

# SENIOR CAFÉ HOT MENU/JANUARY 2020

For reservations, please call 422.1423 before 4pm the day before. For Mondays call on Fridays.

			<b>THURS.1/02/20</b>	<b>FRIDAY 1/03/20</b>
			Veal & Mushrooms, buttered noodles, French style green beans, orange juice, milk, whole grain bread, seasonal fresh fruit	Chicken Cordon Bleu, Gravy, Herb roasted potatoes, citrus honey carrots, milk, dinner roll, carrot cake, fresh or canned fruit
<b>MON. 1/06/20</b>	<b>TUES. 1/07/20</b>	<b>WED. 1/08/19</b>	<b>THURS.1/09/20</b>	<b>FRIDAY 1/10/20</b>
Chicken Cutlet Francese Sauce, Buttered Orzo, Carrots, Milk, Multigrain Bread, Sliced Peaches	Roast Turkey, Gravy, Sweet Potatoes, Spinach, Milk, Dinner Roll, Oatmeal Cookies, Fresh or Canned Fruit	Salmon Loaf, Dill Sauce, Lentil Pilaf, Mixed Vegetables, Milk, Seedless Rye Bread, Seasonal Fresh Fruit, L.S. Chken NoodleSoup	Chicken Cacciatore, Linguini with tomato sauce, Broccoli Florets, Milk, Italian Bread, Mandarin Orange Segments	Beef Stew, mashed Potatoes, Tossed Salad, milk, Whole Grain Bread, Apple Pie, Fresh or Canned Fruit
<b>MON. 1/13/20</b>	<b>TUES. 1/14/20</b>	<b>WED. 1/15/20</b>	<b>THURS. 1/16/20</b>	<b>FRIDAY 1/17/20</b>
Knockwurst, Sauerkraut, Baked Beans, Mixed Vegetables, Milk, Hot Dog Roll, Mandarin Orange Slices	Stuffed Shells, tomato Sauce, Broccoli Florets, Tossed Salad with Chickpeas, Milk, Italian Bread, Pineapple Chunks	Roast Turkey, Gravy, Mushroom and Onion Stuffing, Creamed Spinach, Milk, Seedless Rye bread, Seasonal Fresh Fruit, Cranberry Sauce	Boneless Breaded Pork Chop, Gravy, Mashed Sweet Potatoes, Green Beans, Milk, Dinner Roll, Vanilla Pudding, Fresh or Canned Fruit	Crispy Baked Fish, Buttered Carrots, Corn Nibbles, Milk, Whole Wheat bread, Mango Chunks
<b>MON. 1/20/20</b>	<b>TUES. 1/21/19</b>	<b>WED. 1/22/19</b>	<b>THURS. 1/23/19</b>	<b>FRIDAY 1/24/19</b>
<b>CENTER CLOSED IN HONOR OF DR. MARTIN LUTHER KING DAY</b>	Veal and Mushrooms, Gravy, Mashed Potatoes, Peas, Milk, 12 Grain Bread, Seasonal Fresh Fruit, L.S. Tomato Soup	Crispy Bkd Chicken, Gravy, Macaroni and Cheese, Collard Greens, Grape Juice Milk, Cornbread, Coconut Sheet Cake, Fresh or Canned Fruit	Baked Tilapia Fillet, Lemon Butter Sauce, Cheesy Grits, Carrots, Milk, Pumpnickel Bread, Sliced Peaches	Italian Meatballs, Tomato Sauce, Spaghetti, Broccoli Florets, Orange Juice, Milk, Italian Bread, Pitted Prunes
<b>MON. 1/27/20</b>	<b>TUES. 1/28/20</b>	<b>WED. 1/29/20</b>	<b>THURS. 1/30/19</b>	<b>FRIDAY 1/31/20</b>
Salisbury Steak, Gravy, Mashed Potatoes, Mixed Vegetables, Milk, Multigrain Bread, Mango Chunks	Honey Garlic Chicken and Broccoli, Brown Rice, Oriental Vegetable Medley, Milk, Dinner Roll, Fruited Gelatin,	Stuffed Shells, Tomato Sauce, Spinach and Garlic, Tossed Salad with Chickpeas, Milk, Italian Bread, Fruit Cocktail	Beef Stew, Buttered noodles, Carrots, Pineapple Juice, Milk, Wheat Bread, Apple Slices	Quiche Lorraine, Stewed Tomatoes, Sautéed Zucchini, Milk, Rye Bread, Vanilla Sheet Cake w/icing, Fresh or Canned Fruit