

Programs for People with Differing Abilities

For Teens and Adults

White Plains Recreation & Parks provides a variety of fun, recreation & leisure programs for individuals with developmental disabilities. For further information speak with Matt Hanson, Recreation Supervisor II, 422-1363

How Do New Participants Join the Program?

Before registering for programs, all new prospective participants must complete an intake interview and provide required documentation. To make an appointment, call Matt Hanson, 422-1363.

Registration & Payment

Ongoing at the Recreation Office 85 Gedney Way for resident and non-resident individuals who reside at home with a parent/caregiver:

In addition to the program fee, there may be additional money required for some activities.

Recreation Buddies



We are committed to ensuring that all programs are available to resident youth to participate in regardless of their disability or other barriers that would preclude them from participation. It is our goal to enable all young people to realize their full potential through age appropriate recreation activity. If you feel your child could benefit from a Recreation Buddy to aid in their participation, call Matt Hanson, 422-1363.

Spring Programs

Art -n- Games

Enjoy creating fun art projects, games and other social activities.

Age Group 15 & Older
Day/Time Tuesday, 6 – 8 pm
Course A1 Begins April 9, 12 sessions
Location Community Center, 65 Mitchell Place
Registration Ongoing at the Recreation Office
Fee Resident \$55, Non-Resident \$110

Move & Groove

Musical games, dance movements and fun activities that will get you in the groove.

Age Group 13–21 Years
Day/Time Monday, 5:30–6:30pm
 Begins April 15, 8 sessions
Course M1
Location Community Center, 65 Mitchell Place
Registration Ongoing at the Recreation Office.
Fee Resident \$35, Non-Resident \$70

“Out & About” Social Night

Spend an evening with your friends. Participants will have a variety of fun activities at the Center or go on a community outing. Group meets once a month.

Age Group 18 & Older
Day/Time Friday, 6–9pm
Course O1 O1 April 12, April 26, May 10, May 24, June 7
 July 5, August 2
Location Community Center, 65 Mitchell Place
Registration Ongoing
Fee Resident \$70, Non-Resident \$140

BE PREPARED IN THE EVENT OF AN EMERGENCY

SIGN UP FOR THE SPECIAL NEEDS REGISTRY

The City of White Plains and the Mayor's Advisory Committee for People with Disabilities urge all residents to be proactive and register with Westchester County's Special Needs Registry. This Registry helps White Plains police, fire and other first responders better prepare for your needs during times of emergency. But it can only work if you register!

DO YOU:

- Use life support systems such as oxygen, respirator, ventilator, dialysis, pacemaker, or are you insulin dependent?
- Have mobility disabilities and use a wheelchair, scooter, walker, cane, or other mobility device?
- Have a visual impairment, such as blindness or are you hard of hearing or deaf?
- Have speech, cognitive, developmental or mental health disabilities?
- Use assistive animals or a prosthesis?

WHY REGISTER:

- White Plains first responders will be aware of your medical conditions/disabilities and will be better prepared to assist you during an emergency;
- Accessible shelters will be in place and available to you in the event you are displaced or if your home heating or electric system is down;
- Back-up power sources can be made available for certain types of medical equipment; and
- You will receive a check-up call to assess your situation.

To register with the Westchester County Special Needs Registry and for additional information:
www.westchestergov.com/specialneeds
 Or call 211 to register directly

Swim & Gym

Take a dip in the pool followed by fun activities and sports in the gym.

Age Group 16 & Older
Day/Time Thursday, 6-8pm
Course W1 Begins April 4, 10 sessions
Location White Plains High School, North Street
Registration Ongoing
Fee Resident \$45, Non-Resident \$90

Programs for People with Differing Abilities

Summer Programs

Bingo Night

Spend an evening with your friends. Enjoy a fun evening playing a variety of BINGO games. Prizes awarded.

Age Group	15 & Older
Day/Time	Tuesday, July 9 & August 6, 6 – 8pm
Course	B1 7/10 & 8/7
Location	Community Center, 65 Mitchell Place
Registration	Ongoing
Fee	Resident \$20, Non-Resident \$40

Dinner & Dancing Under the Stars

Dinner followed by dance and fun with friends.

Age Group	15 & Older
Day/Time	Wednesday, July 10, 6-9pm
Course	DD
Location	Community Center, 65 Mitchell Place
Registration	Ongoing
Fee	Resident \$10, Non-Resident \$20, Dinner cost extra.

Mini-Golf Picnics

Take in the summer and spend an evening with your friends playing golf and enjoying a picnic supper. Supper included in fee.

Age Group	15 & Older
Day/Time	Wednesday, 6–8pm, July 17 & August 14
Course	M6
Location	Saxon Woods Park
Registration	Ongoing
Fee	Resident \$20 Non-Resident \$40



Summer Movie Night

Catch a summer block buster with friends. Dinner is on your own at the theater. Bring money for your movie admission.

Age Group	15 & Older
Day/Time	Thursday, June 22, July 11, August 8, 6–10pm
Course	SM
Location	Community Center, 65 Mitchell Place
Registration	Ongoing
Fee	Resident \$30, Non-Resident \$60

Special Olympic Bowling Training & Competition

Programs are designed for participants to learn the specified sports skills and to train for team competition. **A current Special Olympics Registration & Medical Form is required to participate and is required with the program registration. * See SO Coordinator for forms.**

Age Group	15 & Older
Day/Time	Wednesday, April 3, 6–8 pm
Course	B3
Location	Bowlmar, Tarrytown Road
Registration	Ongoing
Fee	Resident \$55, Non-Resident \$100, 12 Sessions
Bowling Fee	Payable at Bowlmar, Additional Charge TBA
Competition	Bowling Competition in October.

Summer Bowling

Program is designed for participants to learn the specified sports skills and have Fun !

Age Group	15 & Older
Day/Time	Monday, June 24, 6–8 pm
Course	B4
Location	Bowlmar, Tarrytown Road
Registration	Ongoing
Fee	Resident \$35, Non-Resident \$70, 8 Sessions
Bowling Fee	Payable at Bowlmar, Additional Charge TBA



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