TO ALL OUR RESIDENTS

The White Plains Recreation & Parks Department has worked diligently to offer programs that will enable you and your family to participate safely and enjoyably this fall season.

We are following all applicable state guidance and implementing all required health and safety protocols for our staff, our instructors, and for you, our participants. We are sanitizing our equipment, bathrooms and facilities in accordance with state guidelines.

Your health is our number one priority

While the enclosed guide offers programs that can provide health benefits, it is important that you also follow the steps below to protect yourself and others from COVID-19.

DO

• Visit parks that are close to your home.
• Check in advance to prepare safely and to find out if the bathroom facilities are open and what services are available before heading out.
• Stay at least 6 feet away from others who you do not live with ("social distancing") and take other steps to prevent COVID-19.
• Carefully consider use of playgrounds, and help children follow guidelines, sanitizing hands often.
• Play it safe and always wear a face covering around others not in your family group.
• Wash your hands before and after you go outdoors.

DON’T

• Visit parks if you are sick with, tested positive for COVID-19, or know you were recently exposed to COVID-19.
• Visit crowded parks or organize group outings in the parks.
Table of Contents

- General Program Information
- La informacion de la matricula
- Map & Index of Park Facilities
- Pre-School Programs
- Programs for People With Differing Abilities
- Ebersole Ice Rink
- Adult Programs
- 60 + Adult Programs
- Special Events

Recreation & Parks Office Hours:
Mon - Fri 8:30am - 4:30pm
Sat 9am - noon
Information: 422-1336

Community Center Office Hours:
Mon - Fri 8am - 4pm
Information: 422-1423
Cancellations: 422-1302
www.cityofwhiteplains.com

*Recreation Office Closed on the Following Saturdays
November 28, December 26
All registration fees are payable at the time of registration. Class sizes are limited, so register early! Payment can be made by cash, check or credit card (MasterCard, Visa, or American Express). Please make checks payable to “The City of White Plains”. Financial assistance may be available to qualified applicants. Federal Income Tax Form 1040 tax year 2019 or proof of SSI or SSD. 

No Scholarships available for nonresidents.
In-Person registration @ the Community Center starts after 11am daily.

A $20 fee will be charged for all returned checks

Online Registration for All Programs!
Mail –in, Walk-in, Call-in or register online at: https://register.capturepoint.com/WhitePlainsCityof

Refund Policy
Refunds are issued only for the following reasons:
A full refund will be issued for any program cancelled by Recreation & Parks. A refund request because of illness or accident must be submitted in writing and accompanied by a doctor’s note. Refunds will be prorated based on the date received, with a 10% service charge.

Cancellation Policy
In case of inclement weather, cancellations will be announced on the Recreation & Parks Hotline at 422-1302, and on radio station WHUD FM (100.7). All efforts will be made to reschedule classes canceled due to weather conditions or scheduling conflicts. However there is no refund or pro-rated fee due to missed classes.

White Plains Recreation & Parks Alerts
The City Of White Plains is encouraging residents to sign up for Recreation & Parks Dept. alerts (“Rec Alerts”) in order to receive information and updates about Rec & Parks Dept. programs and activities, including weather related schedule changes.

Sign up is quick and easy. Go to this link: https://www.cityofwhiteplains.com/recalerts then click “Notify Me’ in the right hand column. Type in your email address and then go to the Alert Center category “look for the red dot” and click on the method by which you would like to receive alerts (email, text message or both). And that’s all! Stay in the know with Rec Alerts
Registracion de Programas

**Registracion de Programas**

**Alerts de Parques y Recreo**
La Ciudad de White Plains está alentando a los residentes a inscribirse en las alertas del Departamento de Recreación y Parques (“Alertas de Rec”) para recibir información y actualizaciones sobre los programas y actividades del Departamento de Recreación y Parques, incluidos los cambios de horario relacionados con el clima.

Registrarse es rápido y fácil. Vaya a: https://www.cityofwhiteplains.com/recalerts y luego haga clic en “Notificarme” en la columna de la derecha. Escriba su dirección de correo electrónico y luego vaya a la categoría del Centro de alertas “busque el punto rojo” y haga clic en el método por el cual desea recibir alertas (correo electrónico, mensaje de texto o ambos). ¡Y eso es todo! Manténgase informado con Rec Alerts

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**POLÍTICA DE REEMBOLSO**

Los reembolsos se emiten solo por las siguientes razones:
- Se emitirá un reembolso completo por cualquier programa cancelado por el Departamento de Parques y Recreo. Una solicitud de reembolso por enfermedad o accidente debe presentarse por escrito y acompañada de una nota del médico. Los reembolsos se prorratearán según la fecha de recepción, con un cargo por servicio del 10%.

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**Política de Cancelación**

En caso de mal tiempo, las cancelaciones se anunciarán en la línea Directa de Parques y Recreo en 422-1302, y en la estación de radio WHUD FM (100.7). Se harán todos los esfuerzos para reprogramar las clases canceladas debido a condiciones climáticas o conflictos de horarios. Sin embargo, no hay reembolso o tarifa prorrateada debido a clases perdidas.

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**Pruebas Aceptables de Residencia: Adulto:**
Licencia de conducir, facturas de servicios públicos, arrendamiento, o cheques cancelados. Joven: Tarjeta de identificación de la escuela, tarjeta de biblioteca, permiso de conducir o licencia de conducir. Joven sin identificación debe ser acompañado por uno de sus padres. Un residente es una persona que vive en la Ciudad de White Plains. Ser dueño de una propiedad en White Plains no califica necesariamente a una persona como residente.

**Nota:** El Departamento de Parques y Recreo se reserva el derecho de cancelar un programa o ajustar la tarifa antes de la fecha en que comienza el programa.

[www.cityofwhiteplains.com](http://www.cityofwhiteplains.com)
**Arts & Crafts “Sticky Fingers”**

Art & Crafts Class

Session I Begins Monday, September 21
12:45 - 1:30 pm, 3 - 4 years old w/ caregiver & 1:45 - 2:30 pm, 4 - 5 years old, (children only), in the Gillie Room.

Session II Begins Monday, November 16
12:45 - 1:30 pm, 3 - 4 years old w/ caregiver & 1:45 - 2:30 pm, 4 - 5 years old, (children only), in the Gillie Room.

Fee: $75 - 6 Sessions

**Funtastic Fitness**

An introduction to fitness through aerobics, calisthenics and movement games.

Session I Begins Wednesday, September 23
10-11 am, 3 - 5 years old (children only), in the Gillie Room

Fee: $75 - 6 Sessions

Session II Begins Wednesday, November 4
10-11 am, 3 - 5 years old (children only), in the Gillie Room

Fee: $75 - 6 Sessions

**Pre-Ballet**

Children learn about rhythm, balance and stretching, and classic ballet moves.

Session I Begins Thursday, September 24
4:30-5:15 pm or 5:30-6:15 pm, 4 - 6 years old (children only), in the Gillie Room

Fee: $60 - 6 Sessions

Session II Begins Thursday, November 5
4:30-5:15 pm or 5:30-6:15 pm, 4 - 6 years old (children only), in the Gillie Room

Fee: $60 - 6 Sessions

**Smart Start Sports**

This program creates a solid foundation for sports activities for children.

Begins Saturday, October 3
3-5 years with caregiver) 9:00 - 9:45 am or 10:00 - 10:45 am, on the Gillie Field

Fee: $60 - 5 Sessions

**US Sports Institute**

Please register at Recreation office or www.usportsinstitute.com

**Multi-Sports Squirts**

Children will have the opportunity to try a variety of different sports.

Begins Tuesday, September 22
2:30 - 3:15 pm or Wednesday September 23, 3:30 - 4:15 pm, 3 - 4 years, at Delfino Park

Fee: $125 - 7 Sessions

**Soccer Squirts**

Learn the fundamental skills of soccer.

Begins Wednesday, September 23
2:30 - 3:15 pm, 3 - 4 years, at Delfino Park Field

Fee: $125 - 7 Sessions

**T-Ball Squirts**

Participants will develop their skills in hitting, throwing and fielding.

Begins Tuesday, September 22
3:30 - 4:15 pm or 4:15 - 5:00 pm & 5:00 - 5:45 pm

Wednesday, September 23, 4:30 - 5:15 pm 3 - 4 years, at Delfino Park Field

Fee: $125 - 7 Sessions

**T-Ball - Senior Squirts**

Players will develop their skills in hitting, throwing, base running and fielding

Begins Tuesday, September 22
4:15 - 5:00 pm or 5:00 - 5:45 pm, at Delfino Park Field

Fee: $125 - 7 Sessions

“Where to Go, What to Do, Way of Life!”
**Youth Programs**

**Ballet & Jazz**
Designed for children who want to explore a blend of ballet and jazz movements.

**Session I Begins Tuesday, September 22,**
5-6 pm, in the Gillie Room

Fee: $60 - 6 Sessions

**Session II Begins Tuesday, November 10,**
5-6 pm, in the Gillie Room

Fee: $60 - 6 Sessions

**Bronze Dragon Academy Kempo**
Chinese Kempo focuses on physical fitness, coordination & self-discipline. Students will progress through belt ranks.

**Begins Friday, October 2**
4:30 - 5:15 (Ages 3 - 5) & 5:30 - 6:30 pm (Grades 1 - 5) in the Gillie Room

Fee: $100 - 6 Sessions please register at Recreation office.

**Cheerleading**
Learn the techniques and team spirit necessary to be a top cheerleader.

**Session I Begins Tuesday, September 22**
6:30 - 7:30 pm in the Gillie Room.

Fee: $75 - 6 Sessions

**Session II Begins Tuesday November 10**
6:30 - 7:30 pm in the Gillie Room

Fee: $75 - 6 Sessions

**Hip-Hop**
Children will have a great time learning how to move to different rhythms and beats.

**Session I Begins Monday, September 21**
4:30 - 5:30 or 5:45 - 6:45 pm, Grades 1 - 5 in the Gillie Room

Fee: $60 - 6 Sessions

**Session II Begins Monday, November 16**
4:30 - 5:30 or 5:45 - 6:45 pm, Grades 1 - 5 in the Gillie Room

Fee: $60 - 6 Sessions

**My Art Treasure/Creative Explorations**
Children will enjoy and experience different art mediums.

**Session I Begins Wednesday, September 23**
4 - 5pm, Grades 1 - 4, in the Gillie Room

Fee: $65 (supplies Included) 6 Sessions

**Santa’s Mailbox**
Write your special letter to Santa, place it in an envelope addressed to SANTA, NORTH POLE, and drop it in the Special Santa Mailbox on the steps of City Hall. Remember to include your return address so Santa can send you a personalized reply!
No stamp needed. November 25 to December 14

**StoryWalk**
An exciting initiative that combines a children’s story with a nature walk through Bryant-Mamaroneck Park. Children follow each page of the story as they walk the path. Story changes every 6-8 weeks.

Municipal parking available at the Mamaroneck Ave. Lot, behind Dunkin Donuts. Now – October 31, during normal park hours

**Basketball Instruction**
Our programs introduce players to the fundamentals of basketball and skill development. Program begins Saturday, November 7th, for age’s K-2nd grade at Church Street School, Gymnasium.

Fee: $80- 6 Sessions. No Session 11/28

<table>
<thead>
<tr>
<th>Grade</th>
<th>Session Time</th>
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</thead>
<tbody>
<tr>
<td>K</td>
<td>9-10am</td>
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<tr>
<td>Grade K</td>
<td>10:10-11:10am</td>
</tr>
<tr>
<td>Grade 1</td>
<td>11:20-12:20pm</td>
</tr>
<tr>
<td>Grade 2</td>
<td>12:30-1:30pm</td>
</tr>
<tr>
<td>Grades 1 &amp; 2</td>
<td>1:40-2:40pm</td>
</tr>
<tr>
<td>Grades 1 &amp; 2</td>
<td>2:50-3:50pm</td>
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</tbody>
</table>
YOUTH SPORTS PROGRAMS

SOCCER

LITTLE KICKERS INSTRUCTION PROGRAM
Our programs introduce players to the fundamentals of Soccer and skill development. Participants will partake in drills, fun games, and mini scrimmages. Players must wear shin guards to every class.

ALL SATURDAY INSTRUCTIONAL PROGRAMS ARE LEAD BY A NYCFC INSTRUCTOR

Begins Saturday, September 26th at George Washington Elementary School

Fee: $85 - 6 Sessions

Pre Kickers
Pre-Kindergarten
P1 9 - 10am
P2 1 - 2:00pm

Kinder Kickers
Grade K
K1 10:20am - 11:20am
K2 2:20pm - 3:20pm

First Kickers
Grade 1
F1 11:40am - 12:40pm
K2 2:20pm - 3:20pm

New York City Football Club (NYCFC) is a professional soccer team that also offers youth instructors. NYCFC will be bringing new and exciting drills to our soccer program.

Co-ed Soccer Leagues
Our co-ed soccer leagues give players the opportunity to hone their skills and compete in a semi competitive setting. Teams will practice for roughly 45 minutes and then play a game for 45 minutes, all on Saturdays. Players must wear shin guards to every session.

Begins Saturday, September 26th at George Washington Elementary School and Highlands Middle School. Start time varies week to week.

For grades 2, 3-4, and 5-6. VOLUNTEER COACHES ARE NEEDED! email mquatran@whiteplainsny.gov

Fee: $90-6 Sessions

Sunday Stars Instructional Program
Athletes will be introduced to the game of soccer and the various skills needed to play. They will practice the first half of the session and then be divided into teams to scrimmage. Grades K-6 Sunday

Sunday, September 27 at Parker stadium / Highlands Middle School

Fee: $90-6 Sessions

Grades K-2 10am-11:30am

Grades 3 – 6 Noon-1:30pm

Quick Start Tennis
Quick Start tennis is a program designed to instruct children Grades 1-3 at the beginner level in the skills needed to play and most of all enjoy the game of tennis. All equipment for this program is provided. Class meets on Wednesday & Thursdays

Begins Wednesday, September 23, at Gillie Courts 5:30-6:30pm.

Fee: $150- 6 Sessions

Tennis Instruction
Instructional program designed for the beginner as well as the more advanced players in Grades 4-9, Class meets on Monday & Tuesday,

Begins Monday, September 21, at Gillie Courts 5:30-6:30pm

Fee: $150-6 Sessions

Track & X Country

This program is for Boys & Girls Grades 3-8, Class meets at Highlands Middle School, Parker Stadium Track. Monday/ Wednesday OR Tuesday/Thursday, 5:30-6:30pm

Begins Monday, September 21

Begins Tuesday, September 23

Fee: $64-8 Sessions

"Where to Go, What to Do, Way of Life!"
Teens and Adults

White Plains Recreation & Parks provides a variety of recreational fun & leisure programs for individuals with developmental disabilities. We are committed to providing facilities and programs which meet the needs of our residents. For more information regarding accessibility at our parks visit our website at www.whiteplainsny.gov for program information contact Darren Valdes, Recreation Supervisor, 422-1347.

How Do New Participants Join the Program?
Before registering for programs, all new prospective participants must complete an intake interview and provide required documentation.
To make an appointment, call Darren Valdes, 422-1347

Registration & Payment
Ongoing at the Recreation Office 85 Gedney Way for resident and non-resident individuals who reside at home with a parent/caregiver.
In addition to the program fee, there may be additional money required for some activities.

Art -n- Games
Tuesday, 6 – 8pm
Session I Begins September 22
Fee: Residents $50 Non-Residents $60 - 5 sessions
Session II Begins October 27
Fee: Residents $50 Non-Residents $60 - 5 sessions

Ping Pong
Monday, 5:30–6:30pm
Session I Begins September 21
Fee: Residents $10 Non-Residents $20 - 5 sessions
Session II Begins November 9
Fee: Residents $10 Non-Residents $20 - 5 sessions

Movie Night
Saturday, 7–9pm @ The Community Center, 65 Mitchell Place
9/26, 10/17, 11/14, 12/12
Fee: Residents $40 Non-Residents $50

Social Night
Friday, 7–9pm @ The Community Center, 65 Mitchell Place
9/11, 9/25, 10/9, 10/23, 11/6, 11/20, 12/4 12/18
Fee: $96 Non-Residents $115

These programs are for ages 15 & older meeting at the Community Center, 65 Mitchell Place.
Ebersole Ice Rink located in Delfino Park, Lake Street.

Phone: 422-1390.

Rink opens early October (Weather permitting).

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**2020 - 2021 Public Session Schedule:**

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>Friday</td>
<td>3:00-5:00 pm, 5:30-7:30pm, 8-10pm</td>
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<tr>
<td>Saturday</td>
<td>1:30-3:30pm</td>
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<tr>
<td>Sunday</td>
<td>8:30-10:15am (Adults Only), 1:30-3:30pm</td>
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**Holiday Schedule**

- Thanksgiving Day CLOSED
- OPEN Friday November 27, Saturday November 28th, & Sunday November 29 Regular weekend session times
- Christmas Eve/Day CLOSED
- OPEN Saturday, December 26 till Wednesday, December 30, 1-3:00pm
- New Year’s Eve CLOSED

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**Family Admission Rates**

- Youth: $8
- Adult: $10
- Senior: $5
- Youth Coupons-10 Coupons $70
- Adult Coupons-10 Coupons $90
- Skate Rentals $5.00
- Skate Sharpening $10.00

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**Skate with Frosty the Snowman!**

Sunday, December 20th, 1:30-3:30pm (REGULAR ADMISSION)

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**Figure Skating Group Class Offerings**

**Free Skating Day**

Friday, October 23rd 3-5pm or 5:30-7:30pm. Come meet our skate school staff and explore your options to learn to skate, from our skate school staff and have the opportunity to register for Session 1. Rentals not included. All Skate School participants must wear HELMETS.

**Group Lessons**

<table>
<thead>
<tr>
<th>Session</th>
<th>Program</th>
<th>Fee</th>
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<tbody>
<tr>
<td>1</td>
<td>4-week</td>
<td>$80.00</td>
</tr>
<tr>
<td>2</td>
<td>6-week</td>
<td>$120.00</td>
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One (1) thirty-minute lesson, once a week.

**Group Class Descriptions and Times of Classes**

Please check skate school booklet.

Visit www.cityofwhiteplains.com Ebersole Rink for Booklet

**Registration**

Registration will be online or in person at Recreation and Parks. For more information, contact Amy at 914 523-1106 or amancini@whiteplainsny.gov

**Session I: October 30 - November 22**

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>Friday</td>
<td>3pm, 3:45pm, 4:30pm, 5:30pm, 6:15pm, 7pm</td>
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<tr>
<td>Saturdays</td>
<td>4pm, 4:45pm</td>
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<tr>
<td>Sundays</td>
<td>9am, 9:45am</td>
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**Session II: December 4 – January 24**

**Session III: Dates TBD**

Choose Times based on Class offerings on Friday, Saturday or Sunday for Sessions 1, 2, and 3

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**Hockey Group Class Offerings**

**New York Rangers Learn to Play programs**

**Learn to Play**

Learn to Play is an introductory program that teaches new players the basic skills of skating, stick-handling, passing and shooting. For more Information please visit NYRangers.com/Junior

**Rookie League**

With the basics covered, the Rookie League offers youth players the chance to put their skills to the test in a fun and competitive environment. For more Information please visit NYRangers.com/Junior

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“Where to Go, What to Do, Way of Life!”
Adult Programs

Tennis - Platform Tennis
Open play, follows Ebersole Ice rink schedule.

Age Group 16 & Over
Day/Time Courts open 9am-9pm daily
Location Delfino Park, 2 Courts, first-come first-served
Registration Permit/Guest coupons available for purchase when ice rink is open, $25 per coupon book of 5
Fee Season pass Adult $110, Senior Citizens $80, Non-Resident $200, courts closed city holidays

Tennis - Instruction
Instructional program designed for the beginner as well as the more advanced player. 18 & Older. Class is on Monday & Tuesday, Begins Monday, September 21, at Gillie Courts 6:45-7:45pm.
Fee $150-6 Sessions

Arts & Leisure

Fine Art Workshop
Explore and learn the fundamentals and techniques to work with watercolor, colored pencil, pastels or collage. Students will choose an art form, and purchase supplies. Supply list is provided at registration.

Session I Begins September 14
10:15am - 12:15pm or 12:30 - 2:30pm
Fee: $28-6 Sessions

Session II Begins Monday, November 9
10:15am - 12:15pm or 12:30 - 2:30pm
Fee: $28-6 Sessions

Knitting & Crochet for Everyone
All levels of skill welcomed. Beginners receive basic instruction and should bring one skein of yarn and knitting or crochet needles.

Session I Begins Thursday, September 17
10:15am - 12:15pm or 12:30 - 2:30pm
Fee: $28-6 Sessions

Session II Begins Thursday, October 29
10:15am - 12:15pm or 12:30 - 2:30pm
Fee: $28-6 Sessions

Memoir Writing
This class will help you communicate your experiences in writing creating a clear and compelling.

Session I Begins Tuesday, September 15
10:30am - 11:45pm
Fee: $5-6 Sessions

Session II Begins Tuesday, October 27
10:30am - 11:45pm
Fee: $5-6 Sessions

Health & Fitness

Physical Activity Levels
Health & Fitness classes are defined by the minimum physical skills required to participate in the activity. REMINDER: Consult your physician before participating in a fitness program. For comfort and ease of movement, dress warm up clothes and appropriate foot wear.

Level 1 movement done in a sitting position only
Level 2 movement done in a sitting position or standing position with support from a chair
Level 3 movement done in a standing position with or without the support of a chair
Level 4 movement done in a standing position without support of a chair, with high level skills in agility, balance and coordination, ability to get down and up from the floor.
Adult Programs

Gentle Yoga – Level 2
Improve strength; improve flexibility; improve coordination; reduced stress and improve mental clarity; improve pain management.

Session I Begins Tuesday, September 15
10:30am - 11:15am
Fee: $28-6 Sessions

Session II Begins Tuesday, October 27
10:30am - 11:45am
Fee: $28-6 Sessions

Mat Yoga – Level 4
Instructor will offer modifications to make poses more accessible for those who would like to practice in a supported way. Bring your own mat.

Session I Begins Tuesday, September 15
9:30am - 10:15am
Fee: $28-6 Sessions

Session II Begins Tuesday, October 27
9:30am - 10:15am
Fee: $28-6 Sessions

Sit Down & Tone Up – Level 1 Exercise Video
Feel the benefits of strength training from the comfort of your chair.

Tuesday & Thursday
12:30 - 1:15pm
Fee: FREE. Ongoing Begins September 15

Sit & Get Fit – Level 1 Exercise Video
Get a great workout while sitting in your seat.

Monday & Wednesday
12:30 - 1:15pm
Fee: FREE. Ongoing Begins September 14

Chair Dancing – Exercise Video – Level 1
Tone muscles and improve flexibility while dancing from your chair to music through the decades.

Wednesday
9:30- 10:30am or 10:30 - 11:30am
Fee: FREE. Ongoing begins September 16

ZUMBA Toning – Level 4 (New Day)
Fun and energetic routines, featuring aerobic training with a combination of weights for toning and sculpting while moving to international and world rhythms.

Session I Begins Thursday, September 17
9:30am - 10:15am or 10:30-11:15am
Fee: $28-6 Sessions

Session II Begins Thursday, October 29
9:30am - 10:15am or 10:30-11:15am
Fee: $28-6 Sessions
About the White Plains Recreation & Parks 60+ Program

All programs and services can be accessed at the White Plains Recreation & Parks Community Center, 65 Mitchell Place. Metered parking is available on Mitchell Place or in the City Center Parking Garage located on Martine Ave. and Main Street. New hours of operation are Monday - Thursday, 8am - 4pm. For more information, call 422-1423.

The Center Café, Transportation, Support and Wellness Programs are partially funded through the US Department of Health and Human Services, the New York State Office for the Aging and the Westchester County Department of Senior Programs and Services.

The Center Café - The center serves a nutritious hot lunch from Monday-Thursday, from 11:30am–noon for a $3.00 suggested contribution. A frozen meal can be provided for Friday. Meal reservations must be made in advance before 3:30pm the previous business day by calling 422-1423. You may also make a reservation for one week at a time.

Center Transportation Services - Center Bus service is available, door to door, to and from your home (24 hour reservation required). Reservations can also be made for a week at a time. Bus pick up schedule: 8:45am (for North End of City) & 9:45am (for South end of City). Bus departure schedule: 12:45pm (for North End of City) & 1:30pm (for South end of City). Fee is a $1.00 suggested contribution per one-way service. For reservations call 422-1423.

Grocery Shopping-Fridays - (Shop for one hour). Bus pick up is between 9 & 10am and will drop you off at Shop Rite. The bus will then pick you up from Shop Rite and return you to your home.

Senior Citizens Advisory Committee (The SCAC is a non-partisan and non-sectarian organization not affiliated with the City of White Plains.) The purpose of the SCAC is to enrich the lives of senior members of the community through supporting programs and activities for older citizens and creating a positive impact in their quality of life. Feel free to speak with any committee member with suggestions that you may have: Malcolm Baehr, Diane Bloom, Matthew Coffey, Jean Cortalano, Sue Demarsico, Kathy Ferri, Jane Prout, Agnes Scheu, Bari Schulman.

60+ Program Meeting is an open meeting to discuss Community Center programs and activities. 12:15- 1:00pm, check the monthly online calendar for dates.

Cafetería y Transportacion - El Centro sirve un nutritivo almuerzo de lunes a jueves de 11:30 am. a 12 pm. Contribución sugerida: $3.00. Se le puede proveer con una comida congelada para el viernes. Se ofrece transporte de ida y vuelta de su casa al Centro. Contribución sugerida: $1.00 cada vía. Horario de buses: Recogida: 8:45am y 9:45am; Vuelta a casa: 12:45 & 1:30pm. Para almuerzo y transporte debe reservar antes de las 3:30pm el día laboral previo. Llamar al 422-1423. Puede hacer reservaciones para toda la semana.

Transportación para ir al Supermercado - Shop Rite - Viernes (nuevo día) - (1 hora para hacer compras) - El bus le recoge entre 9 y 10am en su casa y le deja en Shop Rite. El bus le recoge en Shop Rite de vuelta a casa.

Aging & Life Transitions
Join this open discussion group and explore and share experiences related to the process of aging.

Tuesdays 12:15 - 1pm, 9/15, 9/29, 10/13, 10/27, 11/10, 11/24, 12/8, 12/22
Fee: FREE

Bingo & Pizza at the Park
Free bingo games, prizes and pizza at Delfino Park.
Friday, September 25 from 10:30am to 1:30pm. Must pre-register by 9/23. Limited transportation available. Call 422-1423.

ZOOM Bingo
The Center is looking into providing on-line BINGO. Day and time to be announced. If you are interested in participating or want to find out more about ZOOM BINGO please call 422-1423.

Live 2 Be Fit - Level 3
Class sponsored by Westchester County Department of Senior Programs and Services & the YWCA. Strengthen your balance, muscle support and build cardiovascular endurance to help stay active and fit.

Session I Begins Monday, September 14
9:30-10:15am - or 10:30 - 11:15am
Fee: FREE-6 Sessions

Session II Begins Monday, November 9
9:30-10:15am - or 10:30 - 11:15am
Fee: FREE-6 Sessions

Grupo Social Hispano y Almuerzo
Compartan y socialicen con otras personas de habla hispana mientras disfrutan del almuerzo. Miércoles, 11am -12:30 pm. Deben inscribirse para el almuerzo 24 horas antes. Costo del almuerzo: $3 (contribución sugerida) para las personas de 60 o mas: $5 para menores de 60.

Movies and Lunch
Join us for a movie, lunch and popcorn.

Tuesdays

Welcome Back Picnic
Enjoy an exercise class, cold lunch and music at Delfino Park. Friday, September 11 from 10:30am-1:30pm. Must pre-register by 9/8. Limited transportation available. Call 422-1423.
**Special Events**

**Farmers Market**
Fresh food, fruits, vegetables and plants are on sale to the public.
**Daytime:** Wednesdays, 8am-2pm through Nov 25. **Location:** Court Street

**Dog Days of Summer**
Come join us for our “Dog Swim” at Kittrell Pool, Free to White Plains Dogs with advance reservations.
**Call 422-1336. Must have dog license**
**Thursday, September 3, 5-6:15pm or 6:30-7:45pm**

**Outdoor Movie Screening**
Pack some dinner, Bring a chair and drive over to White Plains High School to enjoy a showing of the blockbuster hits
**Moana** Saturday, September 12, 7:15pm
**Jumanji “The Next Level “** Saturday, September 26, 7:15pm
Advance registrations required beginning 9/1/20 fee: $10 per car, plus a service fee.
**Online Reservations:** //https://moanawphs.eventbrite.com and //https://jumanjiwphs.eventbrite.com

**A Day of Remembrance**
This event pays homage to all who lost their lives. Friday September 11 join us virtually beginning @ 9am to commemorate.
The **annual 9-11 Blood Drive will be hosted by the Thomas H. Slater Center in collaboration with the City of White Plains. The event is scheduled for September 11 from 1 p.m. - 5 p.m., at 2 Fisher Court White Plains.**
**http://whiteplainsny.swagit.com/specialty**
**and**
**http://wpcommunitymedia.org/community-events**

**Veteran’s Day**
White Plains will commemorate Veteran’s Day on Wednesday, November 11th with a virtual ceremony sponsored by the Mayor’s Memorial and Veteran’s Day Board. For additional information call 422-1339.


“Where to Go, What to Do, Way of Life!”
City Schools
1 Church Street School
2 Eastview School
3 George Washington School
4 Highlands School
5 Mamaroneck Avenue School
6 Post Road School
7 Ridgeway School
8 White Plains High School

Parks & Playgrounds
9 Baldwin Farm
10 Battle Hill Park
11 Battle-WP Park
12 Bryant-Mamaroneck Park
13 Chatterton Playground
14 Delfino Park
15 Druss Park
16 Gardella Park
17 Gillie Park
18 Jacob Purdy Park
19 Kitrell Park
20 Renaissance Plaza
21 Mattison Park
22 Mitchell Place Tot Lot
23 Ridgeway Nature Trail
24 Liberty Park
25 Jack Harrington Greenway
26 Tibbits Park
27 Turnure Park
28 Bark Dog Park
29 Paddle Tennis Courts

City of White Plains
Department of Recreation & Parks
Playgrounds Parks and Schools Map
Follow these five easy steps to help prevent the spread of COVID-19

Sneeze or cough? Cover your nose and mouth with a tissue or use your elbow.

Wash your hands often with soap and water for at least 20 seconds.

Clean and disinfect surfaces around your home and work frequently.

Keep at least 6 feet between yourself and others if you must be in public.

Wear a cloth face covering over your mouth and nose when around others.