

SENIOR CAFÉ HOT MENU/APRIL 2021

The Senior Center will be open from **Monday to Thursday only**. For reservations, please call 422.1423 before 3pm the day before. For Mondays call on Thursdays. Orders for a Friday chilled/frozen meal must be placed by Wednesday before 3pm & picked up on Thursday between 12:30 & 3:30pm.

			THURS. 4/1/21	FRI. 4/2/21
			Chicken Ratatouille, Roasted Potatoes, Tossed Salad w/Black Olives, Milk, 12 Grain Bread, Paradise Fruit Blend	<u>Center Closed</u> Sole Florentine, Lemon Butter Sauce, Linguine w/ Olive Oil & Garlic, Broccoli Florets, Milk, Italian Bread, Seasonal Fresh Fruit
MON. 4/5/21	TUES. 4/6/21	WED. 4/7/21	THURS. 4/8/21	FRI. 4/9/21
Broccoli Quiche, Lentil Pilaf, stewed tomatoes, milk, seedless rye bread, sliced peaches	Baked cured ham, raisin sauce, au gratin potatoes, green beans almondine, milk, dinner roll, fresh/canned fruit	Turkey chili, brown rice, spinach, milk, pumpnickel bread, mandarin orange segments	Cheese Lasagna, tomato sauce, broccoli florets, tossed salad w/ chickpeas, milk, seasonal fresh fruit	<u>Center Closed</u> Beef Stroganoff, buttered noodles, peas & onions, V-8 juice, milk, multigrain bread, tropical fruit cocktail
MON. 4/12/21	TUES. 4/13/21	WED. 4/14/21	THURS. 4/15/21	FRI. 4/16/21
Stuffed Pepper, gravy, roasted potatoes, kale & onions, milk, multigrain bread, pineapple chunks	Honey garlic chicken & Broccoli, brown rice, pineapple juice, milk, dinner roll, seasonal fresh fruit	Salmon loaf, tartar sauce, lentil pilaf, green bean casserole, milk, whole wheat bread, sliced pears	Boneless breaded pork chop, gravy, colcannon, mixed vegetables, milk, whole grain bread, rice pudding, fresh or canned fruit	<u>Center Closed</u> Baked Ziti with ground beef, tomato sauce, tossed salad, broccoli florets, milk, Italian bread, seasonal fresh fruit
MON. 4/19/21	TUES. 4/20/21	WED. 4/21/21	THURS. 4/22/21	FRI. 4/23/21
Macaroni & Cheese, stewed tomatoes, spinach, milk, multigrain bread, sliced peaches	Meatloaf, gravy, mashed potatoes, green beans, milk, dinner roll, seasonal fresh fruit	Roast Turkey, gravy, fresh baked sweet potato, crumb baked cauliflower, milk, multigrain bread, sliced pears	Baked Flounder, oreganata sauce, Harvard beets, Brussel sprouts, milk, whole wheat bread, mandarin orange segments	<u>Center Closed</u> Italian Meatballs, spaghetti w/tomato sauce, broccoli, grape juice, milk, Italian bread, chocolate chip cookies, fresh or canned fruit
MON. 4/26/21	TUES. 4/27/21	WED. 4/28/21	THURS. 4/29/21	FRI. 4/30/2021
Sole Florentine, lemon butter sauce, orzo pilaf, glazed carrots, milk, multigrain roll, seasonal fresh fruit	Boneless breaded pork chop, gravy, hot German potato salad, red cabbage, milk, pumpnickel bread, tapioca pudding, fresh or canned fruit	Chicken California, chickpea & raisin couscous, Sonoma blend vegetables, milk, whole wheat bread, pineapple chunks	Mexicali Beef Stew, brown rice, spinach, milk, dinner roll, sliced peaches	<u>Center Closed</u> Chicken Cutlet Parm., spaghetti w/ tomato sauce, Tuscan blend veg, grape juice, milk, Italian bread, fresh or canned fruit