



“THE BIRTHPLACE OF THE STATE OF NEW YORK”
OFFICE OF THE MAYOR

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FOR IMMEDIATE RELEASE:

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SCREENAGERS: NAVIGATING THE DIGITAL AGE
**Are you watching kids scroll through life, with their rapid-fire thumbs
and a six second attention span?**

WHITE PLAINS, NY – September 12, 2018. The White Plains Youth Bureau, the Coalition for Living Wellness, and National Amusements will be screening the nationally acclaimed documentary “SCREENAGERS: Navigating the Digital Age” on Monday, September 24th at 6:00 p.m. at the Cinema Delux Theater (City Center) in White Plains.

Physician and filmmaker Delaney Ruston saw that with her own kids and learned that the average kid spends 6.5 hours a day looking at screens. She wondered about the impact of all this time and about the friction occurring in homes and schools around negotiating screen time—friction she knew all too well.

SCREENAGERS, probes into the vulnerable corners of family life, to explore struggles over social media, video games, academics and internet addiction. Through poignant, and unexpectedly funny stories, along with surprising insights from authors, psychologists, and brain scientists, **SCREENAGERS** reveals how tech time impacts kids’ development and offers solutions on how adults can empower kids to best navigate the digital world and find balance.

The screening will be preceded by a presentation by renowned speaker Dr. David Greenfield, Founder and CEO of the Center for Internet and Technology Addiction. Dr. David Greenfield is also an Assistant Clinical Professor of Psychiatry at the Univ. of Connecticut School of Medicine. He is the author of *Virtual Addiction* and numerous medical journal articles and book chapters; Dr. Greenfield has appeared on CNN, Good Morning America, The Today Show, Fox News, ESPN, NPR and HBO. His work has been featured in U.S. News and World Report, Newsweek, People, Time, Washington Post, Wall Street Journal, & The Economist.

(More)



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There will also be a panel presentation and Q&A with Dr. Joseph Ricca, Superintendent of the White Plains School District, Lesley Beneveniste, Physical Therapist, Joseph Kennedy, high school student.

Tickets for the screening - \$5.00 - cover the cost of brown bag dinners for 2 people. Tickets are available at: <https://screenagerswhiteplains.eventbrite.com> . Flier attached.

For more information, contact Dr. Bhavana Pahwa, Deputy Director, White Plains Youth Bureau at 914-422-1378 or bpahwa@whiteplainsny.gov.

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Join us for a special screening of

SCREENAGERS

DR. DAVID GREENFIELD
Founder, Center for Internet & Technology Addiction
Hartford, CT

GUEST SPEAKER!



Dr. David Greenfield is also an Assistant Clinical Professor of Psychiatry at the Univ. of Connecticut School of Medicine. He is the author of VIRTUAL ADDICTION and numerous medical journal articles and book chapters; Dr. Greenfield has appeared on CNN, Good Morning America, The Today Show, Fox News, ESPN, NPR and HBO. His work has been featured in U.S. News and World Report, Newsweek, People, Time, Washington Post, Wall Street Journal, & The Economist.

SCREENAGERS
reveals how tech time impacts kids' development and offers solutions on how adults can empower kids to best navigate the digital world and find balance.

GROWING UP IN THE DIGITAL AGE

*"The need for moderation holds true in all things, including video games, screen time and the newest social media app. While it is important that we leverage technology to improve our lives, we should not allow it to become all consuming. Screenagers shines a light on the importance of assisting our children in finding digital balance
-- Dr. Joseph Ricca, Superintendent, White Plains School District*

Date: Monday, September 24th Time: 6:00pm
Venue: Cinema Delux, 5 City Place, City Center, White Plains 10601
SCREENING WILL BE PRECEDED BY A PANEL PRESENTATION BY EXPERTS AND Q&A

** Professional Panelists*
Dr. Joseph Ricca, Superintendent White Plains School District;
Lesley Beneveniste, Physical Therapist

Register at: <https://screenagerswhiteplains.eventbrite.com>

Tickets: \$5 covers cost for food for up to 2 people (wrap, chips, cookie, water)

Brought to you by:



screenagersmovie.com   

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