

Pre-School Programs

Arts & Crafts “Sticky Fingers” Art & Crafts

Session I Begins Thursday, September 30
3 - 4 years old w/caregiver in the Gillie Room

Day/Time 9:45 - 10:30 am
Fee \$100 - 8 Sessions

Session II Begins Thursday, January 20
3 - 4 years old w/caregiver in the Gillie Room

Day/Time 9:45 - 10:30 am
Fee \$100 - 8 Sessions

Funtastic Fitness

An introduction to fitness through aerobics, calisthenics and movement games.

Session I Begins Saturday, September 25
3 - 5 years old in the Gillie Room

Day/Time 11-11:45 am
Fee \$100 - 8 Sessions

Session II 3 - 5 years old
Day/Time 11 - 11:45 am
Begins January 22
3 - 5 years old in the Gillie Room

Fee \$100 - 8 Sessions

Mommy & Me Music & Movement

This program will expand the basic skills through music activities and group interaction. This class promotes child development such as self-expression, speech, memory skills, listening skills and coordination. Wear comfortable clothing and bring a water bottle.

Session I Begins Tuesday, September 28
3 - 4 years old w/caregiver in the Gillie Room

Day/Time 12:45 - 1:30 pm
Fee \$100 - 8 Sessions

Session II Begins Tuesday, January 18
3 - 4 years old w/caregiver in the Gillie Room

Day/Time 12:45 - 1:30 pm
Fee \$100 - 8 Sessions

Musical Theater

This class is designed for children who have always wondered what it may be like to dance on a Broadway stage. Students will learn the basics of musical theatre jazz dance in shows like Seussical, Annie, Frozen and so many more! This class will incorporate how to act and dance expressively through each step and movement. Students should wear comfortable clothes and jazz shoes during class.

Session I Begins Friday, September 24,
Grades 2 - 5 in the Gillie Room

Day/Time 4:00 - 4:45 pm
Fee \$125 - 10 sessions

Session II Begins Friday, January 14,
in the Gillie Room

Day/Time 4:00 - 4:45 pm
Fee \$125 - 10 sessions

Pre-Ballet I & II

Welcome to a playful introduction to the world of ballet, music and creative movement. Children learn about rhythm, balance and stretching, as well as classic ballet names, forms and sequences. For those who have already taken Pre- Ballet I, Pre-Ballet II will slowly progress the children into slightly more detailed combinations, while continuing to learn basic ballet vocabulary & techniques. Students can wear a leotard with tights or form fitting clothes. Ballet shoes are required. A dance recital will be held in the Spring 2022 for classes starting in January.

Session I Begins Thursday, September 23,
4 - 6 years old (**children only**)
in the Gillie Room

Day/Time 4:30-5:15 pm (Pre-Ballet I) or 5:30-6:30 pm (Pre-Ballet II)

Fee \$145 - 12 Sessions

Session II Begins Thursday, January 13,
4 - 6 years old (**children only**)
in the Gillie Room

Day/Time 4:30-5:15 pm (Pre-Ballet I) or 5:30-6:30 pm (Pre-Ballet II)

Fee \$145 - 12 Sessions



Pre-School Programs

Smart Start Sports with F.A.S.T Athletics

Ease your child into learning the basics of all the great sports as well as learning the importance of teamwork by combining warm-up games and sports activities.

Session I Begins Saturday, September 25
3 - 5 years with caregiver
Day/Time 9:00 - 9:45am
10:00 - 11:00am (Grades K - 2)
Fee \$120 / \$130 Gillie Field, 6 Sessions

Storytime Ballet (New Time)

This class teaches the fundamentals of basic ballet while engaging your child's imagination with the magic of children's stories. Students can wear a leotard with tights or form fitting clothes. Ballet shoes are required. A dance recital will be held in the Spring 2022 for classes starting in January.

Session I Begins Tuesday, September 21
2 - 4 years with caregiver in Gillie Room
Day/Time 3:30 - 4:15 pm
Fee \$145 - 12 sessions

Session II Begins Tuesday January 11
2 - 4 years with caregiver in Gillie Room
Day/Time 3:30 - 4:15 pm
Fee \$145 - 12 sessions

Tumbling for Beginners - Level I

new

Over, under, forward, back - there's an adventure in each class. Children are introduced to the sport of tumbling and learn the fundamentals of movement through somersaults, bridges and splits. They will develop skills in overall coordination, balance, strength and flexibility, all in a controlled environment.

Session I Begins Friday, September 24
5 - 6 years in Gillie Room
Day/Time 5:15 - 6:15 pm
Fee \$145 - 12 sessions

Session II Begins Friday, January 14
5 - 6 years old in the Gillie Room
Day/Time 5:15 - 6:15 pm
Fee \$145 - 12 sessions

Tumbling for Beginners - Level II

new

Children will build upon the skills learned at the beginner level with further emphasis placed on strength and endurance. Children will also learn and practice more difficult tumbling skills

Session I Friday, September 24
6 - 7 years in Gillie Room
Day/Time 6:30 - 7:30 pm
Fee \$145 - 12 sessions

Session II Friday, January 14
6 - 7 years in Gillie Room
Day/Time 6:30 - 7:30 pm
Fee \$145 - 12 sessions



Pre-School Programs

US Sports Institute

Please register at Recreation office or www.ussportsinstitute.com

Multi-Sports Squirts

Children will have the opportunity to try a variety of different sports.

Day/Time Begins Wednesday, September 22
2:30 - 3:15 pm or
Thursday, September 23, 3 - 4 years,
at Gardella Park
4:30 - 5:15 pm,
Fee \$140 - 8 Sessions

Soccer - Parent & Me Squirts

With a parent/caregiver by their side, the program will stimulate a child's imagination, develop motor skills and encourage social interaction. Children will learn dribbling, shooting and passing.

Day/Time Begins Wednesday, September 22
3:30 - 4:15 pm
2 - 3 years old at Gardella Park
Fee \$140 - 8 Sessions



Soccer Squirts

Learn the fundamental skills of soccer.

Day/Time Begins Wednesday, September 22
4:30 - 5:15 pm
3 - 4 years old at Gardella Park
Fee \$140 - 8 Sessions

T-Ball Squirts - Parent & Me

With a parent/caregiver by their side, children will have fun learning the fundamental skills of t-ball through structured activities, fun based games, and scrimmages.

Day/Time Begins Thursday, September 23
3:30 - 4:15 pm
2 - 3 years old at Gardella Park
Fee \$140 - 8 Sessions

T-Ball Squirts

Utilizing fun games and activities, players will develop their skills in hitting, throwing, and fielding. At the end of each session, participants will apply these skills to a scrimmage.

Day/Time Thursday, September 23
2:30 - 3:15 pm
3 - 4 years, at Gardella Park
Fee \$140 - 8 Sessions



Multi Sports - Senior Squirts

Players will learn key skills through small sided scrimmages in a variety of sports including Lacrosse, Soccer & T-Ball which allows them to develop and progress within the sport.

Day/Time Begins Wednesday, September 22
5:30 - 6:15 pm
5 - 6 years old at Gardella Park
Fee \$140 - 8 Sessions

T-Ball - Senior Squirts

Players will focus on learning the rules and developing their skills in hitting, throwing, base running and fielding.

Day/Time Begins Thursday, September 23
5:30 - 6:15 pm
5 - 6 years old at Gardella Park
Fee \$140 - 8 Sessions