

# SENIOR CAFÉ HOT MENU/DECEMBER 2020

The Senior Center will be open from **Monday to Thursday only**. For reservations, please call 422.1423 before 3pm the day before. For Mondays call on Thursdays. Orders for a Friday chilled/frozen meal must be placed by Wednesday before 3pm & picked up on Thursday between 12:30 & 3:30pm.

MON. 11/30/20	TUES. 12/01/20	WED. 12/02/20	THURS. 12/03/20	FRIDAY 12/04/20
Crispy Baked Fish, Tartar Sauce, Buttered Grits, Kale Onions, Milk, Pumpnickel Bread Pineapple Chunks	Country Captain Chicken, Buttered Bow Tie pasta, Mixed Veg., Apple Juice, Milk, Dinner Roll, Choc. Chip Cookies , Fresh or Canned Fruit	Pork Cutlet, Picatta Sauce, Scalloped Potatoes, Spinach, Milk, Whole Wheat Bread, Seasonal Fresh fruit	Italian Meatballs, Spaghetti w/Tomato sauce, Broccoli Florets, Milk, Italian Bread, Pitted Prunes	<b>Center Closed</b> Yankee Pot Roast, Gravy, Mashed Potatoes, Green Beans, Milk, 12 Grain Bread, Mandarin Orange Segments
MON. 12/07/20	TUES. 12/08/20	WED. 12/09/20	THURS. 12/10/20	FRIDAY 12/11/20
Macaroni & Cheese, Stewed Tomatoes, Kale & Onions, Milk, Whole Wheat Bread, Fruit Cocktail	Orange Ginger Chicken, White Rice, Broccoli Florets, Orange Juice, Milk, Multigrain Bread, Pineapple Chunks	Eggplant Parmigiana, Tomato Sauce, Whole Wheat Penne, Zucchini, Italian Bread, Fresh Fruit	Beef Brisket, Gravy, Potato Pancakes, Carrot Tzimmes, Milk, Dinner Roll, Noodle Kugel, Fresh/Canned Fruit	<b>Center Closed</b> Broccoli Quiche, Orzo Pilaf, Mixed Tuscan Veg. Milk, Seedless Rye Bread, Sliced Peaches
MON. 12/14/20	TUES. 12/15/20	WED. 12/16/20	THURS. 12/17/20	FRIDAY 12/18/20
Stuffed Pepper, Gravy, Mashed Potatoes, Mixed Veg., Milk, Seedless Rye Bread, Apricot Halves	Herb Roasted Chicken, Gravy, Au Gratin Potatoes, French Style Green Beans, Milk, Whole Wheat Bread, Paradise Fruit Blend	Salmon Loaf, Lemon Butter Sauce, Rice Pilaf, Honey Citrus Carrots, Apple Juice, Milk, Multigrain Bread, Seasonal Fresh Fruit	Manicotti, Tomato Sauce, Tossed Salad with Chick Peas, Broccoli, Milk, Italian Bread, Pitted Prunes,	<b>Center Closed</b> Meatloaf, Gravy, Lemon Potatoes, Mixed Vegetables, Milk, Dinner Roll, Fresh or Canned Fruit
MON. 12/21/20	TUES. 12/22/20	WED. 12/23/20	THURS. 12/24/20	FRIDAY 12/25/20
Italian Chicken Sausage, Roast Potatoes, Mixed Veg., Milk, Whole Wheat Bread, Fruit Cocktail	Boneless Breaded Pork Chop, Gravy, Lentil Pilaf, Creamed Spinach, Milk, Multigrain Bread, Sliced Pears	Chicken Cordon Bleu, Gravy, Scalloped Potatoes, Green Beans, Almondine, Milk, Dinner Roll, Boston Cream Pie, Fresh or Canned Fruit	Sole Florentine, Lemon Butter Sauce, Mashed Sweet Potatoes, Peas & Onions, Milk, Whole Wheat Bread, Seasonal Fresh Fruit	<b>Center Closed</b> <b>CHRISTMAS DAY</b> (Stuffed shells w/ tomato sauce)
MON. 12/28/20	TUES. 12/29/20	WED. 12/30/20	THURS. 12/31/20	FRIDAY 01/01/21
Salisbury Steak, Gravy, Sautéed Peppers & Onions, Home Fried Potatoes, Milk, Whole Wheat Bread, Sliced Pears	Chicken Gumbo, Rice with Black Eyed Peas, Collard Greens, Milk, Cornbread, Sweet Potato Pie, Fresh or Canned Fruit	Cheese Lasagna, Tomato Sauce, Broccoli Florets, Tossed Salad with Chick Peas, Milk, Italian Bread, Fruit Cocktail	Baked Cured Ham, Raisin Sauce, Scalloped Potatoes, Green Bean Casserole, Milk, Dinner Roll, Carrot Cake, Fresh or Canned Fruit	<b>Center Closed</b> <b>NEW YEAR'S DAY</b> (Spinach Quiche)