

YOUTH PROGRAMS

Ballet & Jazz

Designed for children who want to explore a blend of ballet and jazz movements.

Session I Begins Tuesday, September 22,

5 - 6pm, in the Gillie Room

Fee: \$60- 6 Sessions

Session II Begins Tuesday, November 10,

5- 6 pm, in the Gillie Room

Fee: \$60 - 6 Sessions

Bronze Dragon Academy Kempo

new

Chinese Kempo focuses on physical fitness, coordination & self-discipline. Students will progress through belt ranks.

Begins Friday, October 2

4:30 - 5:15 (Ages 3 - 5) & 5:30 - 6:30 pm (Grades 1 - 5) in the Gillie Room

Fee: \$100 - 6 Sessions *please register at Recreation office.*

Cheerleading

Learn the techniques and team spirit necessary to be a top cheerleader.

Session I Begins Tuesday, September 22

6:30 - 7:30 pm in the Gillie Room .

Fee: \$75 - 6 Sessions

Session II Begins Tuesday November 10

6:30 - 7:30 pm in the Gillie Room

Fee: \$75 - 6 Sessions

Hip-Hop

Children will have a great time learning how to move to different rhythms and beats.

Session I Begins Monday, September 21

4:30 - 5:30 or 5:45 - 6:45 pm, Grades 1 - 5 in the Gillie Room

Fee: \$60 - 6 Sessions

Session II Begins Monday, November 16

4:30 - 5:30 or 5:45 - 6:45 pm, Grades 1 - 5 in the Gillie Room

Fee: \$60 - 6 Sessions



My Art Treasure/Creative Explorations

Children will enjoy and experience different art mediums.

Session I Begins Wednesday, September 23

4 - 5pm , Grades 1 - 4, in the Gillie Room

Session II Begins Wednesday, November 4

4 - 5pm, Grades 1 - 4, in the Gillie Room

Fee: \$65 (supplies Included) 6 Sessions

Santa's Mailbox

Write your special letter to Santa, place it in an envelope addressed to SANTA, NORTH POLE, and drop it in the Special Santa Mailbox on the steps of City Hall. Remember to include your return address so Santa can send you a personalized reply! No stamp needed. November 25 to December 14

StoryWalk

An exciting initiative that combines a children's story with a nature walk through Bryant-Mamaroneck Park. Children follow each page of the story as they walk the path. Story changes every 6-8 weeks.

Municipal parking available at the Mamaroneck Ave. Lot, behind Dunkin Donuts. Now – October 31, during normal park hours

YOUTH SPORTS PROGRAMS

Basketball Instruction

Our programs introduce players to the fundamentals of basketball and skill development. Program begins Saturday, November 7th, for age's K-2nd grade at Church Street School, Gymnasium.

Fee: \$80- 6 Sessions. **No Session 11/28**

Grade K 9-10am

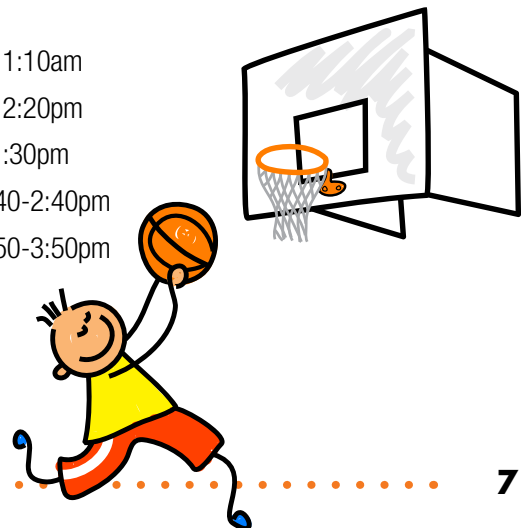
Grade K 10:10-11:10am

Grade 1 11:20-12:20pm

Grade 2 12:30-1:30pm

Grades 1 & 2 1:40-2:40pm

Grades 1 & 2 2:50-3:50pm



YOUTH SPORTS PROGRAMS

SOCCER

LITTLE KICKERS INSTRUCTION PROGRAM

Our programs introduce players to the fundamentals of Soccer and skill development. Participants will partake in drills, fun games, and mini scrimmages. Players must wear shin guards to every class.

ALL SATURDAY INSTRUCTIONAL PROGRAMS ARE LEAD BY A NYCFC INSTRUCTOR

Begins Saturday, September 26th at George Washington Elementary School

Fee: \$85 - 6 Sessions

Pre Kickers

Pre-Kindergarten

P1 9 - 10am

P2 1 - 2:00pm

Kinder Kickers

Grade K

K1 10:20am - 11:20am

K2 2:20pm - 3:20pm

First Kickers

Grade 1

F1 11:40am - 12:40pm

K2 2:20pm - 3:20pm



New York City Football Club (NYCFC) is a professional soccer team that also offers youth instructors. NYCFC will be bringing new and exciting drills to our soccer program.

Co-ed Soccer Leagues

Our co-ed soccer leagues give players the opportunity to hone their skills and compete in a semi competitive setting. Teams will practice for roughly 45 minutes and then play a game for 45 minutes, all on Saturdays. Players must wear shin guards to every session.

Begins Saturday, September 26th at George Washington Elementary School and Highlands Middle School. Start time varies week to week.

For grades 2, 3-4, and 5-6. **VOLUNTEER COACHES ARE NEEDED!** email mquatrano@whiteplainsny.gov

Fee: \$90-6 Sessions

Sunday Stars Instructional Program

Athletes will be introduced to the game of soccer and the various skills needed to play. They will practice the first half of the session and then be divided into teams to scrimmage. Grades K-6 Sunday

Sunday, September 27 at Parker stadium / Highlands Middle School

Fee: \$90-6 Sessions

Grades K-2 10am-11:30am

Grades 3 - 6 Noon-1:30pm

Quick Start Tennis

Quick Start tennis is a program designed to instruct children Grades 1-3 at the beginner level in the skills needed to play and most of all enjoy the game of tennis. All equipment for this program is provided. Class meets on Wednesday & Thursdays

Begins Wednesday, September 23, at Gillie Courts 5:30-6:30pm.

Fee: \$150- 6 Sessions

Tennis Instruction

Instructional program designed for the beginner as well as the more advanced players in Grades 4-9, Class meets on Monday & Tuesday,

Begins Monday, September 21, at Gillie Courts 5:30-6:30pm

Fee: \$150-6 Sessions



Track & X Country

This program is for Boys & Girls Grades 3-8, Class meets at Highlands Middle School, Parker Stadium Track. Monday/Wednesday OR Tuesday/Thursday. 5:30-6:30pm

Begins Monday, September 21

Begins Tuesday, September 23

Fee: \$64-8 Sessions