – Level 3**

Self-guided tour of the Georgia O’Keeffe exhibit: Visions of Hawaii which focuses on the iconic artist’s lesser-known depictions of pre-statehood Hawaii. Ticket includes entrance to all gardens and access to garden tram. Afterwards, enjoy a lunch at the famous Mario’s on Arthur Ave.

- **Date/Time**: Tuesday, June 5, 9am - 4:30pm
- **Course**: 163310 - BG Registration Deadline May 15
- **Fee**: $61 (all inclusive, Community Center Bus)
- **Bus Pick Up**: 9am Delfino Park / 9:15am Community Center

**Westchester Broadway Theater “Sister Act” – Level 1**

The hilarious story of a disco diva, whose life takes a surprising turn when she witnesses a murder and is hidden in a convent, disguised as a nun.

- **Day/Event**: Thursday, June 21, 10:45am - 4pm
- **Course**: 163310-SA Registration Deadline May 21
- **Fee**: $60 (all inclusive, Community Center Bus)
- **Bus Pick Up**: 10:45am Delfino Park / 11am Community Center
Yonkers Raceway Day Trip – Special Live Music Wednesdays – Level 2
Day/Event  Wednesday, July 11, 10am - 4:30 pm
Course     163310 - R1 Registration Deadline July 5
Fee        $10 (Senior Bus)
Bus Pick Up 10am Delfino Park / 10:15am Community Center
Must bring photo I.D. with you to enter casino.

Ace in the Hole – Neil Diamond Tribute – Level 1
Experience a musical tribute to one of the world’s best-selling artists of all time with super hits such as “Sweet Caroline”, “Cracklin’ Rosie” and so much more! Family-style lunch includes 2 complimentary cocktails. Boutique, shopping all day, door prizes and 50 50 Raffle.
Date/Time  Tuesday, July 24, 9:15am - 5pm
Course     163310-ND Registration Deadline May 24
Fee        $50 (all inclusive, lunch, show & Coach Bus). Bus subsidized by the White Plains SCAC Board. Please bring $2 cash for gratuity that day.
Bus Pick Up 9:15am Delfino Park / 9:30am Community Center

Night at the Races/Empire Casino in Yonkers (Trotters) – Level 2
Date/Time  Thursday, August 2, 4:30 - 11pm
Course     163310 - R2 Registration Deadline July 26
Fee        $10 (Community Center Bus)
Bus Pick Up 4:30pm Delfino Park / 4:45pm Community Center

Westchester Broadway Theater “Anything Goes” – Level 1
Bon voyage! Cole Porter’s tap dancing musical involves a brassy night-club singer, a starry-eyed stowaway & Public Enemy # 13 who are booked on a luxury liner bound for romance & laughter.
Day/Event  Thursday, August 9, 10:45am - 4pm
Course     163310 - AG Registration Deadline July 9
Fee        $60 (all inclusive, Community Center Bus)
Bus Pick Up 10:45am Delfino Park / 11am Community Center

NYC Historical Museum – Rockwell, Roosevelt & 4 Freedoms/Lunch at Carmine’ – Level 4
The display of Rockwell’s 1943 paintings - Freedom of Speech, Freedom of Worship, Freedom from Fear, & Freedom from Want which gave visual voice to Roosevelt’s call to the defense of freedom worldwide. Afterwards, dine at Carmine’s, NYC’s legendary family style restaurant.
Date/Time  Thursday, August 30, 8:30am - 5pm
Course     163310 - HM Registration Deadline July 30
Fee        $85 (all inclusive, museum, Coach Bus, lunch)
Bus Pick Up 8:30am Delfino Park / 8:45am Community Center

City Island Lobster House/ Bronx, NY – Level 1
Dine at City Island’s famous restaurant.
Date/Time  Thursday, September 27, 11:15am - 3:30 pm
Course     163310-Cl Registration Deadline September 20
Fee        $45 (all inclusive, Community Center Bus)
Bus Pick Up 11:15am Delfino Park / 11:30am Community Center

UPPER CLASS TRIPS
Enjoy escorted travel on premium bus trips designed exclusively for seniors, boomers and adults! Various trip flyers available at the Community Center or visit www.upperclass.net

“Where to Go, What to Do, Way of Life!”
All programs and services can be accessed at the White Plains Recreation & Parks Community Center, 65 Mitchell Place. Metered parking is available on Mitchell Place or in the City Center Parking Garage located on Martine Ave. and Main Street. Hours of operation are Monday - Friday, 8:30am - 4:30pm. For more information about call, 422-1423.

The Center Café, Transportation, Support and Wellness Programs are partially funded through the US Department of Health and Human Services, the New York State Office for the Aging and the Westchester County Department of Senior Programs and Services.

The Center Café – The center serves a delicious, nutritious hot lunch daily from 11:30am—noon for a $3.00 suggested contribution. Meal reservations can be made for a week at a time (24 hour reservation required), call 422-1423.

Senior Café – The Center serves a delicious, nutritious hot lunch daily from 11:30am—noon for a $3.00 suggested contribution. Meal reservations can be made for a week at a time (24 hour reservation required), call 422-1423.

Center Transportation Services – Center Bus service is available, door to door, to and from your home (24 hour reservation required). Reservations can also be made for a week at a time. Bus Schedule: 9am, 10am (dependent on number of riders) 1 & 2:30pm runs. Fee is a $1.00 suggested contribution per one-way service. For reservations call 422-1423.

Grocery Shopping – Thursdays – (Shop for one hour). Bus pick up is between 9:15 – 10am. You can choose to shop at Stop & Shop or Shop Rite. Farmer’s Market – Wednesdays The Center Bus will pick you up on the morning run and drop you off at the market. The bus will pick you up from the Market and return to the Center, not your home. For a ride home you must make a reservation for the 1pm bus leaving from the Center.

Para Transit Services in White Plains – Para-Transit of Westchester County of White Plains utilizes taxi cab companies to provide Para Transit services for whose disabilities prevent them from using standard fixed route buses. For more information call Para Transit at 995-7272 and press 2. Applications can also be picked up at the Community Center.

Senior Citizens Advisory Committee (The SCAC is a non-partisan and non-sectarian organization not affiliated with the City of White Plains.) – The purpose of the SCAC is to enrich the lives of senior members of the community through supporting programs and activities for older citizens and creating a positive impact in their quality of life. Feel free to speak with any committee member with suggestions that you may have: Malcolm Baehr, Diane Bloom, Matthew Coffey, Jean Cortalano, Sue Demarsico, Kathy Ferri, Jane Prout, Agnes Scheu, Barri Schulman, and Margaret Weaver. SCAC Thrifty Boutique Shop – Donate your unused items and help to support programs through item sales. Boutique is open Mon – Fri., 10am – 2:30pm.

60+ Center Program Meeting – An open meeting on upcoming Community Center programs and activities. Your feedback and suggestions are welcomed. May 24 & Sept. 6, 12:15-1:00pm

Cafetería y Transportación – Delicioso y nutritivo almuerzo diariamente de 11:30 am. a 12 pm. Contribución sugerida: $3.00. Se ofrece transportación de ida y vuelta de su casa al Centro. Contribución sugerida: $1.00 cada vía. Horarios de buses: 9am, 1pm y 2:30pm. Para almuerzo y transportación debe reservar por lo menos con 24 horas de anticipación. Llamar al 422-1423. Puede hacer reservaciones para toda la semana

Transportación para ir de compras – (1 hora para hacer compras) Jueves - Shop Rite o Stop & Shop- Ida y vuelta – Le recogen entre 9:15 – 10am en su casa. Miércoles - Para el Mercado al aire libre (Court Street)- El bus de las 9am le recogerá en su casa y le llevará al mercado. El bus le recogerá en el mercado para regresar al centro, no a su casa. Para transportación hacia su casa reserve el bus de la 1pm que sale del Centro.
Aging & Life Transitions
Join in this open discussion group where you will explore and share experiences related to the process of aging.

Day/Time: Tuesday, 12:15 – 1pm
Date: April 3, 17, May 1, 15, 29, June 12, 26
July 10, 24, August 7, 21, Sept. 4, 18

Bingo!
Day/Time: Thursday 1– 2:30pm
Fee: 50¢ a card, Registration required

Bingo Bonanza Night
Join us for a pizza dinner and a fun game of Bingo.
Day/Time: Wednesdays, 5 - 7:30 pm
April 11 & August 1
Fee: $4 for 1 slice, $6 for 2 slices, (pepperoni - add 50 cents per slice). Salad, drink, and dessert are included.
Community Center bus transportation provided to and from your home.

Center Café Birthday Celebrations
Join us with food and live entertainment as we celebrate birthdays. Birthday participants will receive a Center Café lunch on the house.
Day/Time: Fridays, 11:30am - 1pm
Date: Fridays, 11:30am - 1pm
April 6 Spring Birthdays (April-June)
Aug. 31 Summer Birthdays (July–Sept)
Fee: $3 Suggested contribution

Center Café Special Events
Join us for a delicious theme luncheon with live entertainment and raffles. Fridays $3 suggested contribution required.
May 11 Mother’s Day Celebration, 11:30am – 1:30pm
(Pre-payment Required)
June 8 Gardella Park BBQ, 10:30am - 1:30pm
(Pre-payment Required.)
June 15 Father’s Day Celebration – 11:30am - 1pm
(Pay at the door)
Sept. 7 Gardella Park BBQ, 10:30am - 1:30 pm
(Pre-payment Required.)

Dine Around Club
Join us on the last Tuesday of every month for dinner out in White Plains with friends. Restaurants will be determined monthly. Cost on your own. Please register at the front desk or call 422-1423

Friday Movies and Popcorn
Join us on Fridays, 12:30pm, for a movie and warm roasted popcorn. No registration necessary. Movies will be determined weekly. To find out the movie selection call 422-1423.

Grupo Social Hispano
Únase a este grupo social y comparta las similitudes y diferencias de su cultura con otras personas de habla hispana. (Join this social group and share your culture.)
Dia/Hora: Miércoles, 12:30-2:30pm, Todo el año
Day/Time: Wednesday, 12:30 - 2:30pm, ongoing
Costo: Gratis, Registración no es necesaria.
Fee: Free, No registration required.
Health for Life Program (HeLP)
Are you 55 or older with a chronic health condition or caring for someone with a health issue? If so, the upcoming Health for Life Program (HeLP) workshop can enhance your quality of life and provide fun while learning. This free workshop is offered by Westchester County Department of Senior Programs and Services and focuses on mind/body connection, better breathing, fall prevention and getting a good night’s sleep.
Day/Time: Monday, 9:30am - Noon
Location: White Plains Community Center, 65 Mitchell Place
Registration: Register via email to mqcq@westchestergov.com or call (914) 813-6427
Fee: FREE, Advance registration is required.

Ice Cream Social
Cool off with some live music and ice cream.
Day/Time: Wednesday, August 22, 12:30 - 2:00 pm
Fee: $2, Advance registration is required
Community Center Bus transportation will be provided home.

Medicare Minute
Once a month, trained volunteers in the Seniors Out Speaking (SOS) share Medicare Minutes on important Medicare topics.
Day/Time: First Tuesday of the month Noon – 12:30pm
Dates: April 3, May 1, June 5, July 3, August 7, September 4

Nurse’s Corner - Doctors United
Meet with the visiting nurse for blood pressure readings and questions about medications and diet.
Day/Time: Every Monday, Noon - 1 pm

Senior Health & Fitness Day
Participate in a day filled with informative health and nutrition related lectures and fitness classes. This event is coordinated by Burke Rehabilitation Hospital, White Plains Hospital and White Plains Recreation & Parks Community Center. You must register by calling 422-1331 between April 13th and May 21st
Day/Time: Wednesday, May 30, 8:30am-4pm
Location: Burke Rehabilitation Hospital
Fee: FREE, Advance registration is required. Community Center Bus transportation provided to and from your home for White Plains residents only. Bus seating is limited!

Stay Strong and Fit (formerly Falls Prevention)
Class sponsored by Westchester County Department of Senior Programs and Services and Westchester Community College Mainstream. Improve balance, cardiovascular endurance, and strength to support a healthy lifestyle.
Day/Time: Every Wednesday from 10:30am - 11:30am
Course: 163410-F1 Begins April 18 (No session 7/4)
Fee: FREE, Advance registration is required.

Volunteer Recognition
Following the Center Café lunch, join us in recognizing our dedicated volunteers. Refreshments will be served.
Day/Time: Tuesday, April 24, 12:30 - 1:30 pm
Fee: FREE, Advance registration is required
Community Center Bus transportation provided to your home.

Westchester County Center Salute to Seniors
Transportation will be provided to and from home.
Day/Time: Wednesday, May 2, 9:30am-2:30pm
Registration deadline April 25
Fee: $4 suggested contribution, Pre-payment Required. Community Center Bus transportation provided to your home.

Westchester County Saxon Woods Pool Party
Live music, barbecue lunch & swimming!
Day/Time: Tuesday, June 19, 9am-2pm (rain date June 20)
Registration deadline June 12
Fee: $4 suggested contribution, Pre-payment Required. Community Center Bus transportation provided to your home.

Westchester Wii Bowling League - White Plains Team
Learn how to do play this fun bowling video game and compete against other senior groups.
Day/Time: Monday & Thursday, 10–11:30am & 12:30-2:30pm
Registration deadline April 25
Course: 165110-W1 Begins April 2 (No session 5/28)
Fee: FREE, Registration Required
**St. Patrick’s Day Parade**
Celebrate the luck of the Irish, as they march down Mamaroneck Avenue with bands and maybe even a Leprechaun. Rain or shine.

- **Age Group**: Open to All
- **Day/Time**: Saturday, March 10, Parade Starts at Noon
- **Location**: Mamaroneck Ave to City Hall

**Funny Bunny Morning**
A live theater production of the tale of springtime. The show features music, magic, circus acts and more. Treat bags for all participants. Limited tickets available at the Recreation office. Distribution limited four (4) per family.

- **Age Group**: Pre-K - 5th Grade
- **Day/Time**: Saturday, March 31, performances @ 9:30am, 11:30am &1:30pm
- **Location**: White Plains Performing Arts Center
- **Fee**: Free to White Plains Resident Families

**Soles for Souls**
Help us make a difference! White Plains 5th Annual Shoe Drive.

- **Day/Time**: April
- **Location**: Collection boxes will be located in City Buildings during April with culmination at Ebersole Ice Rink on Lake Street on April 21st. Help us reach our goal of 50,000 pairs! [www.soles4souls.org](http://www.soles4souls.org)
- **Volunteers Needed** Call Jill @ 422-1411

**Cherry Blossom Festival**
Celebrate the beginning of Spring under the newest cherry trees in White Plains. Japanese activities, entertainment, food & music.

- **Age Group**: Open to All
- **Day/Time**: Sunday, April 29, 11:30am-5pm
- **Location**: Turnure Park, Lake Street
- **Fee**: Free

**Farmers Market**

- **Day/Time**: Wednesday, April 25 through November 21, 8am-4pm
- **Location**: Court Street
- **Fee**: Prices are set by individual vendors.

**Glenn D. Loucks Track Meet**
The most exciting and prestigious High School Track and Field event in the region.

- **Age Group**: Open to All High School Athletes
- **Day/Time**: Thursday, May 10-Saturday, May 12
  - Thu, 4-6:30pm; Fri, 1-6pm; Sat, 9:30-6pm
- **Location**: WPHS Track
- **Fee**: FREE

**Glenn D. Loucks 5K Race**
White Plains Rotary hosts the Loucks 5K Race, beginning and ending at WPHS. A perfect kick off for the track and field events of the day.

- **Age Group**: Open to All
- **Day/Time**: Saturday, May 12 8am
- **Location**: WPHS, Bryant Avenue Entrance
- **Registration**: Forms available at the Recreation Office.
- **Fee**: Adults, pre-race: $10, Day of race: $15, Students: $5.
  - [Checks payable to: White Plains Rotary Club](#)

**Jill E. Solomon Bicycle Helmet Day**
Bicycle helmet safety program and bicycle inspections available.
Teach Your Child to Ride a Bike! An easy hands-free, crash-free, and low-stress way to get your child rolling on 2 wheels. Recreation staff and trained volunteers will present this FREE class.

- **Age Group**: Open to All
- **Day/Time**: Saturday, May 12, 10am-12pm
- **Location**: Delfino Park
- **Registration**: Please call 422-1336 to pre-register

**Truck Day**
Numerous White Plains City Departments will showcase various types of vehicles, emergency vehicles, utility trucks and more at this earth moving event! Come climb upon, honk horns, and learn all about the trucks that help keep our City rolling.

- **Age Group**: Open to All
- **Day/Time**: Saturday, May 12, 10am-2pm
- **Location**: Gillie Recycling Center
- **Fee**: FREE

“Where to Go, What to Do, Way of Life!”
“Answer to Cancer”
5K Run/Walk to benefit White Plains Hospital Center for Cancer Care
Age Group: Open to All
Day/Time: Sunday, May 20, Run begins at 8am
Location: Downtown White Plains
Registration: Pre-register, www.givetowphospital.org/events
On-site/day of race – Court St at Main St.
Fee: Adults $35 $15 Youth 5 years & under Free

Memorial Day Parade
View area organizations as they parade from Church St. to the rural cemetery on N. Broadway. Memorial ceremony follows parade.
Age Group: Open to All
Day/Time: Monday, May 28, 10am Parade Start Church St.
Location: Downtown White Plains

White Plains Outdoor Arts Festival
The WPOAF has brought fine arts and crafts to tree-lined Tibbits Park for over 55 Years! This 2-day festival features painting, photography, ceramics, glasswork, jewelry, textiles, and much more. The festival is a great place to experience art and shop for one-of-a-kind gifts, jewelry, and home décor. The event also features emerging artists, the artwork of our student scholarship winners, a free children’s art workshop, and unique food vendors. For additional information: whiteplainsoutdoorartsfestival.com / facebook: The White Plains Outdoor Arts Festival @WPOAF / twitter: @WPOutdoorArts
Age Group: Family Friendly & Open to All
Day/Time: Saturday & Sunday, June 2nd & 3rd 10am-5pm, Each Day
Location: Tibbits Park, 1 North Broadway, White Plains, New York 10601
Fee: FREE

Juneteenth Parade and Festival
A celebration of African American heritage and freedom. The parade will feature bands, dancers, drummers and community groups, kicks off at 11am. Festival to follow on Court Street includes entertainment, vendors and food.
Age Group: Open to All
Day/Time: Saturday, June 9, Parade 11am, Festival Noon
Location: Parade Mamaroneck Ave/Festival MLK Blvd

Father’s Day Concert In the Park
Treat your favorite Dad to an evening of music, FREE outdoor concert. Featuring a Doobie Brothers Tribute.
Age Group: Open to All
Day/Time: Sunday June 17, 7-9pm
Location: Turnure Park between Lake St/Main St.

Get On Your Mat for Mental Health: Yoga Event
Roll out your mat and celebrate summer with a special outdoor yoga event featuring movement, meditation and mindfulness. An empowering & energetic class supporting mental health issues. Features local vendors, sponsors and a marketplace.
Age Group: Open to All
Day/Time: Wednesday June 20, 5:30 check-in 6:30 class
Location: Court Street
Registration: www.mhawestchester.org

Independence Day Celebration
Join us for one of our most exciting and enjoyable events of the season. A fun filled evening of entertainment, giant inflatable rides, food and fireworks! This year our evening entertainment will feature Army West Point’s Benny Havens Band for Entertainment.
Age Group: Open to All
Day/Time: Tuesday July 3, 6-10pm
Location: WPHS

Gardella Day Festival
We will have a fun filled afternoon & evening with a DJ and other entertainment. The evening culminates with our Championship Basketball Games for our Summer High School & Adult Leagues.
Age Group: Family Friendly & Open to All
Day/Time: Sunday, August 12, 3pm - 10pm
Location: Gardella Park, 175 Ferris Ave
Additional FREE Parking at Church St. School

Dog Days of Summer
Come join us for our “Dog Swim” at Kittrell Pool
Age Group: Dogs 1 year & older with adult owners
Day/Time: Thursday, September 6, 5-7:30pm
Location: Kittrell Pool Fisher Ave.
Fee: FREE to White Plains Dogs.
## Summer Events

### Neighborhood Nights 7pm

Outdoors in the Summer is the perfect place for picnics, fun and music, children’s programs and movies. Enjoy your neighborhood park, friends and family weekday evenings.

**Gillie Park - Gedney Way, 7pm**
- **Mondays**
  - July 9: Magic by Harrison
  - July 16: Ahoy Matey’s Pirate Adventure
  - July 23: Kid’s Concert

**Druss Park - So Lexington Ave, 7pm**
- **Tuesdays**
  - July 10: Magic by Harrison
  - July 17: Ahoy Matey’s Pirate Adventure
  - July 24: Ninjago Lego Movie @ 8:15pm

**Turnure Park, So Lake Street, 7pm**
- **Wednesdays**
  - July 11: Magic by Harrison
  - July 18: Ahoy Matey’s Pirate Adventure
  - July 25: Ninjago Lego Movie @ 8:15pm

**Chatterton Park - Chatterton Avenue, 7pm**
- **Thursdays**
  - July 12: Magic by Harrison
  - July 19: Ahoy Matey’s Pirate Adventure
  - July 26: COCO Movie @ 8:15

**Mattison Park, 7pm**
- **Mondays**
  - July 9: Ahoy Matey’s Pirate Adventure
  - July 16: Magic by Harrison
  - July 23: COCO Movie @ 8:15pm

**Mitchell Tot Lot, 7pm**
- **Mondays**
  - July 10: Ahoy Matey’s Pirate Adventure
  - July 17: Magic by Harrison
  - July 24: Kid’s Concert

**Court Street, 7pm**
- **Thursdays**
  - July 11: Sugar & Spice Girlband
  - July 18: Jazzymay
  - July 25: Good Clean Fun The 80’s
  - August 1: McLean Ave Band
  - August 8: Pablito Y La Avalancha
  - August 15: FDR Drive

**Gardella Park, Ferris Avenue, 7pm**
- **Thursdays**
  - July 12: Ahoy Matey’s Pirate Adventure
  - July 19: Despicable Me3 Movie @ 8:15pm
  - July 26: Magic by Harrison

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**Dancing Under the Stars**

This fun filled FREE event is open to all dancing Queens and Kings. Bring your dancing shoes and dance the night away to music each week at Court Street.

**Wednesday July/August 7pm**

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"Where to Go, What to Do, Way of Life!"
Summer Events

Noonday Concerts
Live musical performances held outdoors in downtown White Plains. Each week offers an exciting performance. Schedules will be available at the first concert.

Thursday, beginning
June 14, Noon - 2pm
Renaissance Plaza

NEW YORK-PRESBYTERIAN
WESTCHESTER DIVISION
PEOPLE'S UNITED BANK
What know-how can do™

Love the Arts?
Find Westchester Arts Events.
artsw.org

City of White Plains and
ArtsWestchester presents

Hamlet
by William Shakespeare
Directed by Devin Brain
July 12
7:00pm
at Turema Park
Lake St., White Plains

WHITE PLAINS
VINTAGE MARKET
EVERYTHING VINTAGE

Saturday, May 5th
- 10:00 AM to 5:00 PM –
and
Sunday, May 6th
- 11:00 AM to 4:00 PM –
EBERSOLE ICE RINK (Lake Street @ Delfino Park)

Rain or shine - 1 Day Admission $8.00, 2 Day Admission $12.00 - Food Trucks
EVERYTHING VINTAGE...GLASSWARE, LINENS,
KITCHENWARE, MID-CENTURY MODERN, DECO, CLOTHING,
FURNITURE, GARDEN DÉCOR AND SO MUCH MORE!
National Night Out

On Tuesday, August 7, 2018
Between the hours of 6pm-9pm
Join us in front of the Public Safety Building
77 S. Lexington Ave, WPNY.
For the White Plains National Night Out
Free raffles and give-aways.

SAFETY TIPS TO REMEMBER
• When you park your car, lock it and pocket the keys even in your driveway.
• Keep the doors and windows of your home locked when you are not there.
• Call 422-6111 (Police Bureau) and ask for the exterior of your home to be checked in your absence/vacation.
• Check out the wppublicsafety.com website for more information.

Be Prepared. Ensure you are able to access and receive information in the event of an emergency.

✓ Input your mobile phone +/- or email into WhitePlainsALERTS from the City’s website: cityofwhiteplains.com
✓ White Plains Emergency Hotline (activated during emergencies):
  English: 422-5150
  Spanish: 422-5160

Look for updates & important information on the City website and social media pages:

Website: www.cityofwhiteplains.com
Facebook: City of White Plains, Mayor Thomas M. Roach
Twitter: @cityofwp

“Where to Go, What to Do, Way of Life!”
Community Partners

**JUMP IN AND SWIM**

City of White Plains

The mission of the *Jump in and Swim* program is to reach as many people as possible to give opportunities for water safety and basic swim instruction.


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**Join us for FREE learn to swim activities!**

**WHITE PLAINS RECREATION AND PARKS**
85 Gedney Way, WP
(914) 422-1255
www.CityofWhitePlains.com

March 23, 7:00pm:
Free Family Swim Game Night

March 24, 1:00pm:
Water Safety Clinic with USA Olympian Martza McClendon
(Space limited, 7 years and older, must call to register)

**WHITE PLAINS YMCA**
250 Mamaroneck Avenue, WP
(914) 949-8030
WHITEPLAINS.YMCA-CNW.org

March 18, 2:00-4:00pm
Splashweek Kickoff - Free Swim
March 19-22, 5:00pm
Safety Around Water (3-13+)

White Plains YMCA (Cont.)
March 22, 7:00pm
CPR/AED/First Aid (Non-Cert)

**YWCA WHITE PLAINS & CENTRAL WESTCHESTER**
515 North Street, WP
(914) 949-6227
www.YWCAWPCW.org

March 26, 2:30pm
Diaper Dip (Parent/Child Class)
March 27, 8:15pm
Open Swim
March 28, 10:00am
Aqua Zumba
March 29, 10:00am
Gentle Aquacise

*Pre-registration may be required. Contact the hosting organization for requirements.*

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**5K ROAD RACE 2K SUNDAY STROLL & BLOCK PARTY**

with food, music and a variety of activities.

**SUNDAY**
**MAY 20TH**
8 AM to 1 PM

Court Street (between Main and Martine)
White Plains, NY

**Tickets, Race Registration, & Donations**
call 914-681-1040 or visit:
www.givetowphospital.org/events

**Proceeds Benefit** the White Plains Hospital Center for Cancer Care

**Adult** $35
**Child** $15
(5-15)
Child 4 & Under Free

Sponsored by: **WP White Plains Hospital**
In cooperation with: **WHITE PLAINS**

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**EMPOWER MORE THAN YOURSELF.**

When you join the Y, you’re committing to more than simply becoming healthier. You are supporting the values and programs that strengthen your community.

For more than a workout. For a better us.

Join now! Financial assistance is available.

White Plains Y
whiteplains:ymca-cnw.org
914.948.8030

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2018 Spring and Summer Programs
Community Partners

2018 TECH BOOTCAMPS at The White Plains Education & Training Center
COURSE OFFERINGS FOR THOSE WITH A PASSION FOR TECHNOLOGY WHO ARE READY FOR MORE+

NETWORK SECURITY TECHNICIAN
- CompTIA NETWORK+ CERTIFICATION
- CompTIA SECURITY+ CERTIFICATION
CAREER DEVELOPMENT
15 WEEKS - 2 Certs.
JUNE 4TH - SEPTEMBER 14TH 2018
MONDAY - FRIDAY
9AM-5PM

IT SUPPORT SPECIALIST
- CompTIA A+ CERTIFICATION
- MICROSOFT OFFICE 365 (Word, Excel, Outlook, One Drive)
HANDS-ON EXPERIENCE
CAREER DEVELOPMENT
11 WEEKS - 1 Cert.
SEPTEMBER 24TH - DECEMBER 7TH 2018
MONDAY - FRIDAY
9AM-5PM

EQUIPPING YOU TO ENTER AN IN DEMAND WORKFORCE A STEP ABOVE THE REST
Visit www.wpetcitbootcamp.com for Course Information & Admissions Criteria
APPLICATION DEADLINE: April 30th, 2018 (applicable to both courses)

WHITE PLAINS EDUCATION & TRAINING CENTER
303 Quarrapas Street | White Plains, NY 10601

"Where to Go, What to Do, Way of Life!"
White Plains Performing Arts Center

2018 Spring and Summer Programs
**Special Events**

Feb. 24th  7:00pm  Annual Performing Arts Benefit @ WP Performing Arts Center

March 8th  6:00pm  Harlem Fine Arts Show @ the Reckson Building, 360 Hamilton Avenue, WP

April 20th  7:00pm*  Father-Daughter Dance, A dinner dance for Fathers* and Daughters

April 3rd  7:30am  Annual New York State Fatherhood Conference @ Westchester County Ctr.

April 28th  TBD  Youth Bureau STEAM Fair

May 18th  7:00pm*  Mother-Son Dance, A dinner dance for Mothers* and Sons

June 9th  8:30am  Annual Fatherhood Awards Breakfast

June 14th  TBD  Community STEM Awards at the New York Power Authority

For more information on these and other events contact WPYB at 914-422-1378. (* significant male or female)

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**Camp Central Spring & Summer**

**After School Vacation Camp (2018 Winter and Spring)**

Do you need a safe place for your child during the break? If so, we have just what you need. Our vacation STEAM (Science, Technology, Engineering, Art and Math) camp is open to all children grades K through 8. The curriculum includes educational and cultural enrichment as well as active games and sports, and a STEAM-themed day trip.

- **Age Group**: Kindergarten – 8th grade
- **Date/Time**: Winter: February 20st - 23rd, Spring: April 2nd – 6th  8:30am – 6:00pm
- **Location**: Church St. School
- **Requirements**: Students bring their own lunch
- **Contact**: Sherry Bannister, 914-422-1378, x6706
  sbannister@whiteplainsny.gov
- **Fees**: $199/February; $248/April (includes snack and a trip)

**Bits N’ Pieces Summer Enrichment Program**

This six week tutorial camp offers elementary aged children the opportunity to stay on track with their studies. The program provides a safe, enjoyable and educational environment emphasizing reading, writing and critical thinking. Breakfast, lunch and an afternoon snack are provided.

- **Age Group**: 1st – 5th Grade
- **Day/Time**: July 2nd – August 10th, Monday – Friday: 8:30am – 5:00pm
- **Location**: Church Street School
- **Contact**: Raymond Tribble, 914-422-1378, x6723
  rtribble@whiteplainsny.gov
- **Fee**: TBD* (** Fees subject to change, pending Common Council approval)

Income based scholarships are available.

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11 Amherst Place, White Plains, NY 10601 914-422-1378/Tel ** 914-422-6489/Fax  www.whiteplainsyouthbureau.org

“Where to Go, What to Do, Way of Life!”
Middle School Summer STEM Camp

Summer STEM is a unique learning experience for middle school students who will evolve into our next generation of innovators, engineers, doctors, software developers, mathematicians, and physicists.

During this six-week summer camp, students learn by doing as they take part in hands-on simulations, workshops, and site visits, while making new friends and having unforgettable adventures.

**Age Group** 6th – 8th Grade

**Day/Time** July 2nd – August 10th

- Monday – Friday: 8:30am – 3:30pm

**Location** Church Street School

**Contact** Catherine Backes, 914-422-1378, x6705 cbackes@whiteplainsny.gov

**Fee** TBD

Health & Wellness Summer Fitness Boot Camp….. FREE!

Create a NEW YOU for the upcoming school year at the Summer Fitness Boot Camp.

You will have a new attitude along with a new body! Hiking, boxing, martial arts, swimming, life skills, and nutrition workshops.

**Age Group** 13 – 21 years old

**Day/Time** July 2nd - August 10th

- Monday – Friday: 10:00am – 3:00pm

**Location** Youth Bureau, 11 Amherst Place

**Contact** Bhavana Pahwa, 914-422-1378, x6715 bpahwa@whiteplainsny.gov

**Fee** Deposit required

SAT and College Preparation

This 9 week summer program, designed for White Plains students, is administered by Let’s Get Ready (LGR) and provides intensive SAT preparation and assistance with all aspects of the college admissions process. Please visit the LGR website (www.letsgetready.org) for additional program information and enrollment criteria. Applications for coaches and students will be available on the Website in May.

**Age Group** rising 11th and 12 graders

**Day/Time** Tuesday & Thursday, mid-June through August 2018, 5:45pm – 9:00pm

**Location** TBD

**Fee** Deposit required

**Contact** Jason Roberts, jroberts1216@yahoo.com

Unless otherwise noted, activities are available to White Plains Residents Only

2018 Spring and Summer Programs
Youth Employment & Volunteer Opportunities

Summer Employment 2018
Monday, July 2nd – Friday, August 10th

The Youth Bureau offers six weeks of summer employment to White Plains youth ages 14-21. Applicants must be available for the entire 6 week program.

1. Applications will be available ONLINE Monday, April 9th @ 5pm @ www.whiteplainsteens.com
2. The application DEADLINE: Thursday, May 24th by 5PM
3. Applications can be submitted at the following locations only:
   • White Plains High School – H Cafeteria, Monday – Friday
   • YES Office, White Plains Community Ctr.
     65 Mitchell Place, Mon – Fri, 9:00am – 5:00pm.
4. Proof of White Plains residency is required.
5. SUBMIT APPLICATIONS EARLY! There are a limited number of interview slots per placement. They are 1st come first serve.

Identification: If you are 14-17 you must submit a work permit. If you are 18-21 you must submit photo ID. Additionally, all applicants will need to submit a 2nd form of ID which could either be a passport, social security card, or birth certificate.

Job Fair-Location and Date TBD: Once you have submitted an approved application packet, identification and resume you will be invited to the Job Fair. You MUST attend the Job Fair to be considered for a summer job.

Growing White Plains: SUMMER VOLUNTEERS
Recruiting volunteers for a six week summer assignment with the Growing White Plains program. The program operates two community gardens, one at NY Presbyterian Hospital and one in partnership with Bethel Baptist Church at the corner of Prospect St. and Sterling Ave., as well as a small greenhouse in Delfino Park. The food we grow (using organic methods) goes to feed people in White Plains in need. This is a volunteer effort and the gardens belong to the citizens of White Plains. The summer gardening program operates four days per week; three hours per day.

Age Group        7th – 12th grade
Day/Time         July 2nd - August 10th
Location         Various
Requirements     White Plains Residents
Contact          Martin Rudow, 914-422-1378, x6717
                 mrudow@whiteplainsny.gov

Enrichment & Personal Growth Activities

Babysitters Training Program
Young people focus on leadership, safety, basic care and first aid through our American Red Cross Babysitter Certification class.
Applications can be obtained online at www.whiteplainsyouthbureau.org.
Age Group       12 – 18 years of age
Day/Time        February 21nd & April 4th  9:30am - 4pm
Location        White Plains Community Center, 65 Mitchell Place
Contact         Janet Spencer, 914-422-1378, x6721
                 jmspencer@whiteplainsny.gov

Counseling - FREE
Family and individual counseling services provided by licensed therapists (services available in Spanish) addressing behavioral problems, depression, family issues and school related problems. Parenting programs also offered.
Age Group       6 – 21 years of age and families
Day/Time        Mid-September – June
                Monday - Saturdays
                Time based on client availability
Contact         Dr. Bhavana Pahwa, 914-422-1378, x6715
                 bpahwa@whiteplainsny.gov

Dancing and Drumming
Classes form in September and February. We offer beginning to advanced dance classes in Hip Hop and African/Caribbean Dance. Most classes meet on either Monday or Saturday. Please call the Youth Bureau for more details.

Beginners
Day/Time        Mid-September - June
                Saturday: 11:30am -12:30pm @ White Plains Community Center
Contact         Adrienne Rivers, 914-422-1378, x6716
                arivers@whiteplainsny.gov

Advanced
Day/Time        Saturday: 3:30pm - 4:30pm @ White Plains Community Center
Contact         Adrienne Rivers, 914-422-1378, x6716
                arivers@whiteplainsny.gov

Unless otherwise noted, activities are available to White Plains Residents Only

“Where to Go, What to Do, Way of Life!”
Healthy & Fit For Life
Youth have access to a fully equipped fitness facility and highly qualified coaches. Fitness activities include Boxing, Personal Training and Karate.

Age Group Karate: 6-11 y.o.; Personal Training 8 – 21 y.o.
Day/Time Monday - Friday, 4:00 – 8:00pm; Saturdays, 12:00 – 2:00pm, School year program
Contact Dr. Bhavana Pahwa, 914-422-1378, x6715 bpahwa@whiteplainsny.gov

Teen Lounges at Battle Hill & Eastview
After school and on weekends middle school and high school youth can check out the Teen Lounges at Eastview and Battle Hill. Youth can drop in and meet their friends or make new ones, hold discussions about current events, develop leadership skills by planning an activity, play video and board games, get help with homework, or just relax.

Age Group Middle and High School
Day/Time School Year; Varies by site
Location Battle Hill or Youth Bureau
Contact Adrienne Rivers, 914-422-1378, x6716 arivers@whiteplainsny.gov

Job Bank
Calling all youth looking for a job! The local business community calls on us to help fill their jobs. Open positions are posted on our website at www.whiteplainsteens.com/current-job-listings.html

Age Group 14 and up
Dates Monday – Friday
Location White Plains High School, H Cafeteria
Contact Janet Spencer, 914-422-1378, x6721

FOR LOCAL BUSINESS OWNERS OR COMMUNITY MEMBERS, who are looking to hire youth to perform odd jobs, fill office & clerical positions, computer trouble shooting, tutoring and more contact Janet Spencer at 422-1378, x6721 or via email at jmspencer@whiteplainsny.gov to post a job with YES.

Toastmasters Youth Leadership
Develop or improve your public speaking skills while strengthening your leadership and organizational skills in a fun learning environment.

Location White Plains Community Center
Day/Time School Year: First and third Wednesday of the month, Time: 6:15pm – 7:15pm
Summer: July 18th and August 1st, 6:00pm - 8:00pm
Contact Adrienne Rivers, 914-422-1378, x6716 arivers@whiteplainsny.gov

TEENS ON THE GO!
A program designed to take teens to places they normally wouldn’t go on their own. Experience the riches of living in New York State – join us as we take trips to Liberty Park for paintball or a trip up the Hudson or maybe a special screening of a film at the Jacob Burns Center. We’ll take at least one trip a month.

Age Group Middle and High School
Dates School Year
Location Youth Bureau, 11 Amherst Place
Contact Adrienne Rivers, 914-422-1378, x6716 arivers@whiteplainsny.gov

Youth Court
Great opportunity for high school students to earn community service credit and learn about the workings of the judicial system. Students will meet Judges, Lawyers, and other professionals in the field of law enforcement. Students process real cases under the guidance of Judges.

Age Group High School
Dates School Year
Location Youth Bureau, 11 Amherst Place
Contact Bhavana Pahwa, 914-422-1378, x6715 bpahwa@whiteplainsny.gov

Mentors
The City of White Plains Youth Bureau wants you to be a MENTOR. A mentor is a grown up friend who can help a child become a young adult who is prepared for a successful future. They are one of the people in a child’s life who are there to listen and benefit from the program by watching a young person grow, and seeing how much fun young people can be when you don’t have the stress of being their parent.

Age Group All White Plains Residents
Date/Time 7 Days/Week, Year Round
Contact Sheila Foley, 914-422-1378, x6709 sfoley@whiteplainsny.gov

Unlless otherwise noted, activities are available to White Plains Residents Only

2018 Spring and Summer Programs
Where to Go, What to Do, Way of Life!

Welcome to the White Plains Public Library

Look forward to some changes at the Library this spring. March will see the opening of the combined Everyday Healthy Café and Friends Bookstore. Adjacent to the café is the Community Room, which will be the location of a new series: The Artists’ Loft. The Loft will offer live music, learning, and improvisation. Led by musician and educator Art Bennett, the series—which will begin in April—will feature Lord Judah (spoken word/hip-hop), Alec Lichtenberg (dance/storytelling) and Lana Yu (visual arts).

In April, the Trove will launch Trove Time, an exciting new program for children ages 2-4 and their caregivers. Focusing on caregiver-child interaction, Trove Time will feature a storytime and a wide variety of activities to get caregivers and children engaged, socializing, playing and having fun in an early-literacy rich environment. Best of all, Trove Time will be offered three times a week!

That’s just some of what we will be offering. Check our website for details on the above programs and more.

For Teens

The Edge is the Library’s space for teens – a place to use computers and explore new technologies, do homework or research, read books, learn new skills, have fun, and hang out with friends (and make some new ones)! Find out more about the Edge’s programs and services at https://edge.whiteplainslibrary.org

STEAM and Coding Camps:
Our Video Game Design Camp in April will have teens using “design thinking” skills while also learning coding. Over the summer, the Edge will offer eight weeks of free summer STEAM camps, including iOS App development, thanks to generous grants from the American Library Association (ALA) and Argus, a Verisk Analytics Business.

Summer Reading Game:
The annual Summer Reading Game starts July 3 offering teens the opportunity to win prizes for the books they read and take part in other fun events.

Library Hours
Monday-Thursday...................... 10 a.m. - 9 p.m.
Friday........................................10 a.m. - 6 p.m.
Saturday (Sept-June)..................10 a.m. - 5 p.m.
Saturday (July-Aug)..................1 p.m. - 5 p.m.
Sunday........................................1 p.m. - 5 p.m.

Phone Numbers
Adult Reference..........................422-1480
The Trove (Children’s Services)......422-1476
The Edge (Teen Services).............422-1481
Checkout / Library Cards.............422-1490
Renewals by Phone......................674-4169

Find us on these social networking sites:
facebook.com/WhitePlainsPublicLibrary
twitter.com/WhitePlainsLib
whiteplainslibrary

Visit our website:
whiteplainslibrary.org

As a White Plains resident, you are eligible to receive a White Plains Public Library Card. Please stop by the Circulation Desk for details, or call 422-1490. We are a member of Westchester Library System, and your White Plains card is honored at all Westchester public libraries and at the Westchester Community College library.
White Plains Public Library

For Children

Summer in the Trove
Starting July 3rd, take part in the annual Summer Reading Game! There are many fun activities and events planned throughout the summer, including concerts, dancing programs, magicians and more! This year, reading and other activities over the summer months will be tracked online where participants can earn badges and prizes. The Trove is also where you can find suggestions for great reads for summer break, including books on the school summer reading lists. Also, the Trove will again be offering the popular Reading Buddies program, during which children in grades 2 to 5 can practice reading one-on-one with a teen Reading Buddy. Visit http://trove.whiteplainslibrary.org for more information about summer events beginning in June.

For Adults

International Film Festival
Our International Film Festival returns in July and August. Join us for six weeks of acclaimed films from around the world.

En Español
Noticias es el boletín informativo oficial de la Biblioteca en español. Destaca los programas y servicios que la Biblioteca entiende ser de especial interés a los usuarios que hablan español.

Nuestra página web en español es espanol.whiteplainslibrary.org, donde usted puede encontrar información detallada acerca de los muchos servicios que ofrece la Biblioteca.

Museum Passes
Mobile WiFi Hotspots to Borrow
Lunchtime Meditation
Slow Reading Discussion
Short Story Discussion
Book ‘Em! A Mystery Book Group
Poetry Slam & Open Mic
The Artists’ Loft
Computer Classes
3D Printing and Design
eReader Training
AARP Tax-Aide
U.S. Citizenship Classes
Learn Conversational Spanish
White Plains History Roundtable
Career Programs
Small Business Programs

Unless otherwise noted, registration is not required, all programs are free, and are funded by the City of White Plains.
WHAT MAKES WHITE PLAINS SO BEAUTIFUL?

Flowering trees, daffodils, tulips! For over 50 years, the all-volunteer White Plains Beautification Foundation (WPBF) has been embellishing our parks and other areas with flowers, shrubs, trees, three tall street clocks, and a carillon, as well as two fountains, a flagpole, a gazebo and a summerhouse in Tibbits Park. Through its Adopt-a-Park program, it creates and maintains more than 60 gardens. In the 1960s they introduced the first benches on Mamaroneck Avenue, as well as the oak trees that line the street.

Every autumn, WPBF plants thousands of daffodil bulbs, with a goal of 20,000. Early bloomers, daffodils are followed by hundreds of tulips. By the end of April, 160 cherry trees burst into an explosion of pink blossoms — the inspiration for the annual Cherry Blossom Festival.

All of this is made possible by the generosity of the public, the cooperation of the city, and hands-on assistance from the Department of Public Works and the Department of Recreation and Parks.

WPBF loves to hear from you and welcomes volunteers to join us. Contact them at wpbf.org and request that your name be added to their mailing list to receive an annual newsletter. And do say “I want to help!”

The City has twenty multi-purpose parks which provide a variety of recreational resources, include varying combinations of ball fields, basketball courts, swimming pools, passive areas, playgrounds, and areas for active play.

PARK RULES AND REGULATIONS

Parks are open daily from dawn to dusk, unless specified

• No Dogs are permitted except in Bark Park
• No smoking or alcoholic beverage are permitted
• Parents must supervise children at all times
• No littering or loitering
• A facility permit is required for use of all City owned fields

NEW

POOL PASSES REQUIRED FOR ADMISSION

Poolside fun for you, your family and friends. One of the best kept secrets in White Plains is the refreshing, pristine pools of Gardella Park, Ferris Ave (access & parking from Church Street School) and Kittrell Pool located on Fisher Avenue.

Resident Pool Passes are required for Admission. Youth/Seniors $15 and Adults $25 for Season Passes.

Guest Passes are $6.00 per visit with a valid Adult Pool Pass Holder and can be purchased @ the Recreation Office during business hours. Pools will open Saturday, June 16, Sunday, June 17 and daily from June 22 until September 1 Additional information please call 422-1339.
BATTLE HILL PARK

LOCATION: This 3.68 acre park is located to the west of the Battle Hill Condominiums on Battle Avenue and McKinley Avenue.

COMMENTS: Open field space and the outdoor basketball court is the perfect location for individuals to engage in casual athletic activities. The Community room is used as a Teen Lounge and is available for permit use.

BATTLE OF WHITE PLAINS PARK

LOCATION: This 1.31 acre park is located at the corner of Whitney Street and Battle Avenue at a high point overlooking the City.

COMMENTS: This park is the historic site of the Battle of White Plains, designed and build in 1976 as part of the National Bicentennial Projects. Interpretive historical signage is located throughout the park.

CHATTERTON PLAYGROUND

LOCATION: This .40 acre park is located at the corner of Chatterton Avenue and Harmon Street.

COMMENTS: The modern fenced play areas are well shaded and provide a variety of playground activities.

DRUSS PARK

LOCATION: This 1.99 acre park is located at the intersect of South Lexington and Prospect Avenue opposite St. Bernard’s Church.

COMMENTS: The Park is naturally separated into three terraces divided by gentle slopes. Each terrace has a flat plateau perfect for leisure opportunities.

MATTISON PARK

LOCATION: This .78 acre park is located in fisher Hill at the intersection of Quinby Avenue and Lynton Place.

COMMENTS: This Park serves as a gathering place for children who enjoy the play areas, court and grassed areas for unstructured play. The new Tot Lot and picnic area were fabulous additions to this neighborhood park.

MITCHELL PLACE TOT LOT

LOCATION: This .13 acre playground is in the Core Area/ Central Business District across from the Community Center on Mitchell Place.

COMMENTS: This fenced playground was designed especially for young children ages PreK-5 years. The park now features a shade canopy over its’ two picnic tables.
TURNURE PARK

LOCATION: This 4.05 acre park is located on a sloping site diagonally opposite Eastview School bordered by Main Street, Canfield Avenue and Lake Street.

COMMENTS: A picture perfect park in a densely populated area of the city. Fall 2016 a new accessible themed playground for both toddler and school aged children opened in this park. Turner Park is a spectacle of beauty in the spring with over 100 Japanese Cherry Trees in bloom. This is the site of our annual Cherry Blossom festival. This park is also the location of our free outdoor BOCCE courts, open year round.

DELFINO PARK

LOCATION: This 17.89 acre park is our largest multiuse park and is located at 110 Lake Street and is the location of Ebersole Ice rink.

COMMENTS: This beautiful flagship park offers many exciting recreational options. Each fall our large fields transform to a community camp ground for residents to experience the great outdoors overnight. Spring, summer and fall bring softball to Delfino Park. See Page 20 for Information on Tennis Facility and Platform Tennis Courts. The park also features a fun accessible play area for children of all ages and abilities.

GARDELLA PARK

LOCATION: This 7.5 acre park is located in the Ferris Avenue and Church Street/Park Avenue neighborhoods with access from Ferris Avenue and from the parking lot of Church Street School.

COMMENTS: Gardella pool is a great way for residents to splash away the summer. Resident Pool pass is required for admission $15 Youth and Seniors, $25 Adults. Guest passes are $6 per visit with a resident adult. This park is the location of our competitive outdoor high school and adult basketball league. Permits are available for large group outings.

GILLIE PARK

LOCATION: This 11.24 acre park is located at the corner of Mamaroneck Avenue and Gedney Way.

COMMENTS: Registration for all Recreation programs is available in the Administration building which is also the location of all staff offices. Additionally, this busy park is known best for its outstanding tennis courts, softball fields and home to the White Plains Little League and the “Field of Dreams”. Preschool programs are abundant in the Gillie Recreation room. See Page 20 for additional information on Tennis permits and Courts.

KITTRELL PARK

LOCATION: This 1.67 acre specialty park is located in Fisher Hill on a multi-level site at the intersection of Fisher Avenue and Irving Place.

COMMENTS: Kittrell pool renovated in 2015 features zero depth entry, lap lanes and expanded swim area. New Summer 2016 outdoor fitness center and accessible playground. Resident Pool pass is required for admission $15 Youth and Seniors, $25 Adults. Guest passes are $6 per visit with a resident adult.

BALDWIN FARM

LOCATION: This 18.5 acre Specialty Park is located in the Woodcrest Heights neighborhood on Hall Avenue.

COMMENTS: Baldwin Farm is devoted to the community gardens, which along with 40 garden plots located at the New York Hospital property off Bryant Avenue; provide residents who might not have their own land an opportunity to garden. Plots may be obtained by contacting the Recreation Administration Office at 914 422-1336.

BARK DOG PARK

LOCATION: This pet friendly park is located on the Main Street extension off of Brockway Place opposite the rear of Delfino Park.

COMMENTS: Dogs with permits are welcome to run around and exercise at our Dog Park. This park features an area exclusively for small or young dogs. All dogs are required to have a current license tag and vaccinations.

Annual fee for usage: $25 per resident Dog, $50 per non-resident Dog

Permits available at White Plains Recreation and Parks with proof of License and Vaccinations.

BRYANT-MAMARONECK PARK

This 8.93 acre circular trail way park is located on the southeast corner of Bryant and Mamaroneck Avenue.
PARK FACILITIES

COMMENTS: The half mile rugged looped trail is perfect for hiking and exploring nature. Seasonal Story walks are presented in the park, for more info see p.7. You may enter and exit the park from Mamaroneck Avenue. Meter parking is available at the City owned Shapham Place lot across Mamaroneck Avenue.

JACK HARRINGTON GREENWAY
LOCATION: This 19 acre linear park trail portion begins at Gedney Way.
COMMENTS: The trail between Gedney Way and Ridgeway is 0.8 miles long. The trail from Ridgeway to the Scarsdale border is 0.5 miles long. The Greenway from Gedney Way south to the Scarsdale line is accessible from Gedney Way and Ridgeway. The Greenway provides a long path for individuals to enjoy walking in a natural setting in a protected area.

JACOB PURDY PARK
LOCATION: This 1.37 acre park is located on Park Avenue south of its intersection with Kirby Terrance.
COMMENTS: It is situated at the top of Purdy Hill on a part of the original 132 acre farm purchased by Jacob Purdy in 1730. In winter, the site commands an excellent view of White Plains and its surroundings to the south and west. The park was developed by the City of White Plains to accommodate the relocation of the historic Jacob Purdy House. The house is used for historical programming and as headquarters of the White Plains Historical Society.

LIBERTY PARK
LOCATION: This waterfront 2 acre park is located on Lake Street on the White Plains Harrison border.
COMMENTS: Residents can enjoy passive recreation, picnicking, hiking and fishing in the 22 acre Silver Lake. A peaceful environment tucked away from the busy downtown Liberty Park lends itself to quiet, contemplative relaxation. Named in honor of city residents who lost their lives on September 11, 2001, this is the site of our permanent monument.

RENAISSANCE PLAZA
LOCATION: This urban passive .36 acre park is located at the key downtown intersection of Mamaroneck Avenue and Main Street.
COMMENTS: The Park features 3 large fountains with decorative lighting, music and water features, and seating on benches, surrounded by shade trees, ground cover and shrubs. Additionally, this landmark location is the site of numerous special events, concerts and ceremonies, most notably our New Year’s Eve Celebration.

RIDGEWAY NATURE TRAIL
LOCATION: This 0.6 mile long trail and the surrounding open space area abut Ridgeway School on Ridgeway. On the north it is bordered by a small dead end street, Seeger Drive.
COMMENTS: The Park is utilized for educational purposes. It also serves as a community resource by providing a 0.5 walking trail to the Scarsdale border. There are several wooden bridges over wet areas.

TIBBITS PARK
LOCATION: This 4.52 acre park composed of seven large median traffic islands is located along North Broadway, running from approximately Lake Street south to Armory Place.
COMMENTS: Colorful annual and perennial plantings installed under the auspices of the White Plains Beautification Foundation grace this park. In spring this park blooms with cherry trees. Passive areas with benches are scattered throughout the park. Two display fountains, three commemorative statues, a gazebo and decorative clock also add to the beauty of these islands.
Registration Form

City of White Plains, Recreation & Parks Department, 85 Gedney Way, White Plains NY 10605

Adult Last Name_________________________________________________ First Name _________________________

Address: ___________________________________________ Apt#: ______ City: _________________________ Zip: ___________

Phone# Day: ___________________ Cell: _________________ Eve: ______________________ e-mail:_______________________

Emergency Contact Name: _____________________________ Emergency# Day: ____________ Cell: __________ Eve:___________

Release of Liability: In consideration of your acceptance of myself or that of my child/ minor (in my legal custody) for participation in the activities/programs/use of facilities of the City of White Plains, I agree that I am aware of the inherent dangers and risk involved in these activities/programs including bodily injury, which may result from strenuous activity or other causes related to the activities/programs. I agree for myself and/or for my child/ minor to release and hold harmless the City of White Plains its officials, officers, agents, employees and volunteers from any against any and all liability, damage or claim of any nature arising out of or in any way related to my participation or that of my child/ minor in these activities/programs except those things caused by the sole negligence of the City. I understand that the City of White Plains does not provide accident or medical insurance and I am financially responsible for any and all medical expenses whatsoever that I or my child/ minor may incur. I have read, understand and agree with the terms of this release.

Signature of Registrant or Parent/Guardian:_____________________________________ Date:___/___/___

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<th>Course #</th>
<th>Participant’s Name (Last, First)</th>
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* Special Accomodation

Total $ ____________

Program Fee: ____________ Amount Paid: ____________ Cash: __ Check #: ____________

Credit Card: Master: __ Vis: ____________ Received By: ____________

White Plains Recreation & Parks

Park Amenities

- Ball Fields
- Basketball Courts
- Boating
- Picnic/Cooking/Grills
- Skating
- Meeting Rooms
- Nature Trails
- Outdoor Concerts/Events
- Historic Site
- Picnic Pavilion
- Playgrounds
- Restrooms
- Swimming Pool
- Tennis Courts
- Track
- Paddle Tennis

“Where to Go, What to Do, Way of Life!”
You can always find FUN on Court Street!

- Farmers Market
- Answer to Cancer 5K Race and Event
- Criterium Bike Race
- Outdoor Yoga Event
- Dancing Under the Stars
- Outdoor Movie